

A Quarterly Publication for Care Wear Volunteers



June 2005

Care Wear Volunteers, Inc.

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old website: <http://www.hood.edu/carewear>

THE JUNE 2005 NEWSLETTER

I send best wishes to everyone who participates in Care Wear Volunteers. Thank you for all that you do to warm and comfort hospitalized children, families in need, and others who are facing challenges in their lives. Please know that you are very special because you share your time and skills. You make a difference in the lives of many children and their families and you assist hospitals and social service agencies to provide quality services.

Care Wear Volunteers received recognition as a Local Honoree for *Make A Difference Day 2004* by the *Frederick News-Post*. The winners and local honorees were published in *USA Weekend Magazine*, April 15-17, 2005. Sincere thanks to everyone who came to the Hood College campus for our day of community service. I am sorry to report that I am not able to organize a *Make A Difference Day* project this coming October 22nd. Arranging travel to different climate zones with travel companions who also have employment restrictions has been a challenge. I hope that you will understand my dilemma. The only possible departure date for a once-in-a-lifetime vacation trip to New Zealand is mid-October, tentatively October 16.

Care Wear Volunteers received sincere thanks from the following hospitals:

1. Dakota Indian Foundation (Chamberlain, SD)—Janet Fisher, Administrative Secretary sent thanks for items that were sent to keep children warm in the cold and bitter winter. She said that it was clear that the donated items were made with love and took a great deal of time to make. She sent thanks for your thoughtfulness, time, and generosity.
2. Beth Israel Hospital (Newark, NJ) appreciates the sweaters, hats, booties, buntings, afghans, quilts, and toys sent by the Presbyterian Church Women of New Jersey. Their deliveries are truly appreciated.
3. St. Jude Children's Research Hospital (Memphis, TN) sent thanks for blankets, bibs, and hats for their patients. Sherry Lear-Park, Donor Services Director, wrote that thoughtful gifts for patients are appreciated.
4. Geisinger Medical Center sends thanks to Care Wear Volunteers and Grove Crafters for needed items donated to their patients. Mona West, Fran Bullock, Christine Sanders, Nancy Quinn, Marion Cheney, and Susan Tock were among the many who sent lovely layette items.
5. South Shore Hospital and Brigham & Women's Hospital thanks all of the participants in The Naughty Needlers of Weymouth, MA for all (quilts, snakes, blankets, hats, sweater sets, booties, mittens, etc.) that they donated. Congratulations for all that this group provides for hospitalized infants.
6. Paulette Briese, Volunteer Services Manager of Gillette Children's Specialty Healthcare (St. Paul, MN) sent thanks to volunteers who donate time and talents to help their children. She noted that April 16-24 is National Volunteer Week and she wanted to be sure to send thanks to everyone. She wrote, "Thank you for loving. Thank you for being kind. Thank you for being generous. Thank you for sharing your time & talent with Gillette Children's Specialty Healthcare."

7. The Volunteer Services Department of Women & Infants Hospital (Providence, RI) sent thanks to all of you during National Volunteer Week. Diane, Liz, Shaura, and Jessica signed a lovely thank you card.

8. Lori Center (Volunteer Services Mgr.) of Bon Secours St. Francis Health System (Greenville, SC) sent thanks for the baby items that Care Wear Volunteers sent. She wrote that the donated baby items "...are just precious! We really appreciate the wonderful gifts of time, talent, and care."

9. Parkland Health & Hospital System (Dallas, TX) sent thanks for your contributions to Parkland's patients. Sharon Freeman wrote that "Your volunteer assistance makes Parkland a better place for its patients, visitors, and staff."

10. Randolph Hospital (Ashboro, NC) wrote to report that they are very pleased with the knitting program that provides baby caps. Seasonal colors are welcomed. Red & white Valentine's Day caps were lovely.

11. M. Sue McCormick, Chief, Voluntary Service, (Dept. of Veterans Affairs, Medical Center, 7305 N. Military Trail, West Palm Beach, FL 33410—561-422-7373) wrote thanks for the donation of knit twin-size blankets. They distributed the blanket to a patient in need of additional comfort. Sue wrote, "Kindness such as yours plays an important role in demonstrating to our veterans that they are remembered."

12. Inova Alexandria Hospital (Attn: Kitty Johnson, Volunteer Coordinator, 4320 Seminary Rd, Alexandria, VA 22310) wrote that they are in urgent need of FULL-TERM baby hats. They have none on hand. Volunteers are not able to keep up with the number of full-term births at that hospital. Kitty Johnson asks for your help. The mailing address is provided above. OR, check <http://www.carewear.org>

13. Frederick Memorial Hospital (Frederick, MD) announces the opening of their new and greatly enlarged Special Care Nursery. Sharon Hannably sends sincere thanks to all who donate to FMH. All of your work is appreciated by the patients in all of the units. FYI: Every child coming into the ER receives a toy. Keep those toys coming!!!

Here's a view of the new FMH facility.



FMH
FREDERICK MEMORIAL HEALTHCARE SYSTEM

Paulette Briese sent this magnet reminder that I thought was very lovely. Share with families. Sharing the praises with our children is important.

<http://www.carewear.org>

Please visit our new website. As of today (April 28, 2005) the website is finished except for the sewing patterns. First, the sewing patterns printed TOO SMALL! Then, the sewing patterns printed TOO LARGE!! We are working on correcting this problem. Thanks for your patience.

I am very pleased with the ease of navigation of the new site. I am also pleased that I will soon be able to make revisions.

The old website (<http://www.hood.edu/carewear>) has not been terminated and will eventually provide a link to the new site.

101 WAYS TO Praise YOUR CHILD

WOW • WAY TO GO • SUPER • YOU'RE SPECIAL • OUTSTANDING
• EXCELLENT • GREAT • GOOD • NEAT • WELL DONE •
REMARKABLE • I KNEW YOU COULD DO IT • I'M PROUD OF YOU •
FANTASTIC • SUPER STAR • NICE WORK • LOOKING GOOD •
YOU'RE ON TOP OF IT • BEAUTIFUL • NOW YOU'RE FLYING •
YOU'RE CATCHING ON • NOW YOU'VE GOT IT • YOU'RE
INCREDIBLE • BRAVO • YOU'RE FANTASTIC • HURRAY FOR YOU •
YOU'RE ON TARGET • YOU'RE ON YOUR WAY • HOW NICE •
HOW SMART • GOOD JOB • THAT'S INCREDIBLE • HOT DOG •
DYNAMITE • YOU'RE BEAUTIFUL • YOU'RE UNIQUE • NOTHING
CAN STOP YOU NOW • GOOD FOR YOU • I LIKE YOU • YOU'RE A
WINNER • REMARKABLE JOB • BEAUTIFUL WORK • SPECTACULAR
• YOU'RE SPECTACULAR • YOU'RE DARLING • YOU'RE PRECIOUS
• GREAT DISCOVERY • YOU'VE DISCOVERED THE SECRET • YOU
FIGURED IT OUT • FANTASTIC JOB • HIP, HIP HURRAY • BINGO •
MAGNIFICENT • MARVELOUS • TERRIFIC • YOU'RE IMPORTANT •
PHENOMENAL • YOU'RE SENSATIONAL • SUPER WORK • CREATIVE
JOB • SUPER JOB • EXCELLENT JOB • EXCEPTIONAL
PERFORMANCE • YOU'RE A REAL TROOPER • YOU ARE
RESPONSIBLE • YOU'RE EXCITING • YOU LEARNED IT RIGHT •
WHAT AN IMAGINATION • WHAT A GOOD LISTENER • YOU'RE
FUN • YOU'RE GROWING UP • YOU TRIED HARD • YOU CARE •
BEAUTIFUL SHARING • OUTSTANDING PERFORMANCE • YOU'RE A
GOOD FRIEND • I TRUST YOU • YOU'RE IMPORTANT • YOU MEAN
A LOT TO ME • YOU MAKE ME HAPPY • YOU BELONG • YOU'VE
GOT A FRIEND • YOU MAKE ME LAUGH • YOU BRIGHTEN MY DAY
• I RESPECT YOU • YOU MEAN THE WORLD TO ME • THAT'S
CORRECT • YOU'RE A JOY • YOU'RE A TREASURE • YOU'RE
WONDERFUL • YOU'RE PERFECT • AWESOME • A+ JOB • YOU'RE
A-OK • MY BUDDY • YOU MADE MY DAY • THAT'S THE BEST • A
BIG HUG • A BIG KISS • I LOVE YOU • GIVE THEM A BIG SMILE •



Gillette Children's
Specialty Healthcare

Phone: (651) 291-2848 www.gillettechildrens.org

where
kids with
disabilities
come first

West Virginia University Children's Hospital (Child Life Dept, PO Box 8200, Morgantown, WV 26506) requests Medical or "Patient" dolls (using the pattern provided by Johns Hopkins Children's Center). Claudia Avestos wrote, "...This doll is used in the education and preparation of a child for surgery as well as for various other procedures and is then taken home by the child on discharge." She added that their patients "...come from all 55 West Virginia counties and the surrounding states of PA, MD, OH, VA, & KY."

This pattern is included in the revised version of the Care Wear Volunteers Pattern & Information Booklet and is on our website: <http://www.carewear.org>

Sincere thanks to Wal-Mart [store #1297] associate **CINDY REYES** for her participation in the Volunteerism Always Pays Program in the second half of 2004. Her name did not appear in the list of participants in the March newsletter (page 14). The paperwork was delayed and I was recently notified. THANKS to Cindy and all of the other wonderful W-M associates who help hospitalized children.

Keep reading for lots of patterns, photos, news articles, and hints to inspire you to donate items for hospitalized infants, children, and adults. Enjoy the summer! Keep safe and healthy!

Sincerely,

Bonnie

A message from Jane Arney (Wal-Mart store #1297)

GREETINGS FROM FLORIDA!

I want to thank our volunteers from Wal-Mart store #1297. They continue to generously donate their time helping others. Area hospitals are always glad to get the precious items that are all hand made. Our Wal-Mart store has many caring people and it shows. I'm proud to be a part of W-M and all that they do for our community. We each have days when a pat on the back or a hug is needed. There's always someone at W-M to give you one. We have time to help the community and each other. It makes working easier for many of us.

I am not sure where the time goes, but I know time flies when you're having fun. As everyone knows I enjoy life.

In April, Ellen Piechocki and I headed for *Give Kids the World*. It is an adventure that makes you feel so good and wanting to go back. On this trip we got to do things we had not done before. We drove the big blue train, ran the putt-putt course, and ran the pizza delivery wagon. Our fondest memory of this trip was the morning spent in the Castle. That is where we helped make "wish pillows" for the kids. While we were there, we thought it would be nice to get the pattern for the pillows that have a pocket for wishes and dreams. Some of the kids ask you to put wishes and dreams in for them and the smiles are priceless on these "special kids" faces.

They have a Christmas party every Thursday night and we got to be a part of that, too. It is a time for these sick kids to forget how sick they are.

The wish pillow pattern and directions are reprinted in this newsletter. Anyone willing to make these pillow cases would be appreciated. They have the pillows and while we were there, they ordered 6,000 for the kids! I know that everyone is busy, but maybe some of you will find time to make these pillow covers. Be sure to include a Care Wear Volunteers tag and your name and address.

Mail to: GIVE KIDS THE WORLD, 210 S. Base Road, Kissimmee, FL 34746

If you are near Chiefland, FL., stop by the Wal-Mart store and I am sure that someone would be happy to make you smile. We are a very happy group!

Jane

This is Jane—as Ms. Merry at *Give Kids The World*
April 2005

Helpful Hints from Julia L:

Save those hard plastic tabs you find on bags of rolls, bread, etc. They are GREAT for the tail ends of thread or yarn when casting on in knitting or left at the beginning of crochet booties that have to be seamed at the back. Just wrap the yarn around the tab, the slit in the tab will hold the yarn. You can also use those had plastic tabs to mark rows on your knitting and crochet work. Julia likes the plastic tabs better than the markers you can purchase.

THANKS to Julia for her suggestions.



For 'Miracle Baby,' Life at 11 Is Happily Ordinary

N.Va. Girl Set Record in 1993 as Smallest Infant Born at Fairfax Hospital to Survive

By KARIN BRULLIARD
Washington Post Staff Writer

There is the storybook version of birth: Dad rushes Mom to the hospital. Mom endures a few hours of painful labor. Mom and Dad are rewarded with a plump, healthy baby.

That is not Sara Peters's story. As the 11-year-old will tell you, her birth was far more fantastic.

"I weighed 15 ounces, I was 11 inches long, I had a 2 percent — 2 percent?" Sara said on a recent afternoon, turning to her mother, Tracy, as the two sat on a plaid couch in their home in Prince William County.

"Two percent chance of living? One percent? I don't remember," Tracy Peters, 39, said. "It was pretty slim."

So slim that Sara became what is known in neonatal units as a "miracle baby." Born July 9, 1993, and weighing less than a can of soup, she set a record at Inova Fairfax Hospital: She was the smallest baby to be born there and survive. Her birth was induced at 25 weeks because her mother's life was in danger from a complication of pregnancy.

Take a look at Sara now, and that's hard to fathom. She is a wry, freckle-faced sixth-grader who wears Nike sneakers, loves math and history and teases her 7-year-old brother, Brett.

And amazingly, despite all the warnings whispered by doctors as her fragile body grew for four months in the hospital's neonatal unit — that she might develop cerebral palsy or lose her hearing or sight — Sara is perfectly fine.

"She dances twice a week. She's an A and B student" at Marsteller Middle School in Bristow, said Tracy Peters, a financial analyst for NV Homes. "It's as boring as it sounds, when you start off the way she did. She's just a normal 11½-year-old — which was the plan."

Sara also knows that she was a twin and that her sibling died in utero 10 weeks before she was born. By 25 weeks — 15 weeks

short of a full-term pregnancy — Tracy Peters had developed a complication that affected her body's ability to clot blood. Doctors told Tracy and Mark Peters, 47, now a salesman for Mid-Atlantic Printers, that she would die if she did not deliver.

So Sara arrived, and she was tiny. The other day, she flipped through a photo album that chronicles her hospital stay and pointed out the details that came to measure her minuteness — the two 3-by-3-inch patches of gauze that served as her diapers; her mother's size 4 engagement ring, which Sara could wear on her arm even after 29 days of life. Upstairs in Sara's blue-walled bedroom, a framed photo shows someone holding a telephone receiver next to baby Sara. It is almost as long as she is.

