



Care Wear Volunteers Inc.

Newsletter

A Quarterly Publication of Care Wear Volunteers, Inc.

MARCH 2013

Care Wear Volunteers
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PREEMIE BRADEN & GRANDFATHER

Friend & former colleague at Hood College, Tom Kranz wrote to report that his grandson Braden arrived three months early. Braden weighed 3 pounds 2 ounces and measured 15 inches in length.

I am pleased to hear that Braden is now 3 lbs 12 oz and 16.5 inches! He will be in the NICU for a few months, but will have his parents & grandparents visiting often. See page 2 for additional photos.



PLEASE be sure to send address changes & corrections to Bonnie. Bulk-rate mail that cannot be delivered is discarded.

INSIDE THIS ISSUE:

Letter from Bonnie	4
Walker Caddie Patterns	5-6
Lochlan's Hat (Knit)	14
Easy Seamed Rib-Knit Hat	17
Huggable Multi-color knit toy	19-20
Burial Gown #1 & #2 (knit)	22-24
Crochet Blanket & Pillow Set	29

THANKS FOR FULL-COLOR NEWSLETTER

I am sure that you join me in sending thanks to the donor who provided funds for the March 2013 & June 2013 newsletters—in full color. This donor does not knit, crochet, or sew, but she appreciates what we do and wishes to help. I have heard from many of you and there is

100% agreement that photos & patterns are clearer and more motivating when printed in full color. Thank you for your kind notes to tell me how much you like the newsletters in color.

Sincere thanks to donors who help Care Wear Volunteers to bring you patterns, letters, and photos in quarterly newsletters.



LEFT: Braden receives lots of love & attention from grandmother Karen.
ABOVE: Braden receives lots of love & attention from mother Teri.

FYI: Braden went home just before Christmas. *HURRAH!!!!*



January 6th Update:

I had to share the latest pix of the grandson--going on 3 months old-- up to 7 lbs. 4 ozs. Not bad after a 3 lb. 2 oz. start.

Tom



2



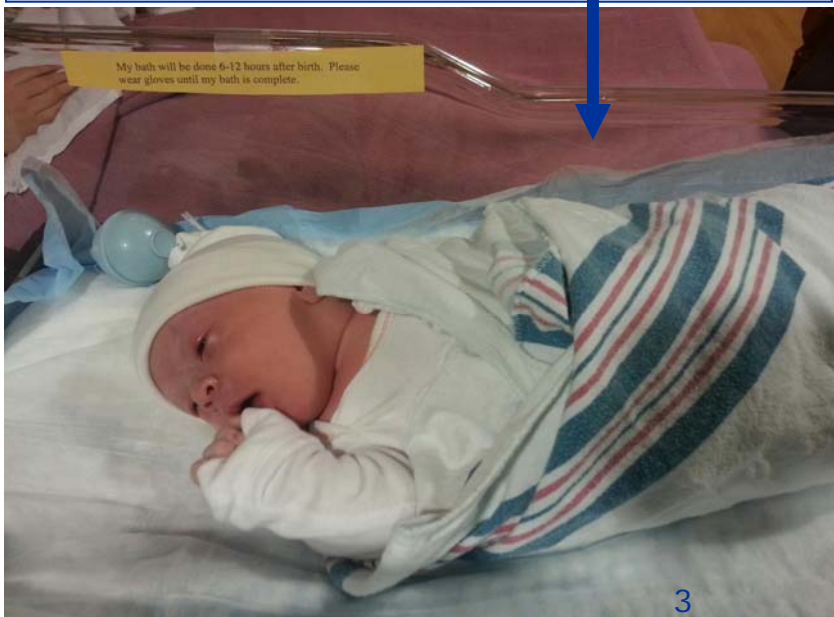
Introducing Christopher Maddox Comegna who was born at Shady Grove Adventist Hospital. Maddox was 2 lbs 4 oz (13 1/2" long). His great grandmother Carol, a friend & Care Wear Volunteers participant, made his hat. Maddox will be staying a while in the NICU at Shady Grove.



Here is Maddox weighing in at 5 pounds. Carol sent this photo just before this newsletter issue went to print: Monday, January 28th. WONDERFUL to see Maddox growing larger and stronger! Hopefully, he will be going home soon.



Introducing Jude Aloysius Marsh 8 lbs 15 ozs, 20 inches Jude was born January 12th at 6:14 pm at Frederick Memorial Hospital (Frederick, MD). His great grandmother Carol is enjoying this second new arrival to the family. Happily, Jude was not a preemie!



SHAWLS

Many readers are making shawls and a few have asked me about required size & shape. There are no requirements except that the shawl be comforting & sufficient size to warm the recipient. Triangular or rectangular shapes are both fine. Several readers used the shawl pattern reprinted on page 9 of the December 2012 newsletter. For more information about the prayer shawl ministry started in 1998 by Victoria Galo & Janet Bristow, you might wish to read the book (*Knitting into the Mystery* by Susan S. Jorgensen and Susan S. Izard) dedicated to their ministry. That shawl pattern was Galo & Bristow's original prayer shawl pattern.

Letter from Bonnie...

I send best wishes to everyone for a happy and healthy new year! Sincere thanks to everyone who sent Christmas cards. The photo on the right shows my office door where I displayed your cards. I enjoyed reading your messages and good wishes and I thank you very much. I wish that I could send a card to all of you. Please accept my belated good wishes and best wishes for 2013!

I enjoyed the Christmas holiday with family members and friends. Happily, my sister and her two daughters live nearby. We enjoyed Christmas Eve and Christmas Day together.

As 2013 came to a close my husband & I gave thanks for our many blessings. We did have some health issues that caused us to postpone an overseas trip that we had planned for October/November, but that was a cautionary step. Thankfully, those issues are no longer problems.

One of my blessings is the activity of Care Wear Volunteers. This organization has grown larger than I could ever have imagined & is proof that individuals can make a difference in this world. As a retirement project, Care Wear Volunteers is a WIN-WIN arrangement for me. I enjoy keeping busy and productive—at a less stressful pace than while employed.

I am looking for a larger office space in Frederick, but have not yet located a space that is convenient (short & flat distance from curb parking to front door of office), near my home, and low cost. IF anyone has a suggestion or knows about a space that is available for commercial rent, please let me know. I am looking for a space approximately 12' x 20' (240-250 square feet). I am currently renting a 9' x 15' office (135 square feet) and it's VERY crowded. For the most part I am in the office alone, as this is a one-person organization, but I would like to have a little more space for storage, visitors, and a work table. I appreciate having a window, but would like one that could open, weather permitting! That is not critical. Convenience to my home in Frederick city and a safe location are most important.

Thanks for alerting me if you know of a rental space. 301-620-2858 or carewear@comcast.net

IF you sew and need assistance with

4

continued on p. 5



HOSPITAL UPDATE

~~Johns Hopkins Children's Ctr
Child Life Services
Blalock 174
600 North Wolfe Street~~

is changed to:

CHILD LIFE DEPARTMENT
Bloomberg Children's Center
Room 7217
Johns Hopkins Hospital
1800 Orleans Street
Baltimore MD 21287

Same telephone:
410-955-6276

childlife@jhmi.edu

fabric, please consider this project and offer for fabric.

Frederick Memorial Hospital receives operating room equipment wrapped in a blue nonwoven cloth (double layer of a nonwoven fabric like many supermarket shopping bags). This fabric is soft and very strong. An employee from the operating room called me to offer this fabric for walker caddies and/or tote bags. Over the holidays I took a bag of it and made samples. It is easy to cut and sew and if you have a serger, it is a quick and easy project! See photo:

I was able to cut FOUR of the Care Wear Volunteers walker caddies (shown at right) from one double-layer piece of the blue nonwoven fabric.

This pattern is found on page 53 of the revised Pattern & Information Book and on page 54 of the older edition (yellow cover—January 2004 edition).

It is easy to adjust this pattern to create a walker caddie that wraps over the handle of the walker and fastens with Velcro.

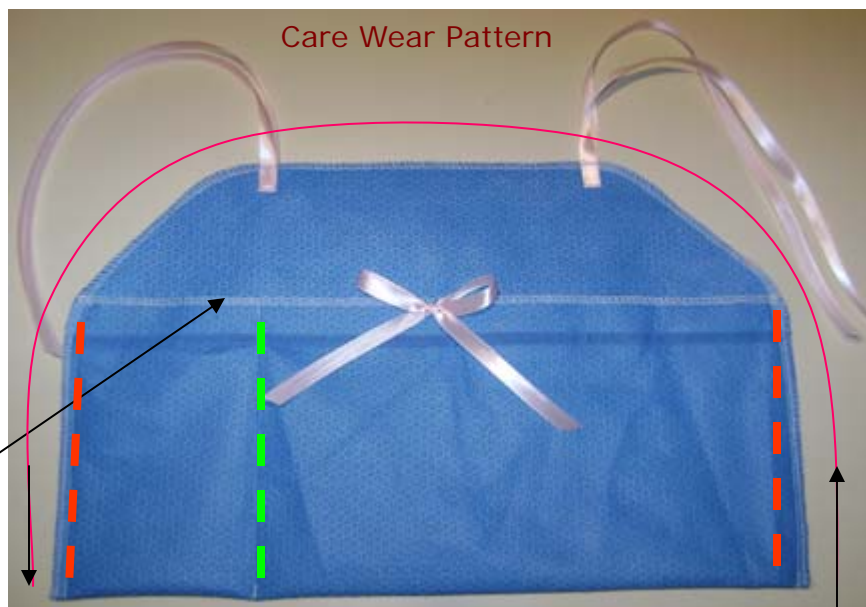
Using my serger, I serged the horizontal upper edge, then folded up the pocket, and serged up one side, across the top, and down the other side. Then I stitched along the sides to strengthen (see red dotted lines) and down the pocket (see green dotted lines) to create one small pocket (for eye glasses, etc..) and one larger pocket. Last, I attached ribbon for the ties.