While she was in the hospital and hooked up to a labyrinth of tubes, more than two dozen nurses and doctors cared for her. They placed colorful signs on her incubator to mark each milestone of her growth: 700 grams, 800 grams.

At 65 pounds, Sara today is petite among her friends but nothing out of the ordinary. She has told some of them the story of her beginnings, and they, like she, think it's "cool." And though she cannot articulate just why, Sara said she strongly believes she still is lucky.

Doctors would agree. Robert Beck, a neonatologist at Inova Fairfax who treated Sara, said she had about a 50 percent chance of developing long-term problems. Except for a hernia, which is commonly seen in children born prematurely, Sara has had none.

Since Sara's birth, dozens of babies her size and at least one weighing about 13 ounces have been born and survived at Inova Fairfax, Beck said. Premies' chances at life have jumped for many reasons, he said, including the introduction of a chemical therapy that helps them breathe. Collaboratives of neonatal intensive care units, such as the Vermont Oxford Network, have also been established to share statistics and best practices, Beck said.

But life con-

tinues to be precarious for the tiniest infants,

said Jerold Lucey, a neonatologist at the Medical Center Hospital of Vermont who is president of the Vermont Oxford Network.

He said the network's recent study of 4,000 babies weighing less than 400 grams — about 14 ounces — found that about 16 percent lived to go home. About 40 percent of them developed serious handicaps, he said.

Lucey, when told about Sara's flourishing, said, "My God, that's fantastic."

Tracy Peters said she never doubted Sara's destiny, even though everyone else, including her husband, could not imagine that such a small baby could make it.

The Peterses asked doctors not to take extreme measures to save Sara's life and had them write "Do Not Resuscitate" on her chart.

"You weren't for them to practice on," Tracy Peters explained to Sara, as the little girl sat on their kitchen floor. "I took my cues from you."

For her first few years, a physiologist tracked Sara's development. Tracy Peters said the doctor occasionally told her Sara had trouble standing on one foot or some such problem. The next day, Tracy would see Sara standing on one foot in the living room. When Sara was 4, her mother stopped worrying. "I started thinking, it's just time to stop looking for something to be wrong," Tracy Peters said.

Sara, her mother said, has turned out to be just like the frail baby who pulled out her own ventilator tubes when she was ready to breathe on her own — cautious, determined and always one to do things in her own way, at her own time.

Hanging on the wall in Sara's bedroom is a framed poster she says is a testament to her love for animals, especially cats. But in the context of the life of the little girl who sleeps on the bed underneath it, it tells a larger story. On the poster, a tiny striped kitten looks to the sky, where a robust tiger floats. In large, blue letters, it reads: "Dream Big."



At 11½, Sara leads an unremarkable life. "It's as boring as it sounds, when you start off the way she did," says her mother, Tracy Peters.



Photo taken in 1993 at Inova Fairfax Hospital.

Sara weighed 15 oz!!!

The Giving Hearts! Helping Hands! volunteers met on October 31, 2004 in Berkshire Hills SDA Church Fellowship Hall for some creativity and fun (see photo #1). Several talented ladies from our community joined us, as well as a traveling nurse from Idaho and a gifted grandma from Texas. Our production tables overflowed with stuffed and beribboned bunnies of rainbow hues, breathtakingly beautiful booties, blankets, hats, sweaters and ponchos, plus colorful scripture bookmarks and baby scrapbook pages. These loving creations make such a difference in tiny lives every day. We help supply South Shore Hospital and other NICUs in Massachusetts, as well as our local Berkshire Center for Families and Children. We express a special thanks to Buz Sterner for hauling endless boxes to UPS and USPS for shipment through rain, sun, sleet and snow – CareWear must go through!

Giving Hearts! Helping Hands! also hosted a Berkshire Christmas Mission Project on December 12, 2004. Our church fellowship hall was transformed into a Christmas workshop by 24 jolly helpers including children (see photo #2). We created heaps of donated toys, stockings, clothing, cookies, backpacks, accessories, toiletries, and handmade infant clothing/layettes into a marvelously organized donation for Berkshire Center for Families and Children. It took 5 loaded vehicles to transport our gifts. Several volunteers met with the program director and social worker in their conference room. They were absolutely overwhelmed by the voluminous boxes, bags, tubfuls and armloads of gifts (see photo #3). In turn, we were overwhelmed by the magnitude of BCFC's daily services to needy families in our community ~ over 200 per day. We toured the preschool/kindergarten facilities and peeked in on the children taking their afternoon naps. We even met the wonderful cook in her pristine kitchen! Before departing, we found ourselves profusely thanking the BCFC staff for all they do for our community.

We are thrilled to be a small part of the nationwide CareWear volunteer program – a fulfillment of one very special lady's dream. Bonnie Hagerman is our inspiration! Thank you, dear Bonnie, for all you do! We praise God for all His wonderful blessings.

PHOTO #1

L to R: Nancy Britten, Carol Kleiner, Nancy Jagiello, Kim Beisiegel, LeeAnn Nawalkowski, Anne Hannon, Rose Bates, Ruth Suriner, Nancy Dixon, Sue Danahey, LouEllen Kowach, Connie McCall, Jan Murphy, Lucille Breault and Eileen McCall
 Seated: Laurie Sobon and Gail Sterner
 Missing: Pam Brundage and Eleanor Steadwell

PHOTO #2

L to R: Alyssa Walter and her uncle, Bo Suriner

PHOTO #3

L to R Front Row: Nancy Dixon, Gail Launt, Gail Sterner, Shirley Waite, Miriam Kamangor (program director) and Wendy Clark (social worker)
 L to R Back Row: Laurie Sobon and BCFC employee

PHOTO #2



Sincere thanks to Gail Sterner for sending the photos & summary of the work of this GREAT group.

PHOTO #1: ABOVE

PHOTO #3:

I am sorry that I cannot reproduce photos in color. Marjorie B. sent this photo of the beautiful white silk burial gowns (3) and five other preemie & small soft gowns for the little angels at CT Children's Medical Center in Hartford, CT.

Marjorie wrote that the white satin fabric was leftover from angel costumes made for her church Sunday School.



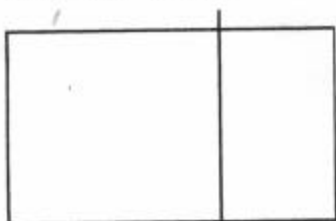
GIVE KIDS THE WORLD WISH PILLOW

Welcome:

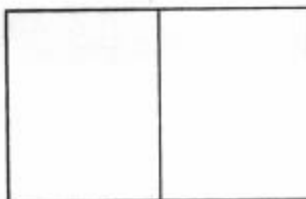
Thank you for joining this effort to make pillows available to all our special children.

For each pillow you will need a piece of flannel 36 inches long by 11 inches wide. Also a piece of broadcloth measuring 9 inches long by 11 wide. This fabric creates a pocket. If you are purchasing your own fabric please choose a fabric that would be suitable for both genders and ages 3 to 18.

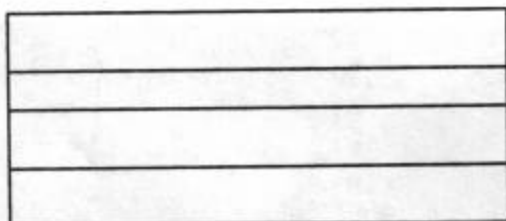
FRONT VIEW



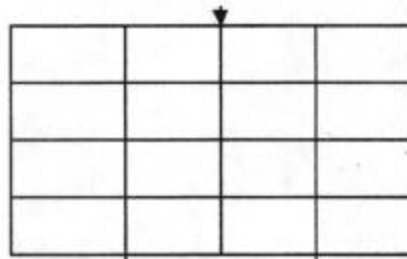
BACK VIEW



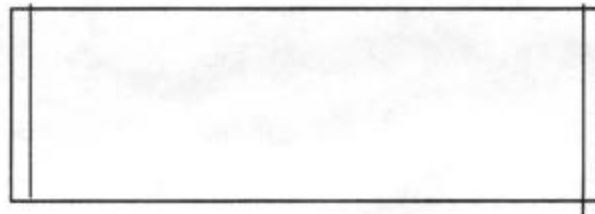
Flannel is first cut to 36 inches running the length of the fabric. This can be done with scissors but if you have an olfa cutter, board and ruler you can create large quantities faster. After these are cut across, they can than be divided into 4 -11 inch strips length wise.



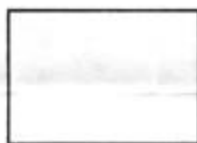
Next, start cutting the pockets from the print. Cut across every 9 inches, then cut these into 11 inch pieces. With one yard of fabric you should have 16 pockets.



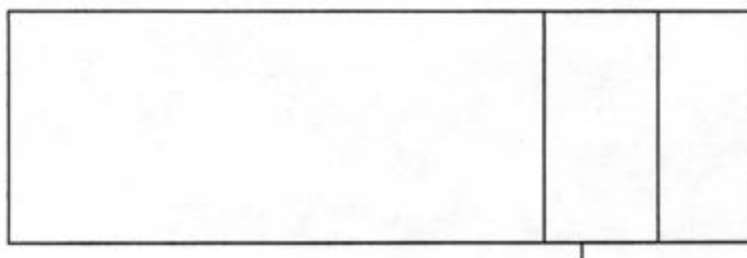
On the flannel turn a narrow hem on both narrow sides, using 2- 1/2 inch folds (turn over 1/2 inch once, and then again. This will leave you with 34 inches.



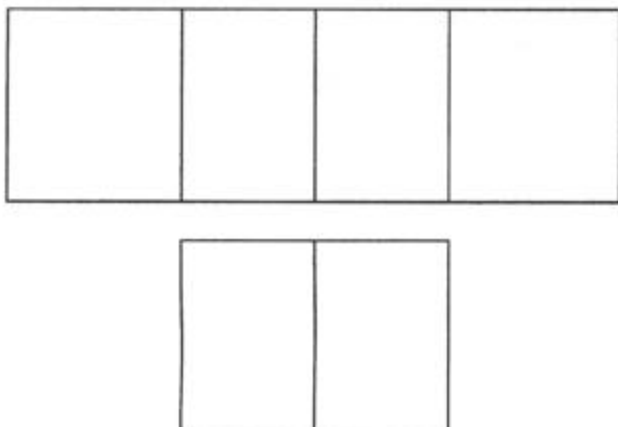
Now start on the pockets, turn a 1/2 inch hem on 11 inch side, To do this turn 1/2 inch and then turn another 1/2 inch to do a finished hem.



Now the real fun begins. Lay the flannel strips right side down on your olfa board, with a piece of chalk draw a line across the flannel 9 1/2 inches from the end. Lay the pocket under this line extending over 1/2 inch. Put a few pins in to hold and sew down this line catching up the pocket fabric as you go.



Now lay the flannel out face up. Smooth the pocket down face up, fold over the end where you stitched. Go to the other end of the pillow and fold this end over until your pillow is 15 inches. The flaps should overlap about 3 inches. Place a few pins to hold everything together. Sew along the raw edges. At the beginning and end of each pillow sew back and forwards a few stitches to lock the corners. After you have finished these go back and clip any stray threads, do a diagonal cut across the 4 corners to ease the bulk. Turn the pillow right side out and use your forefinger to push the corners out. Lay the pillow flat with the pocket facing out and smooth out with your hand. There is no need to iron anything. Ironing tends to flatten the pile of the flannel and we want it soft and comfy.



Now please reach up and give yourself a pat on the back.

Thank you notes from Massachusetts General Hospital NICU:

Dear Mrs. Smith,

I just wanted to express our gratitude at receiving the beautiful hats, booties, blankets, and pajamas today. Your granddaughter came by this evening with a treasure box of lovely things for the babies. I am taking care of Sue Bea; she weights only one pound ten ounces. I found a pair of booties that will only fit her. Her parents will be thrilled. these special things are very appreciated and help the parents, knowing so many care for their babies.

Sincerely, Linda Y.

Dear Mrs. Smith,

Thank you for sending the beautiful gowns to the MGH NICU. Our newborns, families, and staff greatly appreciate them. I have used them for services of baptism and dedication.

Thank you for your kind gift.

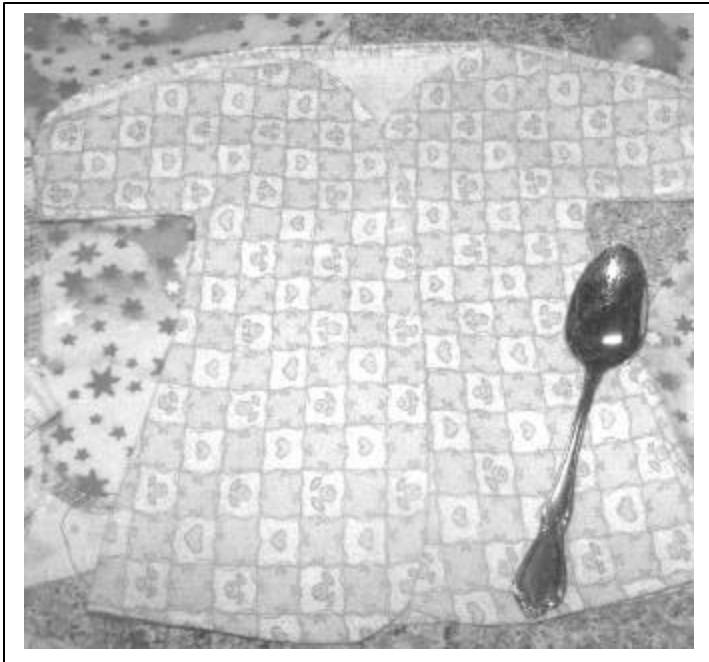
Sincerely, Rev. Ann Haywood

We don't always hear details about how our donated items are used. BUT, please know that they are appreciated. Special thanks to Mrs. Smith's granddaughter (a pharmacist at MGH) for her delivery services.

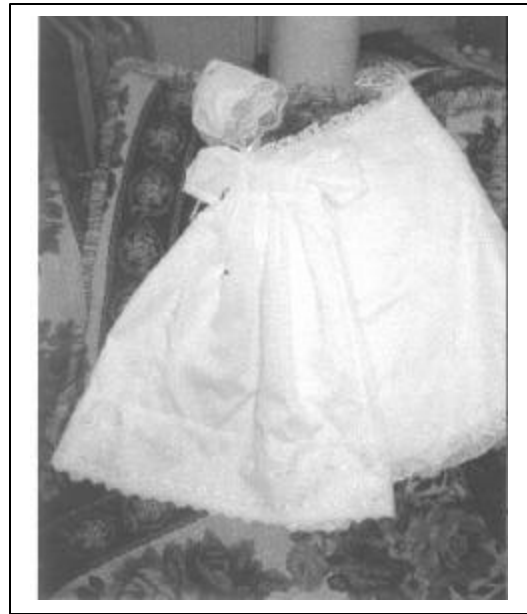
Children's Hospital in Buffalo appreciates the work of Betty, Bev, and Carol and all of the members of the sewing group that contributes booties, pajamas, nighties, & blankets to their preemies. THANKS TO ALL!