Instead of tossing this fabric into the trash, it will be collected and I will pick it up at the hospital. If you live in the Frederick area, please contact me to stop by the office to pick up a supply. If you would like me to mail some, let me know. LUCKILY, the fabric is light weight. I am sure that nursing homes and other hospitals would welcome having free walker caddies to distribute to patients who are new to walkers and wheel chairs. Frederick Memorial Hospital (Attn: Volunteer Services, 400 West Seventh Street, Frederick MD 21701) welcomes walker caddies.

Note: I used leftover ribbon (Pink with bow, grey, white, and blue) on my samples. Gender neutral colors would be ideal, but you can use what you have on hand. Ribbon should be at least 1/2" wide. You could make ties using the blue fabric, too. Velcro fasteners at the ends would be easy to close and would stay secure. You can sew down the center for two equal-size pockets, too.

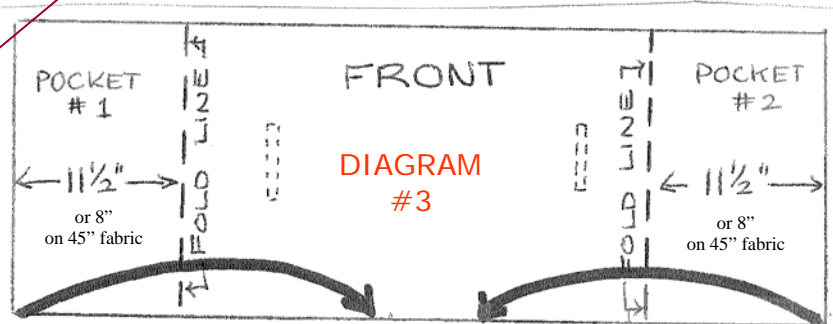
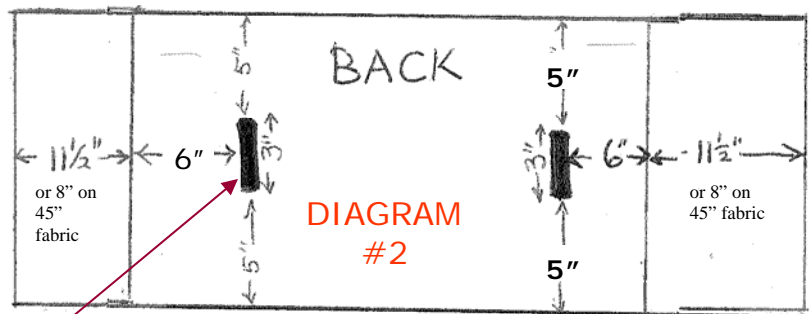
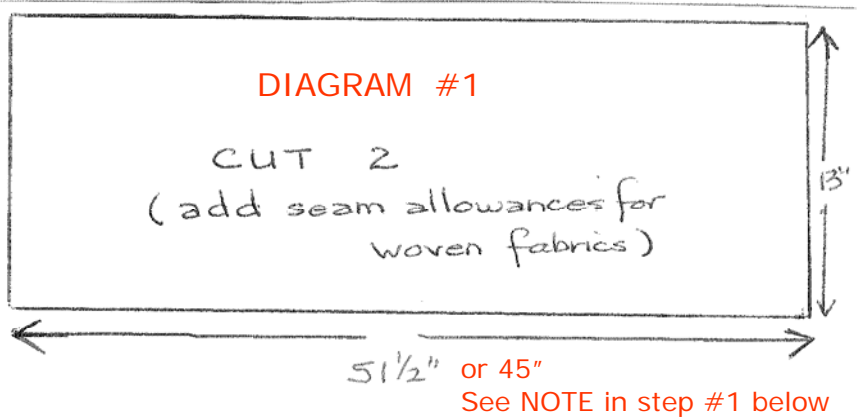
This walker caddie pattern (with directions) is on the website (www.carewear.org) in the PATTERNS section on page 53 of the revised 2012 Pattern & Information Book that is posted in pdf format. NOTE: It is simple to make the pockets on this caddie deeper. Before cutting out the fabric, lengthen the pattern 4"-8".

For another style of walker caddie, please turn to the next page (page 6) for the saddlebag style caddie that Frederick Memorial Hospital likes to use. The pockets on this caddie are deeper and the caddie is positioned over the handlebar of the caddie and fastened with a 3-inch piece of Velcro.



FREDERICK MEMORIAL HOSPITAL WALKER CADDIE

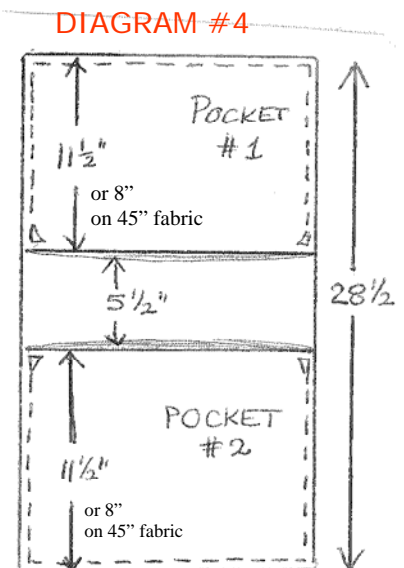
Here is the saddlebag-style walker caddie bag with deeper pockets. Pattern dimensions and directions are below. This caddie is cut from the free blue nonwoven fabric that is recycled from the Operating Room of Frederick Memorial Hospital. Please consider making walker caddies for FMH or your local hospital, nursing home, or rehab center.



DIRECTIONS:

1. Cut 2 pieces 13"x51.5" Add seam allowances, if using a woven fabric. **NOTE: Some of the blue nonwoven fabric is 45" square. Adjust the pattern from 51.5" down to 45". (8" deep pockets)**
2. **WOVEN FABRIC:** Place woven fabric right sides together & sew around all four sides—leaving an opening for turning to the right side. Turn to right side & press flat. Slip stitch opening closed.
3. Through both layers attach 3" pieces of Velcro to the **BACK**—in the position shown in **Diagram #2**. See photo & diagram above.
4. **BLUE NONWOVEN FABRIC:** Serge/Overcast around the outside edge to hold the 2 layers together & add a decorative effect.
5. Fold up Pocket #1 & Pocket #2 (11.5") as shown in **Diagram #3**.
6. Stitch around the two pockets as shown in **Diagram #4**.
7. Fold the walker caddie in half like saddle bags. See photo above. (This photo is hanging over a yardstick.)

Frederick Memorial Hospital appreciates having walker caddies for patients. Address: Attn: Volunteer Services, 400 West Seventh St. Frederick, MD 21701



Not long ago I received a letter (dated 1/7/2013) from Frances Wade to share 2012 donation totals for the Care Wear group at The Church of the Holy Spirit in Wayland, MA. (See her note on page 10 of this newsletter.)

This past weekend I heard from Frances' husband that she passed away on January 25th. I was very saddened to hear this. Mr. Wade wrote, "...the work she did with your organization was her most important single activity, other than spoiling her grandchildren, for many years..."

Frances will be missed.

It was with great sadness that I learned of the passing of Peggy Ficken. Each month Peggy wrote to provide an update on the work of the Ladies of Fanwood Presbyterian Church. Peggy was very proud of their long list of donated items each month. I know that she contributed to the total count, too.

I have included this small picture of a Chinese building because Peggy often wrote about growing up with missionary parents in China. She loved the few items her parents were able to save and bring home after the war started.

It was my pleasure to know Peggy through her letters and cards. Sincere sympathy to her family. Peggy will be missed by family, friends, and many young hospital patients.



Care Wear Volunteers received a memorial donation from Trudie Thompson in memory of her mother Mildred Thompson who was a great supporter of Care Wear Volunteers



Care Wear Volunteers received a memorial donation from Mr. & Mrs. Bernard R. Wallace in memory of Mrs. Tracie Marcus



Care Wear Volunteers received a memorial donation from Mr. & Mrs. Bernard R. Wallace for Kid (a faithful & devoted companion dog)



Care Wear Volunteers received a memorial donation from Mary LaCorte in memory of James N. LaCorte

Care Wear Volunteers received a memorial donation from Janis Lingenfelter in memory of her husband Warren who died October 20, 2012 .



Sincere thanks to everyone who helped with the mini-stocking project for Frederick Memorial Hospital Regional Cancer Therapy Center. Here is a photo of the tree in the Center with an assortment of the stockings (filled with hand/body lotion donated by area motels and Care Wear Volunteers participants and candy canes (for children).

Around the middle of December the Center began distribution of the stockings to patients. We delivered around 400 of these stockings and hope that they brought holiday cheer to patients.

On November 11, 2012 Tollie Thomas sent this photo with her final donation for the year 2012 to the NICU at Children & Women's Hospital in Mobile. She wrote, "...I have enjoyed, but I know I won't complete anything else before Christmas..." How I enjoy seeing donated items! Thanks to Tollie and all of you who have delivered/mailed completed items to warm & comfort young hospital patients!

Friend Jane Arney (Florida) wrote that she mailed a box with more than 200 hats, booties, and other layette items to a Birthing Center in MO. She wrote, "...I'm having a ball. I don't leave home without a hook & yarn..."