Hospital List Revisions Since the March Newsletter

State	Hospital Name	Address	Phone	Needs
AR	Central Arkansas Hospital Baby Central Nursery/NICU	1200 S Main St Searcy AR 72143	501-278-3290	Preemie hats and layette items for the NICU. Also, burial garments. Contact person: Suzanne Long (cherry73@ipa.net). Suzanne can assist volunteers with thread, yarn, cloth, and other supplies.
CA	Kaiser Oakland Medical Ctr Pediatric Dept. Leader	280 W MacArthur Blvd Oakland CA 94611		Preemie, child, and teen hats, booties/bed socks, blankets/afghans.
CA	Saint John's Health Ctr Positive Appearance Ctr	1328 22nd St. 4th FL Santa Monica, CA 90404	310-582-7036	Chemo hats for their patients. Contact person: Sue
FL	Dixie County Dept. of Health	Attn: Healthy Start Nurse 149 NE 241 St Cross City FL 32628	352-498-1360	Requesting donated items. Call Trinity Williams for details.
MD	Johns Hopkins Bayview Medical Ctr Community Relations Dept	Community Program Mgr 4940 Eastern Ave Baltimore MD 21224	410-550-0289	Preemie sizes (hats, etc.) for the NICU. Contact person: Patricia Carroll FAX 410-550-3492
MI	University of MI Hospital CS Mott Children's Hospital UMHS Child & Family Life	1500 E Medical Ctr Dr F2519 Ann Arbor MI 48109-0251		Requesting blankets/quilts, books, and chemo hats for children.
MI	Mercy Memorial Hospital Head of Pediatrics	718 N Macomb St Monroe MI 48162	734-241-1700	Requesting items for preemies and full-term newborns, including burial garments & sacques. Contact person: Vicki Gose, RN, Head of Pediatrics.
MI	Steward Road Church of God Director, New Beginnings/Mercy House	1199 Stewart Road Monroe MI 48162	734-241-6677	Request donated items for preemies and full-term newborns. Contact Person: Brenda Pawlicki, Director.
OH	Children's Hospital at Cleveland Clinic Pediatric Hematology/Oncology	9500 Euclid Ave/S20 Cleveland OH 44195	216-445-4234	Hats, quilts/blankets to comfort children in chemo unit. Tom Richards, CCLS is the contact person.
OH	Akron Children's Hospital Volunteer Services Dept	One Perkins Square Akron, OH 44308-1062	330-543-8424	Preemie hats, booties, kimonos, blankets, small cloth animals, finger puppets, burial gowns, flannel receiving blankets. Contact Judi Hayes (jhayes@chmca.org) or Cindy Duncan (oduncan@chmca.org) Fax 330- 543-8152
SC	Bon Secours St. Francis Hospital Attn: Director of Volunteer Services	1 St Francis Drive Greenville SC 29601	864-255-1050	Needs hats, burial outfits, and layette items in all sizes. Contact person: Lori Center. Fax: 864-255-1062
TN	Wellmont Holston Valley Medical Ctr, NICU	PO Box 238 Kingsport TN 37662	423-224-6280	Request preemie caps & booties, fabric for memory books, baby quilts. Contact person: Erin Thomas, RN-NICU. E-mail: Erin_E_Thomas@wellmont.org
TN	Wellmont Holston Valley Medical Ctr, Pediatrics	PO Box 238 Kingsport TN 37662	423-224-6275	Requesting infant caps & booties, baby quilts. Contact person: Carrie Robertson, Pediatrics.
TN	Mountain States Health Alliance, Attn: Lisa Keiffer- Secretary	400 N State of Franklin Rd Johnson City TN 37604	423-431-6111	Requesting baby hats, mittens, booties in all sizes, blankets, adult & child chemo hats and socks/slippers. Also, frog support pillows for newborns, preemie burial garments, and other preemie apparel.
TN	Vanderbilt University Hospital, NICU	Family Liaison 2200 Children's Way Nashville, TN 37232-9004	615-936-0963	P & FT hats & booties, kimonos, blankets, P & FT diaper shirts. Needs burial gowns in all sizes. Contact Erin Havrilla (erin.m.havrilla@vanderbilt.edu) Fax: 615-936-4698
WV	Right From The Start First Care Services	23 Main Street Rainelle WV 25962-9403	304-438-5810	Blankets, toys, full-term hats, take me home sets--anything. Contact person: Ruth Davis, RN Fax: 304-438-5813
WV	FMRS: Early Intervention Program, Birth to Three	209 West Maple Avenue Fayetteville, WV 25840		This program has closed. Please do not send anything.
WV	West Virginia University Children's Hospital Child Life Dept.	Stadium Drive PO Box 8200 Morgantown, WV 26506	304-293-6450	Burial gowns, mittens, sweaters, bibs, rec. blankets, isolette covers, bibs, quilts (UPS send to Dept 8200, Loading Dock, Ruby Memorial Hosp, Morgantown, WV 26506). FAX: 304-598-4967; e- mail: asvestosc@rebhsc.wvu.edu



After receiving our pattern booklet, Melissa sent this photo of the first set of kimonos she finished. She will show this kimono to her local hospital to see if they can use them. If not, Melissa will send them to one of the hospitals on our Hospital List. CUTE KIMONO!



Karen sent this photo of the gown, hat, and blanket she completed. LOVELY! She liked the hat pattern and was able to use leftover wide lace around the hem of the gown—like an expensive pillowcase. (Hat pattern: p. 25 March 05 newsletter)

Joan Doner of Ohio sent this URL that she found on Internet. She said that they have an entire section devoted to preemie patterns as well as all sorts of other patterns, including full-term sizes. Joan's cousin, Don Miller, recently started working at Hood College and I am working with him as we prepare for summer orientation sessions for incoming freshmen. Small world!

<http://www.knittingpatterncentral.com>

FYI: If you live near William Beaumont Hospital, Royal Oak, MI., they are in need of volunteers to assemble knitted and crochet squares into blankets/afghans for their cancer patients. Any volunteers???



Ellen Gilson sent photos of her completed crochet bears (pattern: 12/05 newsletter)



The Riviera Care Wear Volunteers of Naples, Florida sent these photos of their meeting in February.

Photo #1: (upper left) shows their new doll that they dress each month.

Photo #2: (middle left) shows Loretta Martin and holding the doll is Jean Schwertfeger.

Photo #3: (lower left) shows Irene Paliulis and Judy De Shetler with the lovely quilts donated to the local hospital.

Photo #4: (upper right) shows the large collection of donated items from this busy and creative group.

The North Collier Hospital (The Birthplace), Naples, FL sends thanks to all of the Riviera Care Wear Volunteers!

The Smocking Arts Guild of America chapters contribute gowns, bonnets, and other items to local hospitals. If you belong to the guild, the Nashville area chapter is hosting an assembly-line cut/pleat/kit workshop at the Music City Stitches convention in Nashville on Friday, September 23, 2005. Last year 1000 gowns were donated to two Atlanta area hospitals after the 2004 convention in Atlanta.

My apologies to you and to Kathy North, who gave permission to reprint her "Grandma's Slippers" in the March 2005 newsletter. For some reason (unknown to me or the Hood College End-User Computing Staff) my printer omitted two lines from this slipper pattern. I've been losing two lines of print between pages one and two of my print jobs!!!! I was not aware that this was happening and it seems to be corrected now. My apologies to all who tried this pattern and encountered problems when you reached the point where the lines were missing. I will do my best to avoid this from happening in the future by printing patterns on my computer & on our office computer (legal size paper). Always check the website source of the pattern (if you have Internet access) in case of problem. Here is Kathy's lovely pattern in its entirety.

My Grandmother's Slippers

Size: Adjustable (children to adult)

Materials: About 150 yds. each of 2 colors of worsted wt. yarn (A and B)
Size 8 needles
Pompom maker
Tapestry needle

Gauge: 7 sts = 2", 6 rows (3 ridges) = 1" in garter st on size 8 needles



With 1 strand Color A held together with 1 strand Color B, cast on 29.

Foot portion:

Row 1: Knit 9, purl 1, knit 9, purl 1, knit 9.

Row 2: Knit across.

Repeat these 2 rows until garter stitch portion measures approx. 4"-5" for children, 7"-8" for adults.

Begin ribbed toe portion:

Row 1: Knit 1, purl 1 across.

Row 2: Knit the knit stitches and purl the purl stitches as they face you to form knit 1, purl 1 ribbing.

Repeat last row until ribbed portion measures approx. 2" for children,

3"-4" for adults, or until measurement of piece from beginning is 1" less than total foot length. On last row, decrease 1 stitch so that 28 stitches remain.

Decrease for toe: Knit 2 together across (14)

Next row: Purl across (14)

Next row: Knit 2 together across (7)

Next row: Purl across (7)

Thank to Kathy North for permission to reprint
<http://designsbkn.com> E-mail: designsbykn@aol.com

Cut yarn, leaving tail long enough for sewing toe seam. Gather remaining stitches together (by running yarn through stitches on needle and pulling tight to close toe), then sew toe seam until you reach the garter stitch portion. Finish off and weave in ends. With separate length of yarn, sew up heel seam. Make 2 large pompoms, using both Color A and Color B together, and attach to top of slipper as shown.

Designed by KN - copyright 2005

A Dear Abby column recently contained a letter about memory boxes that help parents face the loss of their unborn child. These memory boxes (with photos, hand & footprints, a lock of hair, etc.) give parents something to remember—a special memory of their baby. Bereavement coordinators or the nursing staff will often offer the parents these mementos. Sometimes the burial gown is kept in the memory box or the infant is buried wearing it. One lady wrote, "there are special clothing patterns for babies who are premature or stillborn. Parents need to see their baby as more than a naked little body. A baby dressed in a pretty outfit gives the parents a picture of their child to carry with them as they grieve. And, a baby shower that would provide the hospital nursery a collection of these clothes for parents to choose from would be a blessing.

Care Wear Volunteers distributes burial garment patterns for knit, crochet, and sewing. Thank you for using those patterns so that families have a beautiful memory of their infant.

VOLUNTEERS

Nadean Erickson has turned her long-time hobby of crocheting into generous gifts that comfort and warm newborns and their families at Munson Medical Center.

Since August, Erickson has provided more than 100 crocheted items for the hospital's Maternity unit to give to newborns and their parents.

"Crocheting has always been a family activity for us," said Erickson, who was born and raised in Traverse City. "A relative told me about Care Wear and I've been in that program for years."



Care Wear is a nationwide group of volunteers who provide handmade baby items to hospitals across the nation.

Volunteers deliver their handcrafted booties, kimonos, blankets, teddy bears, bibs, and other assorted items to local hospitals. In recent years, Nadean has made hundreds of items for five other hospitals across the nation.

"We certainly appreciate Nadean's generous gifts," said Pat Ritola, manager of the hospital's Maternity unit. "The families are always grateful to receive these beautiful items."

Munson Medical Center Volunteers provided 109,500 hours of service — valued at more than \$1.7 million — to the hospital during fiscal year 2003-04.

Ten volunteers were recognized individually for their contributions of time over years of service. They included:

- * Jean Ann Donley; 16,500 hours.
- * Nan Wares; 8,500 hours
- * Dorothy Charles; 6,500 hours
- * Patricia Hooper; 5,000
- * Doris Cross; 5,000
- * Bette Hoos; 4,500
- * Jack Jorgensen; 3,500
- * Jackie Cantalupo; 3,500 hours
- * Betty Hardy; 3,000 hours
- * John Evans; 3,000 hours

To learn more about becoming a volunteer at Munson Medical Center, please contact Manager of Volunteer Services Theresa Stachnik at 231.935.7455.

Care Wear Volunteer participant Nadean Erickson is featured in an article in **Grand Traverse Woman**, Northern Michigan's Magazine for Women (December 2004).

Thank you to Nadean for using her skills to help others.



Made especially for you by:

Care Wear Volunteers
www.carewear.org

Ginny Harrison, Stork's Nest Program, Peekskill, NY called to thank Mrs. Sharon Walker for items donated to the Stork's Nest.

FYI: Stork's Nest Programs (March of Dimes) encourage prenatal medical visits by offering expecting mothers "points" for every visit. When the baby is delivered, the mother can exchange her points for needed layette items. The program works very well to encourage prenatal care and reduce the likelihood of premature delivery.

Many of you have sent me newspaper clippings that report on the growing number of young people (middle school, junior high school, Girl Scouts, high school students, etc.) who are learning to knit. It is interesting to note that boys are learning, too! One article, "Shhh! Boys quietly find knitting has its rewards" indicated that the craft is experiencing a surge of interest among men. YEAH!!!! Another article that caught my attention was "Real men knit." This article stated that across the nation, guys are hopping aboard the resurgent needling craze. Knitting is part of the school curriculum in a number of schools. In some cases, males are teased about knitting in public, but others indicated that knitting was "...a babe magnet." Males are knitting on college campuses, too.

Teach a friend or relative to knit. Teach a grandson or nephew!!!!

You will find a sheet of Care Wear Volunteers labels (to attach to finished items and to put in each of your deliveries) with the new website address on the "JOIN" page of <http://www.carewear.org>

Lazy Knitting with Cathy

WHO SAYS, "KNITTING IS FUN?"

Answer: An amazing number of knitters, myself included. There are manuals, encyclopedias, books and all sorts of articles about knitting that begin with "Knitting is fun!" Next question: Why? Some reasons follow.

Crochet uses chain stitch, slip stitch, single crochet stitch, half double crochet stitch, double crochet stitch, treble crochet stitch, post stitch, roll stitch and on and on.