Thank you to Jane and to all of you for sharing your time & talents to warm and comfort babies.



Barbara,

I just wanted to let you know how much I appreciate your generous donation. Please accept this as a token of my gratitude.

Best Regards,
Tanisha Dickens



Tanisha K. Dickens RNC-OB
Department Administrator
Labor and Delivery Department

West Los Angeles Medical Center
6041 Cadillac Avenue
Los Angeles, CA 90034
Office: (323) 857-3143
Fax: (323) 857-2497
Cell: (323) 513-7686
Pager: (323) 857-2500 #1213

Tanisha.K.Dickens@kp.org
www.kp.org

Letters.....



Hi,

My daughter was born June 8th at West Penn Hospital, & while she was in the pediatric unit she received a beautiful, purple sweater set. The set consisted of a sweater, baby hat, child's hat, & matching booties made by Deb Lovewell. My husband, daughter, & I would like to thank her for her beautiful donation. Our daughter is doing wonderful & is now 5 months old! She looks adorable in the sweater, hat, & booties. Thank you very much!

Sincerely,
Amanda Rich

Dear Ellen:

The Obstetrical Staff at Gettysburg Hospital wish to thank you and Care Wear Volunteers for the three (3) hand-made burial gowns we recently received from you for our patients.

We can never express enough how much our grieving families appreciate this loving and thoughtful tribute.

Again, thank you for this loving and caring gesture.

Sincerely,

Laura A. Swomley, BSN, RN, NE-BC
Nurse Manager Obstetrics
Gettysburg Hospital

147 Gettys Street
P.O. Box 3786
Gettysburg, PA 17325-0786



The Salem Place Nursing & Rehabilitation Center (2401 Christina Lane, PO Box 1408, Conway, AR 72034) wrote to thank Mrs. Anita Beasley for the prayer shawls she made & donated to that facility on behalf of Care Wear Volunteers. The letter ended with, "...We are greatly thankful & appreciate her generosity. Thank you!"

Hi Sharon,

We received a large bag full of beautiful handmade walker bags today! I am told they came from you and your department? What a wonderful surprise. We are eternally grateful to your group for these bags. Our patients are always in need of a walker bag, and none are as delightful as these handmade ones!!

Our patients will be thrilled. So please extend our heartfelt thank you to whomever contributed to this gift.

We love them, and so will our patients!!!

Linda

Linda J. Teodosio, PT, DScPT
Rehab Manager
FMH Home Health
(office) 240-566-3020
(cell) 240-357-7243
(Fax) 240-566-3984
lteodosio@fmh.org

NOTE: Sharon Hannaby, Director of Volunteers, Frederick Memorial Hospital sent walker caddies (received from Make a Difference Day and samples using blue nonwoven fabric that I made) to several departments at the hospital. Here is one enthusiastic response!

"You may be one person in the world, but you may be the world to one person." (Ghandi)

BALANCE is the Key to Life.....

Bonnie,
 I mailed 83 crocheted baby hats to Children's National Medical Center on December 11, 2012. These were made by two ladies in Pennsylvania who are cousins of a member of Green Valley CEOs in Mathias, West Virginia. (Community Education Outreach Service)



Thank you
 Mary Umstead

BELOW: Everyone at South Bay Medical Center (Labor & Delivery/Postpartum, 25825 S. Vermont Ave., Harbor City, CA, 90710) was delighted to receive burial garments, hats, & blankets for their NICU.

January 7, 2013

Dear Bonnie,
 The Care Wear Volunteers Group at The Church of the Holy Spirit in Wayland, MA had another rewarding year in 2012. We delivered more than 750 items to Metro-West Hospital in Framingham & Emerson Hospital in Concord. The total included hats, blankets, sweaters, booties, stuffed bears, quilts, and small Christmas stockings for the nurseries as well as oncology hats. The enthusiastic responses we receive from the nurses at both hospitals make it all worthwhile. We are busy making holiday hats, etc. for Valentine's Day babies.

Happy New Year and thank you for all that you do.
 Sincerely, Frances Wade

KUDOS to Marion MacDonald
 For her work to organize Make A Difference Day programs at St. Mark's Episcopal Church in Palm Beach Gardens, FL. Her 17 participants had a great time stuffing over 250 bears! On Sunday mornings Marion puts out patterns, yarn, & information about Care Wear Volunteers' work. THANKS for all that she does to recruit participants to share their time & skills.



Dear Heather,

The nurses and administration staff are so appreciative of the beautiful touching outfits that you knitted for our special little ones. It is always a hard time for the family and nurses and this caring touch will help make it special. From the bottom of our hearts we thank - you.

Thanks for

Comie Seelinger + Management South Bay Kaiser

Donna M. MacDonald RN

Brando USA

Ellen Basso RN

Thank you!

Young Kim RN

Thank you!

Olga Tyler RN

Joke RN

L&D

*South Bay Medical Center
 Labor & Delivery Postpartum
 25825 S. Vermont Ave.
 Harbor City, CA 90710*

10



Dear Bonnie ,
 Thank you for the beautiful handmade burial layettes.
 We know the parents who receive them will be blessed by your kindness. We appreciate the loving work that went into making them more than you can ever know.
 Each gown, hat, bootie and blanket is unique and precious.
 Gratefully, The Kaiser Permanente Orange County Perinatal Bereavement Committee

*Bonnie,
 Thank you for the beautiful handmade premie and burial layettes. Each one is so unique and precious. We know the parents who receive them will be blessed. Our staff and I will be Colleen Weeks, Committee Co-Chair*

*Bonnie,
 Thank you for the layettes are beautiful! Thank you so much for your efforts. Sandy Schindler, Perinatal Service*

*Your time and kindness will get so much love from your gifts.
 Olga*

*Bonnie,
 Thank you for the precious gifts to our local medicine library
 Local Medicine Library*

*Bonnie -
 Thank you for these beautiful layettes. These are so wonderful. Our parents are so appreciative. Thank you for your work & dedication
 Charlie Chee
 Committee Co-Chair*

Thank you so much for taking your time to make such beautiful layettes. Nancy (EP)

KAISER PERMANENTE
 Colleen Weeks, LCCE, CLE, CSE
 Prenatal Education Project Manager
 Health Education Department
 6650 Alton Parkway, Office 5242
 IRVINE, CA 92618
 949-932-2575 colleen.k.weeks@kp.org



THANKS!

Dear Bonnie,

As you may recall, for many years I have applauded and supported the work of Care Wear Volunteers. This year I decided I would solve the gift-giving dilemma by sending a donation to Care Wear Volunteers in celebration and honor of my children (son and daughter), daughter-in-law, grandchildren (all adults) and the little great-grandchildren (4 ½, 1 and "to be" in March, all of whom live in California).

So, here you are – a check (\$250) for the purpose I specify above. Use as needed as you continue to help comfort infants and children.

Best wishes,

Joyce



HOSPITAL UPDATES NEEDED

Does anyone have updated contact information (e-mail addresses, contact names, etc..) for the following hospitals?

HEALTH ALLIANCE
 Leominster, MA

METROWEST MEDICAL CTR

SOUTH SHORE HOSPITAL

E-mails were returned or never answered. Perhaps there have been staff changes.

Thanks for your help!

HOSPITAL UPDATES

Care Wear Volunteers received a telephone call from Elaine Archuleta, Desert Regional Medical Center, 1150 N. Indian Canyon Dr., Palm Springs, CA 92262 to request BURIAL GARMENTS in premie sizes.
 #760-323-6554
 Elaine.Archuleta@tenethealth.com

MedStar Georgetown University Hospital
 Attn: Linda Kim, Child Life Program
 3800 Reservoir Road, NW
 CCC Building C 5405
 Washington, DC 20007
 Needs: Requested the full range of premie size HATS for their NICU.

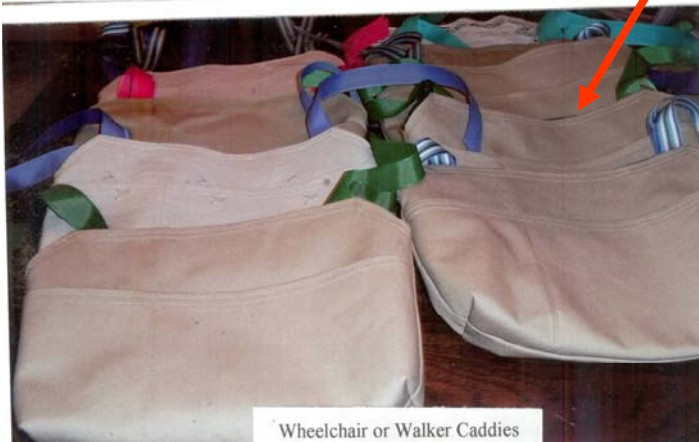
Healthy Start Coalition of Osceola County
 1014 Pennsylvania Avenue
 Saint Cloud FL 34769
 407-891-9199
 Kerriann Linville, Program Specialist
 kerriannhealthystartoc@earthlink.net
 Needs: Premie & Full-Term hats, booties, blankets or quilts (24" square and larger).



Lydia Hernandez of the Ohio Spirited Hands Care Wear Volunteers group writes regularly to summarize the group's projects. In October & November, they were dedicated to help the homeless by making scarves, hats, & quilts using donated cones of wool yarn. They were sure that their donated items were put to good use when the cold temperatures & the snows arrived. After helping the homeless, they decided to make walker/wheelchair caddies. They sewed using the assembly-line procedure to accomplish more in less time. The caddies were donated to Englewood Manor Nursing Home in Englewood, OH. The next sewing projects were the Ambulatory EEG Cinch Bags for Dayton Children's Hospital. This hospital also received several quilts. Crocheted hats, booties, & blankets for preemies & newborns will be sent to Lurie Children's Hospital in Chicago. See their photos at left & on page 13 on the right.