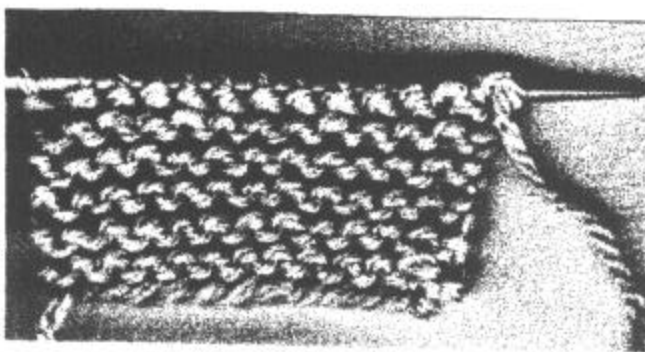
Knitting uses only two: a knit stitch (K or k) and a purl stitch (P or p), which is what the back of a knit stitch looks like, in other words making a knit stitch backwards. So where's the fun in that?

Did you ever see a baby do something for the first time? Clap hands, pick up a Cheerio, toss a ball? The baby's entire body reacts with glee! What fun! What fun!...a wide grin, legs kicking, even a "goo" or two. It's similar to the feeling a knitter can have when s(he) discovers a new way to knit the two stitches to make a completely different pattern. (I try to confine myself to a modest wow ... or two.)

Books are available which have hundreds, some over a thousand "knitting stitches" but all are combinations of a knit stitch and/or a purl stitch.

Think of when you started to knit. You probably knit back and forth over the same row of stitches and made a fabric that was thick and stretchy, perfect for a scarf or blanket for your doll. Knit with a cotton yarn it could be a wash cloth

or a dish cloth. With today's "fun furs" it could be an elegant scarf. You knit the

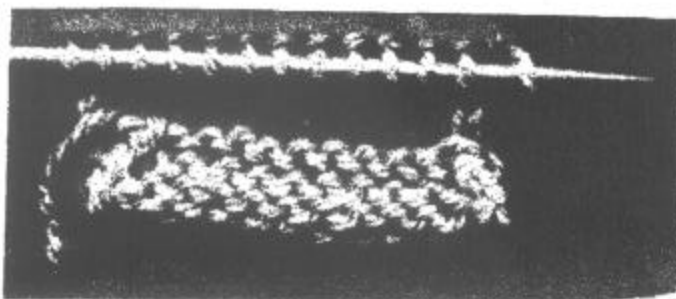


garter stitch.

This stitch is used for any garment that you want to snap back to its original size but will also accommodate a good deal of pulling about: slippers, jackets, baby blankets, almost anything a baby can wear. It won't be binding on an infant who twists and wiggles around and at the same time remains attractive. Elizabeth Zimmermann, of happy memory, designed oodles of garments in garter stitch. Sally Melville's The Knit Stitch (The Knitting Experience, Book 1) is another example of the variety to be achieved with this one stitch.

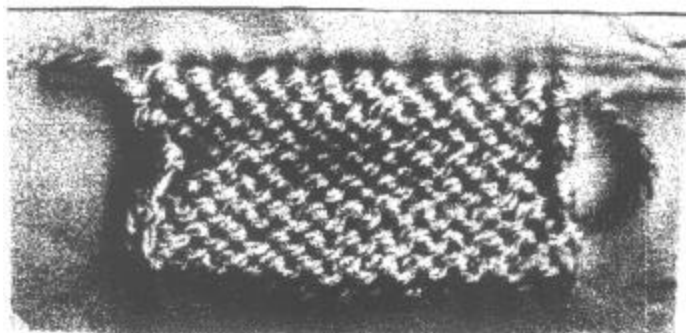
When you knit one row and purl back on the next row, the fabric is all smooth v stitches on one side and all knobby little bumps (dare I say pearls?) on the other. Not only that, the bottom turns up and the sides turn under. If you knit in the round, using double pointed needles or a circular needle, the smooth v stitch side will be on the outside of the resulting tube with enough stretch to be

comfortable for a stocking, which is possibly why it is called the



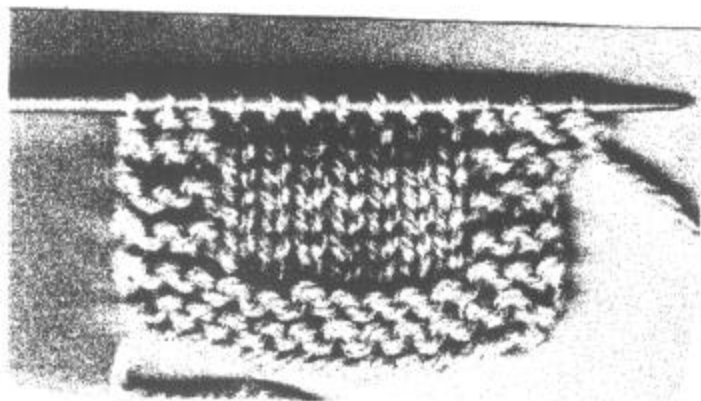
stockinet or stockinette stitch.

When the knobby side is used on the outside or right side to separate other stitches and appear to be the background, it is called



reverse stockinet stitch.

To tame the curling and make the fabric stay flat you need a stitch that won't curl, so you add a



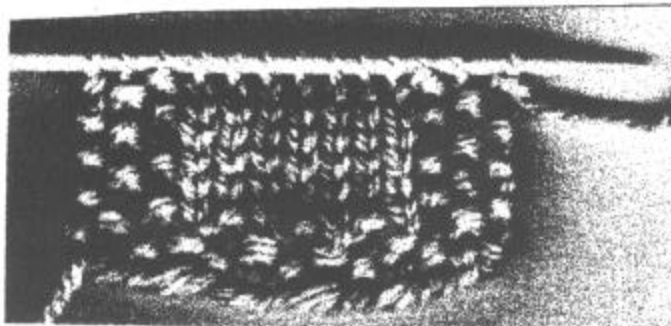
garter stitch border for stockinet fabric.

Another way to keep the stockinet fabric flat is to alternate one knit stitch with one purl stitch

[Row 1: (K1, P1) across.

Row 2: (K all P and P all K) across.

Repeat these two rows for pattern], which results in a



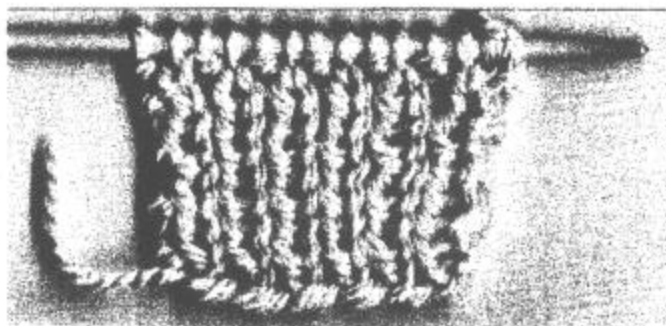
seed stitch border for stockinet fabric.

Alternating a knit stitch with a purl stitch another way:

[Row 1: (K1, P1) across.

Row 2: (K all K and P all P) across.

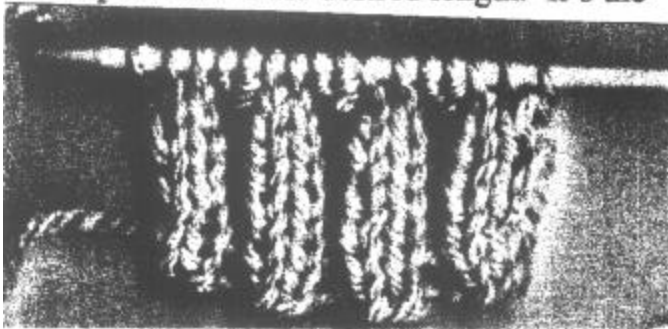
Repeat Row 2 for pattern], makes the fabric pull in and it looks as if it were all knit stitches, but larger than the stitches in the stockinet stitch. It's a



K1, P1 rib stitch

This is a pattern stitch used all the time for premie and newborn hats. For Aran style hats, the stitches are twisted on alternate rows. The rib knit makes the hat snug on the infants head without binding.

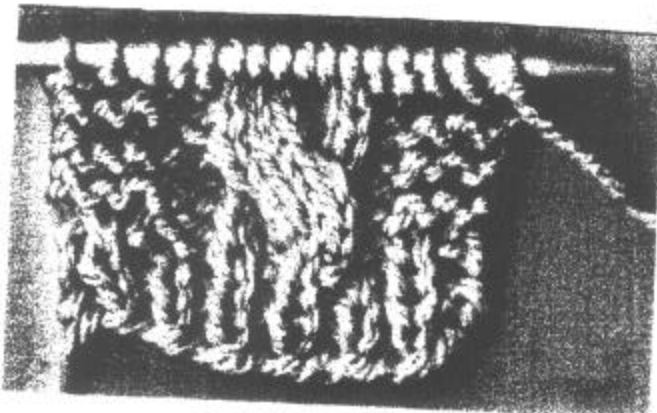
Another simple rib stitch pattern is:
 Row 1: (K2, P2) across.
 Row 2: (K all K and P all P) across.
 Repeat Row 2 for desired length. It's the



K2, P2 rib stitch pattern.

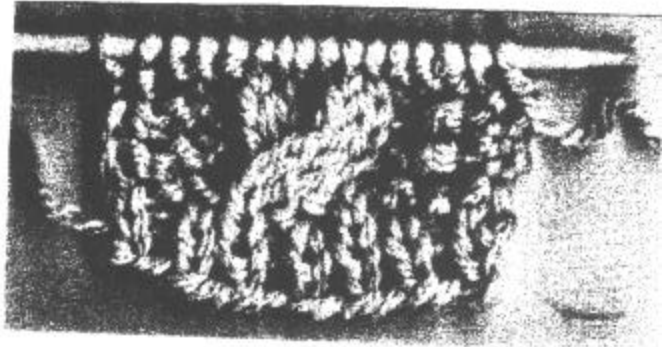
This is a wonderful stretchy rib. It might be the best rib for all sweater hems and cuffs. Certainly it makes "The Perfect Premie Cap" as Jane Bouning shared with us in the March 2005 Care Wear Newsletter, page 16.

If you slip three stitches off the needle, go behind them to knit the next three stitches and then return the stitches you dropped to the left hand needle and knit them, you will have made a front cable over six stitches, better known as a



3x3 front cable stitch worked on a reverse garter stitch background with a K1, P1 rib hem and a garter stitch edge.

If you went in front of the slipped stitches, knit the next three, then returned the dropped stitches to the left hand needle and knit them you would make a



3x3 back cable stitch.

These are often used in pairs on each side of a knitted fabric, the 3x3 front cable on one side and the 3x3 back cable on the opposite side. **Note:** Knitters can never agree on what is a front or back cable stitch. I use the direction of the first stitches of the cable. Read directions carefully to be sure of the meaning and look at the picture if available

Now don't tell me this wasn't fun! A knit stitch and a purl stitch used in different combinations change the appearance and nature of a knit fabric.

Your local library is a good starting place to find books of knitting stitches and can probably secure more books from other libraries.

Talk about fun! Knitters are so inventive there will always be new stitches for us to use to change an everyday kind of thing into one of beauty. All this and no mention of how color can change the look, too. The fun just keeps on coming!

???comments to Cathy Gilroy, P.O. Box 456, Port Jefferson, NY 11777-0456

SEAMLESS PREMIE AND NEWBORN ARA N STYLE HAT #15

Materials: 3 ply baby sport yarn
 double pointed needles #4 and #6
 blunt steel yarn needle - #16 best

DIRECTIONS are given for preemie size; newborn size is in (). With **larger** needles, starting with a single loop, which counts as a knit stitch, double cast on 46 (68) sts in (K1, P1) rib pattern on 3 needles. Being careful not to twist, join by knitting the single loop with the tail end of yarn. Return this K st to left hand needle (LHN). Tug on the end to tighten st, This eliminates a bump at the joining. Change to **smaller** needles and work Twist Rib Pattern for 19 (23) rnds, increasing 0(1) st in last round. Change to **larger** needles and work hat pattern - multiple of 23 sts.

Set up round: [K7 - (P1, K1) twice, P1 - K6 - (P1, K1) twice, P1] 2 (3) times
 Rnd 1: [K7 - P1, K1 in back loop (bl), K1, K1 in bl, P1 - K6 - P1, K1 in bl, K1, K1 in bl, P1] 2 (3) times.
 Rnd 2: [2x1B, K1, 1x2 F - (P1, K1) twice, P1 - 2F, K2 - (P1, K1) twice, P1] 2 (3) times.
 Rnd 3: as Rnd 1.
 Rnd 4: [K7 - (P1, K1) twice, P1 - K2, 2B - (P1, K1) twice, P1] 2 (3) times.
 Repeat these 4 rounds for pattern. End after 5th (6th) 2x1B cable (Row 2 of pattern) has been completed.

DECREASE as follows:
 Rnd 1: [K2 together (tog) twice, (Slip next st as if to K, return to LHN, reversing direction of st on LHN, then K2 tog in bl = SR2B) twice, K2 tog in bl twice, SR2B twice, K2 tog - P1 - K2 tog in bl twice] 2 (3) times. - 24 (36) sts.
 Rnd 2: (K7 - 1x1B - P1 - K2) 2 (3) times.
 Rnd 3: (K2 tog, SR2B, K2 tog in bl - 1x1F, K2 tog, K2 tog in bl) 2 (3) times. - 14 (21) sts.
 Rnd 4: K around.
 Rnd 5: K2 tog around. - 7 (11) sts
 Rnd 6: Lay yarn in front of first st and pull sts over it one by one. Allowing for a 6" tail, cut yarn and pull through last loop.

FINISHING: Thread yarn needle, drop through hole; turn hat to inside, pull up yarn tightly to close hole and weave yarn end through last sts twice, then through several sts outside circle. Weave in cuff yarn end on inside of turn-up. If two colors were used, weave them in neatly.



TWIST RIB PATTERN:

Rnd 1: (K1, P1 in bl) around.
 Rnd 2: (K1 in bl, P1) around.
 Repeat these two rounds for pattern.

2x1 BACK CABLE PATTERN = 2x1 B:

No extra "cable needle" needed!
 Drop 3 sts from LHN. (They won't run away.) With LHN in back, pick up first 2 sts. With RHN in front pick up remaining st and slip it on LHN. Sts are now in proper order to be knit for a back cable cross.



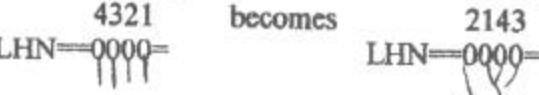
1x2 FRONT CABLE PATTERN = 1X2:

With RHN, go behind the first st and slip the next 2 onto the RHN. Slip all 3 sts off LHN and then slip first st back on LHN. Return other sts to LHN. Sts now in proper order to be knit for a front cable cross.



2x2 FRONT CABLE PATTERN = 2F:

Drop 2 sts from LHN. With RHN in back of these slip the next 2 sts onto the RHN. With LHN in front pick up the first 2 sts. Return sts on RHN to LHN. are now in proper order to knit a front cable cross.

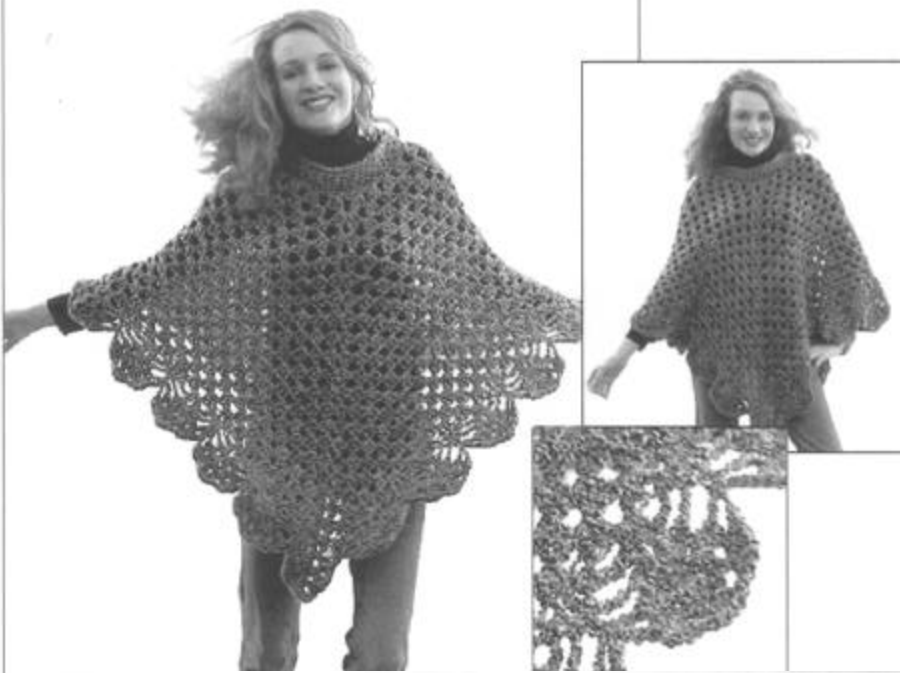


2x2 BACK CABLE PATTERN = 2B:

Drop 4 sts from LHN. With LHN in back, pick up 2 sts. With RHN in front, pick up last 2 sts and slip them onto LHN. Sts now in order to knit back cable



Sincere thanks to Cathy for sharing her time and talents with Care Wear Volunteers.



There was a great deal of publicity accompanying Martha Stewart's release from prison and the handmade cape that she wore. One article was titled, "The Great S-Cape"

Because Care Wear Volunteers has permission to reprint any free pattern from the Lion Brand website, I've reprinted the crochet & the knit cape pattern for you.

Here is the CROCHET version of the "Coming Home" Poncho

Skill Level: Easy

SIZE

Circumference 24" [61 cm] at neck
Length 22" [56 cm] at sides; 30" [76 cm] at points

MATERIALS

- LION BRAND Homespun
 4 skeins #320 Regency
 or color of your choice
- LION BRAND size N-13 [9 mm] crochet hook OR SIZE TO OBTAIN GAUGE
- Scrap of contrasting yarn to be used as a marker

GAUGE

7 dc + 4 rows = 4" [10 cm] in pattern.
 8 rows sc = 4" [10 cm].
 BE SURE TO CHECK YOUR GAUGE.

STITCH EXPLANATIONS

Block 3 dc in same st or space.
Shell (2 dc, ch 1, 2 dc) in same space.

PONCHO

Starting at neck edge, ch 44 loosely and join with slip st to form ring, being careful not to twist ch.

Rnd 1 (RS) Ch 3, [skip next ch, 3 dc in next ch] 21 times, skip next ch, 2 dc in same ch as beg; join with slip st in top of beg ch - 22 Blocks.

Rnd 2 Slip st in space before next dc, ch 3, 2 dc in same space, [3 dc in space between next 2 Blocks] 10 times, (3 dc, ch 1, 3 dc) in next space for corner, [3 dc in space between next 2 Blocks]

10 times, 3 dc in same space as beg; join with sc in top of beg ch - 24 Blocks; 2 corners.

Rnd 3 Slip st in first space (working around post of last sc made), ch 3, 2 dc in same space, [3 dc in space between next 2 Blocks] 11 times, (3 dc, ch 1, 3 dc) in ch1-space of corner, [3 dc in space between next 2 Blocks] 11 times, 3 dc in same space as beg; join with sc in top of beg ch - 26 Blocks; 2 corners.

Rnds 4-20 Slip st in first space, ch 3, 2 dc in same space, [3 dc in space between next 2 Blocks] across to next corner, (3 dc, ch 1, 3 dc) in ch1-space of corner, [3 dc in space between next 2 Blocks] across to beg space, 3 dc in same space as beg; join with sc in top of beg ch - 60 Blocks; 2 corners at end of Rnd 20.

EDGING

Rnd 1 Slip st in first space, ch 3, dc in same space, *ch 3, skip next 2 dc, sc in next 5 dc, ch 3, skip next 2 dc, Shell in space between Blocks; repeat from * 18 more times, ch 3, skip next 2 dc, sc in next 5 dc, ch 3, skip next 2 dc, 2 dc in same space as beg; join with sc in top of beg ch – 20 Shells.

Rnd 2 Slip st in first space, (ch 3, dc, ch 1, 2 dc) in same space, *ch 3, skip next sc, sc in next 3 sc, ch 3, (Shell, ch 1, Shell) in next ch1-space; repeat from * 18 more times, ch 3, skip next sc, sc in next 3 sc, ch 3, Shell in same space as beg; join with sc in top of beg ch – 40 Shells.

Rnd 3 Slip st in first space, ch 3, dc in same space, Shell in next ch1-space, *ch 3, skip next sc, sc in next sc, ch 3, Shell in next 3 ch1-spaces; repeat from * 18 more times, ch 3, skip next sc, sc in next sc, ch 3, Shell in next ch1-space, 2 dc in same space as beg; join with sc in top of beg ch – 60 Shells.

Rnd 4 Slip st in first space, ch 3, dc in same space, Shell in next ch1-space, *ch 3, sc in next sc, ch 3, Shell in each of next 3 ch1-spaces; repeat from * 18 more times, ch 3, sc in next sc, ch 3, Shell in next ch1-space, 2 dc in same space as beg, ch 1; join with slip st in top of beg ch. Fasten off.

COLLAR

Rnd 1 With RS facing, working across opposite side of foundation ch on neck edge, join yarn in any ch on neck edge. Ch 1, sc in same ch, sc in each ch around; do not join; work in a spiral. Mark first sc and move marker up as work progresses – 44 sc.

Rnds 2-6 Sc in each sc around.

At end of Rnd 6, join with slip st in next sc. Fasten off.

Weave in ends.

FREQUENTLY ASKED QUESTIONS ABOUT THIS PATTERN

- Q:** *In Rnd 3, where it says "Slip st in first space (working around post of last sc made)", what's the post?*

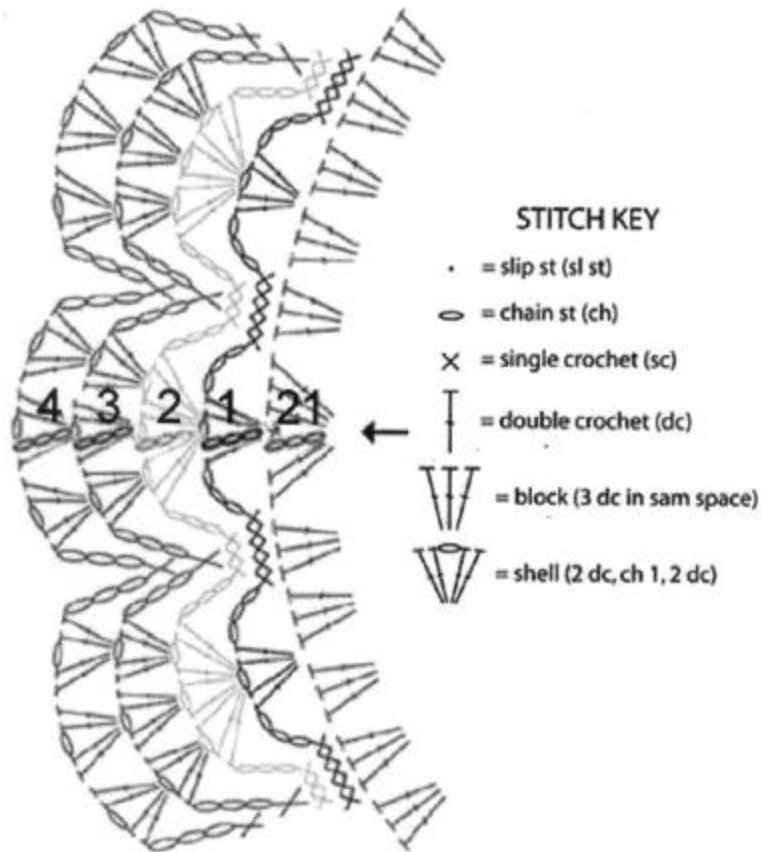
A: sc was worked to create the last "space" of the each round. Work around the body of the sc (instead of in the top 2 loops) as if it were a ch-1 space.
- Q:** *Where is the other corner?*

A: There are 2 "corners" made in each rnd. One is at the center front and one at the center back of the poncho. The one corner is (3 dc, ch 1, 3 dc) halfway through the rnd. The other corner is worked in 2 pieces. You do half of the first corner at the beginning of the rnd (ch 3, 2 dc in same space), then finish it at the end of the rnd (3 dc in same space as beg, sc in 3rd ch of turning ch to join). This produces a complete "corner".
- Q:** *In the Edging instructions, Rnd 2 reads: "Slip st in first space, (ch 3, dc, ch 1, 2 dc) in same space, *ch 3, skip next sc, sc in next 3 sc, ch 3, (Shell, ch 1, Shell) in next ch1-space; repeat from * 18 more times, ch 3, skip next sc, sc in next 3 sc, ch 3, Shell in same space as beg; join with sc in top of beg ch – 40 Shells." but there is no sc in the previous rnd.*

A: There are 5 sc between the shells in Rnd 1 of the Edging. See the underlined phrases:
Rnd 1 Sl st in first space, ch 3, dc in same space, * ch 3, skip next 2 dc, sc in next 5 dc, ch 3, skip next 2 dc, shell between next 2 blocks; rep from * 18 times, ch 3, skip next 2 dc, sc in next 5 dc, ch 3, skip next 2 dc, 2 dc in same space as beg, sc in 3rd ch of turning ch to join – 20 shells.
- Q:** *In the Edging, Round 1, what is a shell?*

A: Please see the Stitch Explanations section at the beginning of the pattern, where the definition is "Shell (2 dc, ch 1, 2 dc) in same space."
- Q:** *In the Edging instructions, Rnd 2 asks you to work into the next ch 1 space but there is no ch 1 space in the previous rnd.*

A: The ch 1 space is part of the shells worked in Rnd 1.



ABBREVIATIONS:	
beg = begin(ning)	rnd(s) = round(s)
ch = chain	RS = right side
ch-space = space previously made	sc = single crochet
dc = double crochet	st(s) = stitch(es)

**Homespun (Article #790) is a uniquely-textured bulky weight yarn that works up quickly and easily. 98% acrylic, 2% polyester; packaged in 6 oz/170g (185 yd/167m) pull skeins.*

Every effort has been made to have the knitting and crochet instructions accurate and complete. We cannot be responsible for variance of individual knitters and crocheters, human errors, or typographical mistakes.

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LION BRAND® HOMESPUN® Crochet 'Coming Home' Poncho

Lion Brand would like to recognize the woman who hand-crocheted the now-famous poncho for Martha Stewart for her return home. The New York Post reported that her name was Xiomaro Hernandez. We honor her creativity and the wonderful inspiration she has provided for everyone who is now encouraged to crochet. Lion Brand will make a donation of yarn and needles to the Alderson prison facility in honor of her work and her generosity.

Maybe you can crochet one for yourself and one for a chemo patient.

LION BRAND® HOMESPUN® Knit 'Coming Home' Poncho



Skill Level: Easy

SIZE

Circumference 24" [61 cm] at neck; 120" [305 cm] at lower edge
Length 22" [56 cm] at sides; 30" [76 cm] at center point

MATERIALS

- LION BRAND Homespun
4 skeins #320 Regency
or color of your choice
- LION BRAND size 11 [8 mm] knitting needles OR SIZE TO OBTAIN GAUGE
- LION BRAND stitch holders (4)
- LION BRAND large-eyed, blunt needle

GAUGE

11 sts + 18 rows = 4" [10 cm] in Stockinette st (k on RS, p on WS).
12 sts + 16 rows = 4" [10 cm] in Mock Granny st.

BE SURE TO CHECK YOUR GAUGE.

STITCH EXPLANATION

(K 1, p 1) in yo Knit into yo from previous row, but do not drop yo from needle. Bring yarn to front and purl into same yo. Drop yo from needle.

PATTERN STITCHES

Scalloped Edge Pattern (multiple of 18 sts)

Row 1 (WS) Knit.

Row 2 Knit.

Row 3 Purl.

Row 4 *[K2tog] 3 times, [yo, k 1] 6 times, [k2tog] 3 times; repeat from *.

Note There are 6 increases and 6 decreases per repeat; you will have the same number of sts at the end of this row that you did when you began.

Repeat Rows 1-4 for Scalloped Edge pattern.

Mock Granny Stitch Pattern (multiple of 4 sts + 2)

Row 1 (WS) K2tog, k to last 2 sts, k2tog – 2 sts decreased.

Row 2 Repeat Row 1 – 2 sts decreased.

Row 3 P 1, *p2tog, yo, p2tog; repeat from * to last st, p 1 – 1 st decreased in each repeat.

Row 4 K 1, *k 1, (k 1, p 1) in yo, k 1; repeat from * to last st, k 1 – 1 st increased in each repeat.

Note It is important to keep track of your increases and decreases, which vary from row to row:

- **Rows 1 and 2** each decrease 2 stitches per row.
- **Row 3** decreases 1 stitch each repeat.
- **Row 4** increases 1 stitch each repeat.

There are a total of 4 decreases each time Rows 1-4 are completed.