With all our love and care to Jonah Isaacs, a preemie born on Nov. 9th in Chicago.



Thanks to Lydia Hernandez for writing & sending photos.

Mildred Ambrose (CA) sent photos of judges holding her "Bev's Hexagon Granny Square Jacket" (2nd prize winner in a Granny Square Contest) and a delivery of angels (350 made by her sister Dorothy & 150 that she made for Loma Linda Hospital).



NEW HOSPITAL

Henry Ford Hospital
Attn: Nurse Manager of the NICU
2799 West Grand Boulevard
Detroit, MI 48202

Needs: Burial Gowns in all sizes.
Contact Person: Tania Newman
313-999-0917 tnewman1@hfhs.org



Mini burial sacque and hat

Lily, our Chinese friend delights at her first crochet projects

*The Ohio Spirited
Hands Care Wear
Volunteers*

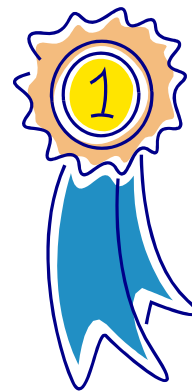


Ambulatory EEG Bags

Photos continued from page 12.



Denise Colucci (third from left) hosted our Christmas Luncheon at her house.



Sylvia Beamer (Randolph Hospital, PO Box 1048, Asheboro, NC 27204) wrote to thank Jean Corazza for a delivery of IV covers. Jean had "vacuum packed" her IV covers and Sylvia was most impressed—showing her colleagues how clever the packaging was. BUT, the contents were most appreciated. Sylvia sent thanks to Jean and others who are sending IV covers and other needed items. Thanks to Jean Corazza for all that she does.

LOCHLAN'S HAT (December 2012 newsletter-page 1)

I received several requests for the pattern for the hat pictured on page one of the December newsletter.

Faith Holcombe was kind enough to provide details:

Size 7 needles

Caron's Simply Soft (Medium)

Cast on 44 stitches.

FLECK STITCH (a multiple of 12)

Rows 1 & 3: Knit

Row 2: Purl

Row 4: k1, p1, across

Faith said that she knits the first 4 stitches, then does 3 repeats of the pattern (36 sts), then knits the last 4 sts.

Length of hat: Approx. 4 1/2" (begin decreasing at 4")



Letter to Joanne Huff (Scrub Cap Coordinator, Officers' Wives Club of Frederick) from CPT Reer, who is a physician's assistant at a Mild Traumatic Brain Injury Clinic in Afghanistan, in response to a box of scrub caps (made by Care Wear Volunteers and local individuals). Second note from Joanne to Bonnie.

Joanne,

I want to thank you, the Officers' Wives Club of Frederick (OWC) and Care Wear Volunteers for your gracious support. Many lives were touched by your package. The scrub caps were also passed along by Captain Kinnard to the hospital (role 3) surgical staff. Due to her role at role 3, she seemed to be the best person to pass along the scrub caps. They brought many smiles to the nursing & surgical staff. I have a special request for more scrub caps if this request can be filled. A personal friend of mine is currently the officer in charge of a forward surgical team (FST). Because of their FST capabilities, they provide life sustaining surgical support in a mobile support outside the comforts and safety of our hospital (role 3), therefore they encounter many dangerous situations on a nearly daily basis. This team has some really difficult & emotionally draining situations involving casualties & service members who were severely injured. The decorative scrub caps would be a perfect morale booster to let them know that they are being supported by men & women back at the States.

I would also like to personally thank you for the Christmas gift bags & decorations from you and your family. They help spread the Christmas/Holiday cheer! Thank you again! :)

Very respectfully,
CPT Theresa Reer



Bonnie, I know I've told you how very much I personally appreciate all the generous donations made by Care Wear Volunteers, but I hope you realize just what a morale booster these scrub caps are to the deployed medical staffs who take such good care of our troops. Can you imagine what it must be like to treat severely wounded soldiers day and night, many with life-threatening wounds who might not survive despite your best efforts? These nurses, doctors, and medics cannot go home to their families & have a nice warm meal, play some golf, watch TV sports, and generally just unwind & relax... there is always another wounded/injured soldier to be treated. Anything that can help relieve the tension & stress they endure is welcomed... The scrub caps from Care Wear Volunteers help to relieve some of this. Your volunteers are a God-send!

Thank you so much!

Joanne

Hi Bonnie,

I apologize for the tardiness of this note. Wanted to let you know your box of beautiful things arrived just before Christmas. And, unfortunately we have already put 4 gowns & blankets to use. 4 of the babies were delivered in Minneapolis and another 34 week baby girl will be delivered tomorrow. We can't thank you enough for your generosity. I do hope that the families will send you notes but in case they don't, please know that knowing that these precious babies will rest eternally in such lovely clothes is such a comfort to the families.