Repeat Rows 1-4 for Mock Granny Stitch pattern.

NOTE

Poncho is worked in 4 sections which are then sewn together.

PONCHO SECTION – Make 4

Loosely cast on 90 sts. Knit 1 row. Starting with Row 1, work 4 repeats (16 rows) of Scalloped Edge pattern. Then, starting with Row 1, work 18 repeats (72 rows) of Mock Granny Stitch pattern. Knit across remaining 18 sts. Place sts on holder.

FINISHING

Sew Sections together from bottom of Scalloped Edge to neck, leaving 1 of the 4 seams open.

Neckband Slip all neck sts from holders onto needle – 72 sts. With RS facing, join yarn to right side of neck and knit across all sts. Work in Garter st (knit every row) for 2" [5 cm], ending with a RS row. Bind off loosely. Sew remaining Poncho and Neckband seam. Weave in ends.

ABBREVIATIONS:	
k = knit	st(s) = stitch(es)
k2tog = knit 2 together	tog = together
p = purl	WS = wrong side
p2tog = purl 2 together	yo = yarn over
RS = right side	

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Every effort has been made to have the knitting and crochet instructions accurate and complete. We cannot be responsible for variance of individual knitters and crocheters, human errors, or typographical mistakes.

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Match "Martha's" Poncho (Knit Version)

SIZES

To fit bust measurement

Extra-Small/Extra-Large

28-42 ins [71-106.5 cm]

2 Extra-Large/5 Extra-Large

44-62 " [112-157.5 "]

Finished length between neck edge and bottom

Extra-Small/Extra-Large

30 ins [76 cm]

2 Extra-Large/5 Extra-Large

34 " [86.5 "]

MATERIALS

Bernat Galaxy (50 g/1.75 oz)			
Sizes	XS/XL	2XL/5XL	
53110 (Neptune)	10	14	balls
Size 9 mm (U.S. 13) knitting needles or size needed to obtain gauge.			

GAUGE

9 sts and 13 rows = 4 ins [10 cm] in stocking st

INSTRUCTIONS: Make 2 pieces alike.

Note: Pieces are worked from top down.

Collar: Cast on 33 (41) sts.

1st row: K1. *P1. K1. Rep from * to end of row.

Rep this row of seed st pat 5 times more, inc 1 (5) st(s) evenly across last row. 34 (46) sts.

Yoke: 1st row: (RS). Inc 1 st in first st. Knit to last 2 sts. Inc 1 st in next st. K1.

2nd row: Purl.

Rep last 2 rows 5 times more. 46 (58) sts.

Body: 1st row: (RS). K1. *K2tog. (yfwd) twice. Sl1. K1. pssso. Rep from * to last st. K1.

2nd row: P1. *P1. K1. P2. Rep from * to last st. P1.

3rd row: Inc 1 st in first st. Knit to last 2 sts. Inc 1 st in next st. K1.

4th row: Inc 1 st in first st. Purl to last 2 sts. Inc 1 st in next st. P1.

These 4 rows form Lace pat and side incs.

Rep last 4 rows 15 (17) times more. 110 (130) sts.

Next row: (RS). K1. *K2tog. (yfwd) twice. Sl1. K1. pssso. Rep from * to last st. K1.

2nd row: P1. *P1. K1. P2. Rep from * to last st. P1.

3rd row: K3. *K2tog. (yfwd) twice. Sl1. K1. pssso. Rep from * to last 3 sts. K3.

4th row: P3. *P1. K1. P2. Rep from * to last 3 sts. P3. Cast off knitwise.

Sew center front and back seams tog.

Scallop Edging: Cast on 3 sts.

****1st row:** Knit to last st. yfwd. K1.

2nd row: K1. yfwd. Knit to end of row.

Rep last 2 rows twice more. 9 sts.

Next row: Knit.

Next row: K1. yfwd. Knit to end of row.

Rep last 2 rows once more. 11 sts.

Knit 10 rows even.

Next row: Knit to last 2 sts. K2tog.

Next row: Knit.

Rep last 2 rows once more. 9 sts.

Next row: Knit to last 2 sts. K2tog.

Next row: Sl1. K1. pssso. Knit to end of row.

Rep last 2 rows twice more. 3 sts.

Knit 2 rows.**

Rep from ** to ** 15 (17) times more. Cast off.

Sew cast on and cast off edges tog.

FINISHING: Fold edging in half, having fold lines at center of Scallops. Pin Edging aligning fold lines with front and back points of Poncho. Sew Edging in position, allowing sufficient length to gather at front and back points.

U.S. Knitters Please Note: Canadian and American terminologies differ slightly. Equivalents are shown below.

Canadian

yfwd
tension
cast off

U.S.

yarn over (yo)
gauge
bind off

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home style... life style... your style.

Care Wear Volunteers also has written permission to reprint patterns on www.bernat.com
Here is the Bernat version of Martha Stewart's Going Home poncho.



Match "Martha's" Poncho

SIZES

To fit bust measurement

Extra-Small/Extra-Large

28-42 ins [71-106.5 cm]

2 Extra-Large/5 Extra-Large

44-62 " [112-157.5 "]

Finished length

Extra-Small/Extra-Large

28 ins [71 cm]

2 Extra-Large/5 Extra-Large

32 " [81.5 "]

MATERIALS

Bernat Galaxy (50 g/1.75 oz)			
Sizes	XS/XL	2XL/5XL	
53110 (Neptune)	16	21	balls
Size 6.5 mm (U.S. 10½ or K) crochet hook or size needed to obtain gauge.			

GAUGE: 9 sc and 11 rows = 4 ins [10 cm].

INSTRUCTIONS

FRONT and BACK (make alike)

Ch 32.

1st row: (RS). 1 sc in 2nd ch from hook. 1 sc in each ch to end of ch. 31 sc. Turn.

2nd row: Ch 1. 1 sc in each sc to end of row. Turn.
Rep last row 4 times more.

Next row: Ch 1. 1 sc in each of first 15 sc. (1 sc. Ch 2. 1 sc) in next sc. 1 sc in each of last 15 sc. Turn.

Next row: Ch 1. 1 sc in each sc to center ch-2 sp. (1 sc. Ch 2. 1 sc) in next ch-2 sp. 1 sc in each sc to end of row. Turn.

Rep last row 6 times more. 23 sc before center ch-2 sp.

Next row: Ch 3 (counts as dc). *(1 dc in each of next 3 sc. Ch 1. Miss next sc)* 5 times. 1 dc in each of next 2 sc. (1 dc. Ch 2. 1 dc) in next ch-2 sp for center V-point. 1 dc in each of next 2 sc. Ch 1. Miss next sc. Rep from * to * 4 times. 1 dc in each of next 4 sc. Turn.

Next row: Ch 4 (counts as dc and ch 1). *3 dc in next ch-1 sp. Ch 1. Rep from * to ch-2 sp of center V-point. (3 dc. Ch 2. 3 dc) in next ch-2 sp. Ch 1. **3 dc in next ch-1 sp. Ch 1. Rep from ** to end of row. 1 dc in top of ch-3. Turn.

Next row: Ch 3 (counts as dc). *3 dc in next ch-1 sp. Ch 1. Rep from * to ch-2 sp of center V-point. (3 dc. Ch 2. 3 dc) in next ch-2 sp. Ch 1. **3 dc in next ch-1 sp. Ch 1. Rep from ** to last ch-4. 3 dc in next ch-1 sp. 1 dc in 3rd ch of ch-4. Turn.

Rep last 2 rows, working increases as established 9 (11) times more.

Next row: Ch 1. Work 63 (77) sc evenly to center ch-2 sp. 3 sc in next ch-2 sp. 63 (77) sc evenly to end of row. 129 (157) sc.

Scallop Edging: 1st row: Ch 1. 1 sc in each of first 4 sc. *Ch 3. Miss next 3 sc. 1 dc in next sc. (Ch 1. 1 dc in next sc) twice. Ch 3. Miss next 3 sc. 1 sc in each of next 5 sc. Rep from * 8 (10) times more, ending with 1 sc in each of last 4 sc instead of next 5 sc. Turn.

2nd row: Ch 1. 1 sc in each of first 4 sc. *Ch 4. 1 tr in next dc. (Ch 1. 1 tr in next ch-1 sp. Ch 1. 1 tr in next dc) twice. Ch 4. 1 sc in each of next 5 sc. Rep from * 8 (10) times more, ending with 1 sc in each of last 4 sc instead of next 5 sc. Turn.

3rd row: Ch 1. 1 sc in each of first 3 sc. Miss next sc. *Ch 3. Miss next tr. [(1 tr. Ch 1. 1 tr) in next ch-1 sp. Ch 1] 3 times. (1 tr. Ch 1. 1 tr) in next ch-1 sp. Ch 3. Miss next sc. 1 sc in each of next 3 sc. Miss next sc. Rep from * 8 (10) times more, ending with 1 sc in each of last 3 sc instead of next 5 sc. Turn.

4th row: Ch 1. 1 sc in first 2 sc. *Miss next sc. Ch 3. (1 tr in next tr. Ch 1. 1 tr in next ch-1 sp. Ch 1) 7 times. 1 tr in next tr. Ch 3. Miss next sc. 1 sc in next sc. Rep from * 8 (10) times more. 1 sc in last sc. Fasten off.

FINISHING

With RS of Front and Back together, crochet side seams together.

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Galaxy Cap (Knit and Crochet Version)

SIZES: One size to fit average lady.

MATERIALS

Bernat Galaxy (50 g/1.75 oz)	Knit	Crochet	
Main color (MC) (53110 Neptune)	1	1	ball
Contrast A (53013 Earth)	1	1	ball
<p>Knit Version: Size 8 mm (U.S. 11) knitting needles or size needed to obtain gauge.</p> <p>Crochet Version: 6.5 mm (U.S. K or 10½) crochet hook or size needed to obtain gauge.</p>			

GAUGE

Knit Version: 10 sts and 14 rows = 4 ins [10 cm] in stocking st.
Crochet Version: 8 dc and 5 rows = 4 ins [10 cm].

INSTRUCTIONS

Knit Version

With MC, cast on 42 sts.

1st row: (WS). Knit.

2nd row: K1. *K2tog. (yfwd) twice. Sl1. K1. pss0. Rep from * to last st. K1.

3rd row: P1. *P1. K1. P2. Rep from * to last st. P1.

4th row: K3. *K2tog. (yfwd) twice. Sl1. K1. pss0. Rep from * to last 3 sts. K3.

5th row: P3. *P1. K1. P2. Rep from * to last 2 sts. P3.
 Rep last 4 rows once more, than 2nd to 4th rows once.

Shape top: 1st row: (WS). P2. *P2tog. P1. K1. P3. K1. Rep from * to end of row. 36 sts.

2nd and alt rows: K1. *K2tog. (yfwd) twice. Sl1. K1. pss0. Rep from * to last 3 or 0 sts. K3 or K0.

3rd row: P2. *P2tog. Purl across 5 sts, working (K1. P1) over (yfwd) twice. Rep from * to end of row. 30 sts.

5th row: P2. *P2tog. Purl across 4 sts, working (K1. P1) over (yfwd) twice. Rep from * to end of row. 24 sts.

7th row: P2. *P2tog. Purl across 3 sts, working (K1. P1) over (yfwd) twice. Rep from * to end of row. 18 sts. Break yarn, leaving a long end.

Thread yarn through rem sts and draw up tightly. Fasten securely. Sew back seam.

Flower

With A, cast on 3 sts.

1st row: Knit.

2nd row: (Inc 1 st in next st) 3 times. 6 sts.

3rd and 4th rows: *(K1. P1. K1) all in next st. Rep from * to end of row. 54 sts at end of 4th row

Knit 2 rows. Cast off knitwise.

Sew side seam. With WS of work facing, thread yarn through sts of 2nd row. Pull tightly to gather and wind yarn several times around gathered sts.

Sew Flower to side of Hat.

Crochet Version

With MC, ch 50. Join with sl st to first ch, being careful not to twist chain.

1st rnd: Ch 1. 1 sc in same sp as sl st. 1 sc in each ch around. Join with sl st to first sc. 50 sc.

2nd rnd: Ch 4 (counts as dc and ch 1). *Miss next sc. Ch 1. 1 dc in next sc. Rep from * to last sc. Miss last sc. Ch 1. Join with sl st to 3rd ch of ch 4.

3rd rnd: Ch 4 (counts as dc and ch 1). * Ch 1. 1 dc in next dc. Rep from * to last ch-1 sp. Ch 1. Join with sl st to 3rd ch of ch 4.

Rep last row of pat until work from beg measures 4 ins [10 cm].

Next rnd: Ch 3 (counts as dc). *Miss next ch-1 sp. 1 dc in next dc. Rep from * around. Miss last ch-1 sp. Join with sl st to top of ch 3. 25 dc.

Next rnd: Ch 4 (counts as dc and ch 1). *Miss next dc. Ch 1. 1 dc in next dc. Rep from * around. Join with sl st to 3rd ch of ch 4.

Next rnd: Ch 3 (counts as dc). *Miss next ch-1 sp. 1 dc in next dc. Rep from * around. Miss last dc. Join with sl st to top of ch 3. 12 dc.

Next rnd: Ch 3 (counts as dc). *Miss next dc. 1 dc in next dc. Rep from * around. Join with sl st to top of ch 3. 6 dc. Break yarn, leaving a long end. Thread yarn through top of each dc. Draw up tightly.

Flower

With A, ch 2. 10 hdc in 1st ch. Join with sl st to first hdc.

2nd rnd: Ch 1. 1 sc in same sp as last sl st. *Ch 2. (1 dc. 3 tr. 1 dc) all in next hdc. Ch 2. 1 sc in next hdc. Rep from * to last hdc. Ch 2. (1 dc. 3 tr. 1 dc) all in last hdc. Ch 2. Join with sl st to first sc. Fasten off.

Sew Flower to side of Hat.



U.S. Knitters Please Note: Canadian and American terminologies differ slightly. Equivalents are shown below.

Canadian
 yfwd
 tension
 cast off

U.S.
 yarn over (yo)
 gauge
 bind off

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PREMIE/NEWBORN CAP

Premie: size 4 or 5 needles

Newborn: size 7 needles

Sport weight yarn

My apologies to the designer who sent this pattern and a sample of the completed hat. Her name did not remain with the pattern & sample hat in my newsletter file. THANK YOU for sending this hat pattern. It's lovely.

Cast on 64 st. and do K 1, P 1, ribbing for 4 rows.

Row 5: Shaker Stitch (K 3, P 1) over 29 st. ending w/K 1. Place marker, P 1, cable on 4 st., P 1, place marker; and Shaker Stitch over remaining 29 st. ending w/ K1.

Row 6: Shaker st. over 29 st. ending w/ K1, sl. marker, K1, P4, K 1, slip marker; Shaker st. over 29 st. ending w/K1.

Row 7 Shaker st. over 29 st. ending w/K 1, sl. marker, P 1, K 4, P 1, slip marker Shaker st. over 29 st. ending w/K1.

Row 8: Repeat row 6.

Row 9: Repeat row 7.

Row 10: Repeat row 5.

Repeat these 6 rows until piece measure about 3-3½ in. from beginning and ending w/row 5.

Decrease as follows:

Row 1. K 8, sl. 1, K1, PSSO. Continue to end of row w/ K 4.

Row 2: Purl

Row 3: K 7, sl. 1, K1, PSSO. " " " " "

Row 4: Purl

Row 5: K 6, sl. 1, K1, PSSO. " " " " "

Row 6: Purl



SEE THE CABLE COMING DOWN THE CENTER OF THIS HAT

Continue decreasing until about 6 st. remain. Cut yarn leaving about 18" to thread through remaining st. Draw up stitches tightly and sew down back seam.

Attach a pom-pom or decoration of your choosing to the top.

FYI: You may be interested in a new book **The Knitter's Gift: An Inspirational Bag of Words, Wisdom, and Craft** by Bernadette Murphy. This book is published by Adams Media, 57 Littlefield Street, Avon, MA 02322. (www.adamsmedia.com)

From the introduction: "Pull up a chair, drape an afghan over your legs, & enter the world of The Knitter's Gift. It is a realm in which a pair of needles & a single strand of yarn tie the generations together, a place where the wounds of the human condition are salved, a source of warmth on days when our souls shiver, & a moment to remind ourselves of the importance of the small things in life."

Knitted Newborn Hat

Materials:

Soft Worsted weight yarn -
About 2 oz main color (MC)
and 3/4 oz contrasting color (CC)
Size 8 Needles



<http://geocities.com/pmshc/knewbornhat.html?200514>

Directions:

CO 54 in CC

Work 1" in seed stitch (row 1, k1, p1 across - remaining rows k all p sts, p all k sts)

Change to MC

Next: Beginning with knit work 3 rows in stockinette

Next: Work 2 rows in knit

Next: Beginning with p, work 6 rows in stockinette

Next: Work 2 rows in knit

Next: Beginning with p, work in stockinette until hat measures 5" from beginning, ending with a p row.

Decrease row: (K2 tog, k next 5) across.

Next row: P across.

Decrease row: (K2 tog, k next 4) across.

Last row: P across.

Cut yarn, leaving a long end for sewing. Thread tapestry needle and weave yarn through top stitches, pull tight to gather. Sew seam. Add pompom if you wish.

(c)Heartfelt Creations 2003

Reprinted with written permission from Tammy King. www.geocities.com/pmshc

Thanks to Tammy for sharing.

*"I loved you from the first."
Micropreemie bonnet by
Ro Cafaro*



I have been told that requests have been made for hats small enough to fit premature infants with heads the size of a golf ball. Sadly, we know that babies born this small just cannot survive, but that doesn't stop me from honoring their lives and families by designing hats for them to wear when they are presented to their parents. The name of the bonnet signifies how a parent loves their baby from the moment they find out that it's expected, long before it is born.

I will soon be making a small crocheted model for these and taking new pictures, until then, please bear with the photos on the patterns.

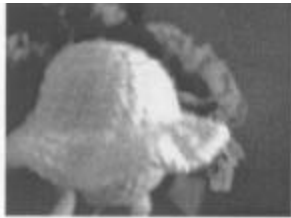
If hospitals request burial garments for micro-preemie infants or stillborn infants, this crochet pattern will provide tiny hats to fit the head size of a golf ball.

Example:

Sinai-Grace Medical Center,
Detroit Medical Center, Perinatal
Loss Coordinator
6071 W Outer Drive
Detroit MI 48235
313-966-3452
Requests burial garments for head
sizes of golf balls.

Here is Ro Cafaro's pattern. THANKS to Ro for sharing her skills with Care Wear Volunteers.
<http://www.psf.homestead.com/bonnet.html>





Beautiful Girl
Micropreemie Hat
by Ro Cafaro



I have received requests for patterns for hats small enough to fit premature infants with heads the size of a golf ball.

Sadly, we know that babies born this small just cannot survive, but that doesn't stop me from honoring their lives and families by designing hats for them to wear when they are presented to their parents. The name of the bonnet signifies how a parent loves their baby from the moment they find out that it's expected, long before it is born.

I will soon be making a small crocheted model for these and taking new pictures, until then, please bear with the photos on the patterns.

Materials Needed:

Lion Brand Microspun Yarn in blue or your choice of color

Size E Crochet hook

Yarn needle

Stitch Marker

Rnd 1. Ch 6, join. Ch 1, 8 scs in ring, join.

Be sure to use a stitch marker to know where to end your rounds.

Round 2, Ch 1, 2 sc in each st around. Join.

Round 3: Ch 1. sc in each st around, join

Rounds 4-8, repeat round 3. At end of round 8, ch 2, turn.

Round 9. hdc in each st around, join. Ch 3, turn.

*Round 10. 2 dc in same st. 3 dc in each remaining st around, join.
Finish off, weave in ends. Trim if desired.*



*Beautiful Boy
Micropreemie Hat
by Ro Cafaro*



I have received requests for patterns for hats small enough to fit premature infants with heads the size of a golf ball.

Sadly, we know that babies born this small just cannot survive, but that doesn't stop me from honoring their lives and families by designing hats for them to wear when they are presented to their parents. The name of the bonnet signifies how a parent loves their baby from the moment they find out that it's expected, long before it is born.

I will soon be making a small crocheted model for these and taking new pictures, until then, please bear with the photos on the patterns.

Materials Needed:

Lion Brand Microspun Yarn in blue or your choice of color

Size E Crochet hook

Yarn needle

Stitch Marker

*Rnd 1. Ch 6, join. Ch 1, 8 scs in ring, join.
Be sure to use a stitch marker to know where to end your rounds.*

Round 2, Ch 1, 2 sc in each st around. Join.

Round 3: Ch 1. sc in each st around, join

Rounds 4-8, repeat round 3.

Round 9. Ch 1 turn sc in each st around join

Round 10. Ch 2 hdc in each st around join

Round 11. Repeat round 5

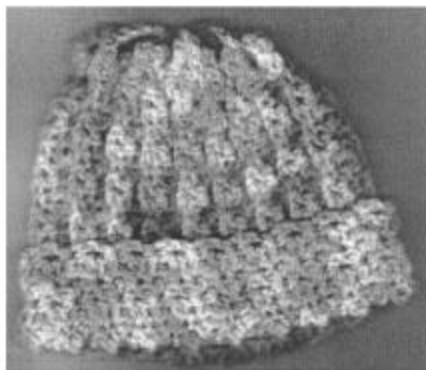
Finish off, weave in ends. Turn rows 9 through 11 up for brim.

Stretchy Crocheted Hat

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Thank you to Darcy for sharing her pattern with Care Wear Volunteers.

UPDATED!



Size H or I Hook

SOFT Worsted Weight Yarn

SOFT Baby Yarn

SOFT Baby Sport Weight Yarn

Fingering Yarn (use size G hook)

(I love using Red Heart SOFT worsted weight, Bernat Softee Baby, or Red Heart SOFT BABY but any will work)

Chain 36 (chain 40 if using a baby yarn, or see below for other sizes).

Row 1: Sc in 2nd ch from hook and in each ch across (35 sc).

Row 2: Ch 1, turn. Sc in first st, skip next st, *(dc, ch 1, dc) all in next st, skip next st, sc in next st, skip next st, repeat from * to end of row, ending with (dc, ch 1, dc) in last st. This row should measure approx. 7 1/2 - 8 1/2 inches for full-term newborn size (adjust your hook size or number of beginning chains if necessary).

Row 3: Ch 1, turn./ *sc in first ch 1 st, (dc, ch 1, dc) in next sc st, repeat from * across (use back loops only except for the 3 stitch groups on each end). Repeat row 3 for 34 more rows or until piece measures approx. 10 - 10 1/2 inches for full-term newborn size. Fasten off. Piece should measure approx. 7 1/2 - 8 1/2 x 10 - 10 1/2 inches for full-term newborn.

Join last row with beginning chain by stitching with yarn (in other words, join the two short sides of the rectangle). Gather one end for top of hat. Weave in all ends. Add a small pom-pom or flower motif on top if desired.

For preemie sizes (use a soft yarn so it isn't too bulky), pattern may be reduced by 4 (ie: ch 32 or 28 to start) and make rows until the piece measures approx. 8 inches long or less as you go down. For larger sizes, pattern may be increased by 4 (ie: ch 40 or 44, etc. to start) and increase the length accordingly.

May use fingering yarn -- use G hook and reduce or increase number of chains by 4's, just use the rectangle measurement as your guide. **The hat pictured above uses sock yarn (fingering weight) and has the addition of flower motifs on chains at the top instead of a pom pom.** Also works great for older kids using regular worsted weight yarn (just increase by 4's until you get the length you need).

Reprinted with permission from Darcy Richardson <http://www.lovinghugsfamily.com/hatpattern.html>

INSTRUCTIONS

Note: When working with more than 2 colors, wind small balls of the colors to be used, one for each separate area of color in the design. Start new colors at appropriate points. To change colors, twist the two colors around each other where they meet, on wrong side, to avoid a hole.

Strip A (make 1)

**With MC cast on 24 sts.

Work 6 rows in stocking st. Work Chart I in stocking st to end of chart reading **knit** rows from **right** to left and **purl** rows from **left** to right. With MC, work 6 rows stocking st. **

Next row: (With A, K6. With MC, K6) twice.

Next row: (With MC, P6. With A, P6) twice.

These 2 rows form pat.

Cont in pat until work from beg measures 24 ins [61 cm].

With MC work 6 rows in stocking st.

Work Chart I in stocking st to end of chart.

With MC work 6 rows in stocking st. Cast off.

Strip C (make 1)

Rep from ** to ** as given for Strip A.

Next row: (With MC, K6. With A, K6) twice.

Next row: (With A, P6. With MC, P6) twice.

These 2 rows form pat.

Cont in pat until work from beg measures 24 ins [61 cm].

With MC work 6 rows in stocking st.

Work Chart I in stocking st to end of chart.

With MC work 6 rows in stocking st. Cast off.

Strip B (make 1)

With MC cast on 25 sts.

*Work 8 rows in stocking st. Change to A and work 8 rows in stocking st. Rep from * once.

Change to MC and cont in stocking st until work from beg measures 24 ins [61 cm].

Change to A and work 8 rows in stocking st.

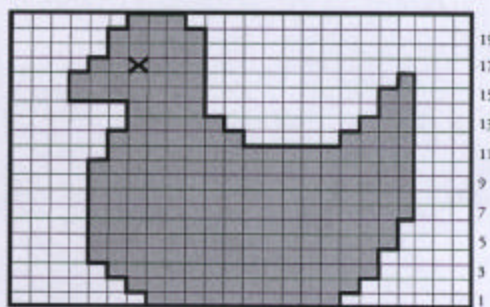
Change to MC and work 8 rows in stocking st.

Rep from * once. Cast off.

FINISHING

Join Strips tog ordered A, B, C, as illustrated.

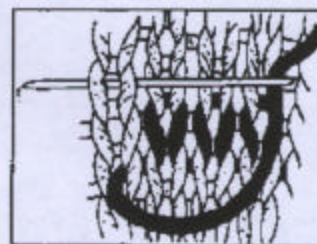
CHART I/GRILLE I



KEY/LÉGENDE

Start here
début

- = MAIN COLOR (MC)/COULEUR PRINCIPALE (CP)
- = CONTRAST B/COULEUR B



Swiss Darn
Broder

Elephant Rattle

Materials for one rattle:

- Worsted weight yarn 1 oz. main color of choice "A"
- ½ oz. contrast color of choice "B"
- Scraps of green and turquoise or colors of your choice for eyes
- 1 plastic Easter egg or L'eggs-shaped hosiery holders (containers)
- Poly-Fill stuffing
- Dried beans, rice, or other items to make finished toy rattle
- Non-toxic white glue
- Crochet hood size G or size to obtain the stitch gauge: 5 SC = 1-inch, 5 rows = 1 inch

Note: Larger or smaller sized hooks may also be used to make different sized elephant, and you may also omit rattle and make into a stuffed animal.

Directions:

Rattle: Place a few dried beans inside egg and glue shut if desired (remember to use non-toxic glue as this is for a child!).

Body (make 2 halves): With "A," 5 SC, join with SL ST to form ring, CH 1.

Rnd 1: 6 SC in ring, join with SL ST, CH 1.

Rnd 2: SC in each St, join with SL ST. (-12 SC). CH 1.

Rnd 3: * SC in next 2 SC in next ST; rep from * around, join with SL ST - (18 SC). CH 1.

Rnd 4: * SC in next 2 STS, 2 SC in next St; rep from * around; join with SL ST (-24 SC), CH 1.

Rnd 5: * SC in next 3 STS, 2 SC in next St; rep from * around; join with SL ST (30 SC), CH 1.

Rnd 6: * SC in next 4 STS, 2 SC in next SC; rep from * around; join with SL ST (36 SC), CH 1.

Continue without increasing until 12 rounds from beginning are completed. Fasten off. Repeat instructions for second half of body. Fit the two halves around the egg and stitch together.

Trunk: With "A," CH 10, join with SL ST to form a ring being careful not to twist chain; SC in next CH and in each CH around; SC in first SC and each SC. Begin each round with SC in first SC on previous round. Continue in spiraling rounds until work measures 2 ½ inches from beginning. On final round, increase 4 times evenly spaced around. Fasten off, leaving end long enough to stitch trunk to body. To finish trunk with color "B," CH 4, join with SL ST to form a ring; 6 SC in ring. Fasten off, leaving end long enough to stitch to narrow end of trunk. Stuff and sew to body.

Legs (make 4): With "A," CH 4, join with SL ST to form ring, CH 1; 7 SC in ring, join with SL ST, CH 1; 2 SC in each ST around; SC first SC of previous round and each SC around; continue without shaping until leg measures 1 ½ inches. Fasten off. Make 3 more, stuff, and stitch to body.

Ears (make 2): With "B," CH 5, SC in second CH from hook and next 3 CH, CH 1. Work 5 more rows, increase on ST at beginning and end of each row. Fasten off. Attach "A," add 3 rows SC around ear, working 2 SC in each corner. Fasten off and stitch to head.

Tail: With "A," CH 11, HDC in third CH from hook and in each CH. Fasten off, leaving long end to attach tail to body. Add tassel to end of tail and fray yarn slightly (if desired).

Saddle: With "B," CH 12, DC in fourth CH from hook and each CH to end, CH 2 work 12 more DC rows until work measures about 6 ½ inches from beginning. Attach fringe along top and bottom and stitch in place across elephant's back.

CONTINUED on the bottom of page 37.

Thank you to Tina Smith for sending this pattern.

Steph's Newborn Baby Socks using Fixation yarn and two circular needles



Materials: Scraps of "Fixation" brand yarn. (I had a small ball leftover about 7" around from a larger sock pattern. When done with the baby socks, the ball was still 6" around. This pattern does not use much yarn.)

2 pairs circular needles size 3. (I got 8 sts to the inch, what you want is to have a sock that when folded flat from the side measure almost 1 1/2" across at the cuff. This will stretch enough to put over Babies foot but will be snug enough to stay on.)

One stitch marker

Get Started:

Cast on 24 stitches. Divide evenly across needles (12, 12) Join in a ring being careful not to twist. Begin ribbing, k1, p1 (first needle is needle 1 and remaining needle is needle 2) knit circularly for 5 rows. (For a cuffed version,(shown on the right) rib for 14 rows.)

Work 7 rows in plain stockinette stitch.

Begin heel: Heel is worked on the 12 sts of needle one only

Row 1: slip one, knit across 11 sts, turn

Row 2: slip one, purl across 11 sts, turn.

Repeat rows one and two for a total of 10 rows ending with row 2.

Turn heel:

Row 1: sl 1, k6, k2tog, k1, turn

Row 2: sl1, p3, p2tog, p1

Row 3: sl1, k4, k2tog, k1, turn

Row 4: sl1, p5, p2tog, p1, turn

Eight sts should remain

Pick up gusset stitches:

Row 1:

Needle 1: Knit across the 8 heel stitches, pick up 5 gusset stitches.

Needle 2: knit across 12 stitches

Needle 1: Pick up 5 gusset stitches place marker. This marks the divide between rows until the decreases are complete. (I know this will look un-natural to you, but trust me, on the next round it will all work out.)

Row2: Starting at Marker, knit one row st st around and back to marker.

Decrease rows: Beginning of rows is always at the marker until otherwise indicated.

Row 1:

Needle 1: Knit across needle one to last 3 sts. K2tog, k1.

Needle 2: Knit across

Needle 1: k1, sl1, k1, pssso, knit to marker

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In case of questions, Stephanie's e-mail is:

SOJUSTASK@CABLEONE.NET

Row 2:

Needle 1: Knit across

Needle 2: Knit across

Needle 1: Knit to marker.

Source:

<http://members.aol.com/sojustask/babyfixation1.html>

Continue decreasing with these two rows until you end up with just two stitches before your marker. Remove marker and complete the decrease. 24 sts remain total.

Now knit around evenly on both needles until you are 2 1/2" from back of heel, that worked out to 19 rows for me.

Toe shaping:

Row 1:

Needle one: k1, sl1, pssso, knit to last 3 sts, k2tog, k1

Needle two: k1, sl1, pssso, knit to last 3 sts, k2tog, k1.

Row 2: Work evenly across both needles.

Repeat rows 1 and 2 until you have 8sts remaining (4 on each needle and yes, it can be done!)

Graft remaining sts together or if you just absolutely hate the kitchener st you can use a yarn needle and run your yarn through the sts and pull tight.

Graft remaining sts together or if you just absolutely hate the kitchener st you can use a yarn needle and run your yarn through the sts and pull tight.

Ballet-Style Slippers



<http://designsbykn.com/freepatternlink.htm> Kathy North

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DesignsbyKN@aol.com

PATTERN ON NEXT PAGE

Size: Adjustable – pattern written for women’s shoe size 9 (med/large)

Materials: Worsted weight yarn – approx. 100 yds. each of 2 colors
Size 8 straight needles (for sole)
16” circular size 8 needle, or set of size 8 double-point needles
(for slipper top)
Yarn needle for weaving in ends

Gauge: 3.5 sts = 1” with doubled yarn in stockinette st on size 8 ndls

Stitches/Terms: bind off (BO), cast on (CO), decrease (dec), knit (K), knit two together (K2tog), place marker (pm), purl (P), slip slip knit (ssk), stitch (st), stockinette stitch (st st)

NOTE: Slipper is made with yarn doubled (one strand of each color held together as one--or 2 strands of same color for solid-color slippers). Sole is made first by knitting in rows, then stitches are picked up onto circular or double-pointed needles and worked in rounds to form slipper top.

Sole

With one strand of each color held together as one, cast on 9. Work in garter stitch (knit every row) until sole measures desired length of foot from heel to toe (62 rows for woman’s shoe size 9). Do not fasten off. Mark center stitch at each end of sole. One end of sole is the heel, other end is the toe.

With circular needle or dpns , knit across 9, pick up one stitch between each ridge evenly along side of sole, knit 9 across other end of sole, then pick up one stitch between each ridge evenly along other side of sole, being sure to have same number of stitches on sides of sole. Join and place marker to note beginning of round.

Slipper Top

Rnd 1 (decrease round): Knit to 2 sts before first marked center stitch (this will be the toe end), ssk , K2, K2tog (this begins toe shaping), knit along side of sole until you reach the 9 sts at heel end of sole, work heel decreases thus: ssk , K5, K2tog, knit along other side of sole to beginning of round.

Rnd 2: Knit around.

Rnd 3: Repeat Rnd 1, working at heel end: ssk , K3, K2tog.

Rnd 4: Knit around.

Rnd 5: Rep Rnd 1, working at heel end: ssk , K1, K2tog.

Rnd 6: Knit around

Rnd 7: Repeat Rnd 1, omitting heel decreases only. Decreases are worked only at toe end from now on.

Rnd 8: Knit around.

Rnd 9: Rep Rnd 1, omitting heel decreases.

Rnd 10: Knit around, ending with an even number of stitches (decrease 1 st if necessary to arrive at an even number).

Begin ribbed edging:

Rnd 1: K1, P1 around.

Rnd 2: K1, P1 to 2 sts before center st of toe, ssk , K1, K2tog, then continue in K1, P1 around.

Rnds 3 & 4: Repeat Rnd 2.

Rnd 5: Bind off loosely in K1, P1 rib.

Kathy North trusted me to reprint another slipper pattern!

Thanks to Kathy for sharing.

LION BRAND® BABYSOFT® Crochet Layette

Skill Level: Easy

SIZE

Blanket Approx 36" x 36"

Sweater 6 mos (9 mos, 12 mos, 18 mos)

Chest 20 (22, 24, 26)"

Length 10 (11, 13, 15)"

Sleeve Length 7 (7, 8, 9)"

Baby Bonnet 12"

MATERIALS

- LION BRAND Babysoft
- 2 balls #100 White
- 2 balls # 106 Pastel Blue
- 1 ball #101 Pastel Pink or colors of your choice
- Crochet hooks size G-6 (4 mm) & F-5 (3.75 mm) crochet hooks or size to obtain gauge
- Tapestry needle
- Six 1/2" buttons

GAUGE

With G Hook: 19 sc + 19 rows = 4" (10 cm). be sure to check your gauge

BLANKET

Square

Make 25 7" x 7" squares – 8 White, 8 Pastel Pink, and 9 Pastel Blue

With G hook, chain 33.

Row 1 Sc in 2nd ch from hook and in each ch across, ch 1, turn (32 sc).

Row 2 Sc in each sc across, ch 1, turn (32 sc).

Repeat Row 2 until piece measures 7" square.

Do not fasten off.

Edging

Beginning in the corner of the square,*work 3 sc in corner, and sc evenly spaced along side of square; rep from * 3 times, ending with slip st in first sc. Fasten off.

Finishing

To assemble, arrange squares into strips as follows (see diagram):

(A) 2 strips White-Pastel Pink-Pastel Blue-Pastel Pink-White

(B) 2 strips Pastel Pink-Pastel Blue-White-Pastel Blue-Pastel Pink

(C) 1 strip Pastel Blue-White-Pastel Blue-White-Pastel Blue

and, using matching yarn, with right sides facing, whip stitch the squares together through both crochet loops of each square. Then whip stitch the strips together A-B-C-B-A. With F hook and Pastel Pink for girl or Pastel Blue for boy, join yarn with sc in any corner. Work 3 sc in each corner and 1 sc in each sc around outer edge of blanket. Join with sl st to first sc. Fasten off.

SWEATER

Back

With G hook and White, ch 49 (53, 58, 63).

Row 1 Work 1 sc in 2nd ch from hook and in each ch across, ch 1, turn [48 (52, 57, 62) sc].

Row 2 Work 1 sc in each sc across, ch 1, turn.

Repeat Row 2 until piece measures 10 (11, 13, 15)" from beginning. Fasten off.



Left Front (for girl) or Right Front (for boy)

Ch 28 (30, 32, 35).

Row 1 Sc in 2nd ch from hook and in each ch across, ch 1, turn [27 (29, 31, 34) sc].

Row 2 Work 1 sc in each sc across, ch 1, turn.

Repeat Row 2 until piece measures same as back. Fasten off.

Right Front (for girl) or Left Front (for boy)

Ch 28 (30, 32, 35).

Row 1 Sc in 2nd ch from hook and in each ch across, ch 1, turn [27 (29, 31, 34) sc].

Row 2 Sc in each sc across, ch 1, turn.

Row 3: Make Buttonhole Sc in each of first 2 sc, ch 2, skip next 2 sc, sc to end of row, ch 1, turn.

Row 4 Sc in first 23 (25, 27, 30) sc, 2 sc in ch-2 space, sc in each of the last 2 sc, ch 1, turn.

*Repeat Row 2 for next 6 (8, 10, 12) rows.

Repeat Rows 3 & 4*.

Repeat the 8 (10, 12, 14) rows between *'s 2 more times. [4 button holes made.]

Repeat Row 2 until piece measures same as back. Fasten off.

Sleeve (make 2)

Ch 34 (34, 39, 44).

Row 1 Sc in 2nd ch from hook and in each ch across, ch 1, turn [33 (33, 38, 43) sc].

Row 2 Work 1 sc in each sc across, ch 1, turn.

Repeat Row 2 until sleeve measures 7 (7, 8, 9)". Fasten off.

Assembly

Place buttonhole piece on right for girl or left for boy. Sew shoulder seams from armhole edge inward toward neck opening for 3 (3, 4, 4)" on each side. Leave rest of shoulder seams for neck opening. Place markers on sides 3 1/2 (3 1/2, 4, 4 1/2)" down from shoulder seams. Set sleeves between markers and sew in place. Sew side seam and sleeve seams. With F hook and Pastel Pink for girl or Pastel Blue for boy, join yarn with sc in bottom right corner of sweater front, work 1 row sc with 3 sc in each corner along right front, around neckline, down left front and across bottom of sweater. End with sl st in first sc, fasten off. For sleeve trim, work 1 row sc around bottom edges of sleeves, sl st in first sc, fasten off. Fold back lapels and sew 1 button at each corner to anchor. Sew buttons opposite each buttonhole.

Baby Bonnet

With G hook and White, ch 57.

Row 1 Sc in 2nd ch from hook and in each ch across, ch 1, turn (56 sc).

Row 2 Sc in each sc across, ch 1, turn.

Rows 3 – 40 Repeat Row 2. After Row 40, fasten off. Using 2 strands of White and tapestry needle, thread yarn through each space of starting ch. Gather tightly and tie securely. Sew side seam beginning from gathered top for 2", leaving 6" open for back of neck and front cuff. Fasten off. Starting at center back, with F hook and Pastel Pink for girl or Pastel Blue for boy, work 1 row sc with 3 sc in each corner evenly around entire edge of bonnet. End with sl st in first sc, fasten off. Fold back front 1" of bonnet.

ABBREVIATIONS:	
approx = approximately	sc = single crochet
ch = chain	sl = slip
rep = repeat	st(s) = stitch(es)

ABBREVIATIONS	
k = knit	sm = slip marker
K2tog = knit 2 together	st(s) = stitch(es)
p = purl	tog = together
pm = place marker	WS = wrong side
RS = right side	

Skill Level: Easy

LION BRAND® WATERCOLORS®

SIZE

6 months

MATERIALS

- Lion Brand Watercolors { 1 ball #306 Sea Blue
or
1 ball #301 Pink Petals, or color of your choice

2-needle Knit Baby Booties

website www.LionBrand.com

- LION BRAND size 5 [3.75 mm] knitting needles OR SIZE TO OBTAIN GAUGE
- LION BRAND large-eyed, blunt needle
- LION BRAND stitch markers
- 1 yd [1 m] 1" [25 mm] wide organza ribbon
- Sewing needle with matching thread

GAUGE

16 sts + 24 rows = 4" [10 cm] in Garter Stitch (knit every row).

BE SURE TO CHECK YOUR GAUGE.

STITCH EXPLANATION

M1 (make 1) An increase worked by lifting horizontal thread lying between needles and placing it onto left needle. Work this new stitch through the back loop.

BOOTIES - Make 2 Cast on 15 sts.

<http://www.lionbrand.com/patterns/kwc-babyBooties.html>

Row 1 (WS) K 7, place marker (pm), k 1, pm, k 7.

Row 2 (RS) K 1, M1, k to marker, M1, slip marker (sm), k 1, sm, M1, k to last st, M1, k 1 - 19 sts.

Rows 3-4 Repeat Row 2 - 27 sts.

Rows 5-8 Work even in Garter St, removing markers.

Row 9 K 10, k2tog, pm, k 3, pm, k2tog, k 10 - 25 sts.

Row 10 K to 2 sts before marker, k2tog, sm, k 3, sm, k2tog, k to end - 23 sts. **Row 11** Knit.

Repeat Rows 10-11 for 4 more times - 15 sts. Work in k1, p1 rib for 3" [7.5 cm]. Bind off loosely in ribbing.

finishing

With yarn and large-eyed, blunt needle, sew back and foot seam. Weave in ends. Cut ribbon into 2 equal lengths and tie into bows. With sewing needle and thread, sew ribbon to Booties.



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