I'm wondering if you would like to have fabric and lace donated? I have a couple of fabric stores that would gladly donate remnants for your work.

Thank you ever so much again. Please tell your seamstresses how much peace the gowns and blankets bring to these families.



Shauna Libsack
Star Legacy Foundation
shauna@starlegacyfoundation.org

NEW HOSPITAL

Cone Health
Attn: Susan Kalstrup, CTRS/LRT
1200 North Elm Street
Greensboro NC 27401-1020

336-832-7207
336-832-8163 fax
www.conehealth.com
Susan.kalstrup@conehealth.com

NEEDS:

Quilts, Medical-Surgical Dolls
Contact Susan to discuss options
for other donated items.

Triplets in California—not low birthweight!



MANNY CRISOSTOMO/SACRAMENTO BEE VIA ASSOCIATED PRESS

Jason and Brittany Deen appear in Sacramento with their triplet sons, from left, Sidney, 7.8 pounds, Jenson, 5.5 pounds, and Elliott, 7.3 pounds. They are the heaviest newborn triplets in the world.

NEW HOSPITAL LISTING

Mattie's Memory (new organization that awaits nonprofit status approval from IRS)
1334 Minnesota Avenue #5
South Milwaukee WI 53172
Contact Person: Hazel Flint
414-581-0374 or 414-243-0368

Assembles bags with a hat, blanket, and a small bear to donate to Columbia St. Mary's Hospital in Milwaukee. Blankets to fit a bassinette in gender neutral colors. Hats in micro-preemie to full term size.



Connor Ditto, the first baby to be born in 2013 at Frederick Memorial Hospital, sleeps in his mother's arms Tuesday at Frederick Memorial Hospital.

Staff photos by Travis S. Pratt

Connor Ditto, the first baby to be born in 2013 at Frederick Memorial Hospital (Frederick, Maryland) is pictured at left. He is wearing an adorable brown knitted hat.

Connor was born at 11:28 am on January 1, 2013. He weighed 7 pounds 12 ounces and was 19 1/2" in length.

Photograph & article:
Frederick News-Post

Bonnie,

I wanted to send you a picture of the Medical Dolls I made for Cone Health. I will be delivering them along with quilts before the end of January. My personal goal is to donate five quilts each month.

Thanks, Deborah French

How adorable!!!



HOSPITAL UPDATE

Abington Memorial Hospital
Attn: Volunteer Resources Do-
nations Program Coordinator
1200 Old York Road
Abington PA 19001
215-481-2490

Needs: Premie & full-term hats, booties, sweaters, blankets. Quilts for Pediatrics. Hand puppets, stuffed animals, walker bags, adult blankets/quilts, mastectomy bags, head scarves & adult chemo hats. NODA quilts (No One Dies Alone) for terminal patients. No longer requesting knitted stress balls. Contact Diane Curran (manager), Elizabeth Bell (Director), Sheila (Director of Sewing Program) or Trish Stafford (Office Coordinator).

EASY SEAMED RIB-KNIT LARGE PREMIE/NEWBORN HAT by Rachel Bonitz
(raefahnel@yahoo.com)

This hat came about when I got a new skein of yarn and I started playing with it. I had a 20" circular needle that I like using as straights, no pattern, but I knew I wanted to make a baby hat for the hospital. After I made a couple I decided that it would be a nice pattern to submit to Care Wear Volunteers.

YARN: Soft worsted weight yarn (number 4)
I used Red Heart With Love.

NEEDLES: US size 6 needles,
or a 20" or longer circular to be used as straights.

YARN NEEDLE

Cast on 56 stitches loosely.

Knit one, purl one across. Turn.

Row 2: Knit the knit stitches and purl the purl stitches across. Turn.

Repeat row two for a total of 6".

Decrease as follows:

Decrease row 1: Knit 2, purl 2 together across.

Decrease row 2: Knit 2, purl 2 across.

Decrease row 3: Knit 2 together across.

Decrease row 4: Purl back

Decrease row 5: Knit 2 together across.

Break yarn, leaving a 20 to 24 inch tail. Thread onto yarn needle, draw through remaining stitches. Sew seam, reversing seam on the last 1½" for fold-up brim.



Letter from Bonnie continued.....

Somehow my letter from pages 5 & 6 rambled into patterns, photos, and letters! I will try to finish that letter here.

THANK YOU to everyone who sent photos, patterns, and letters. I enjoy hearing from everyone and seeing what you make & donate. Including your photos in newsletters will inspire others.

FYI: At the end of February the Care Wear Volunteers website (www.carewear.org) will be updated & moved to a new hosting company. The website will have helpful search capabilities (search for patterns and search for hospitals). Many thanks to new Care Wear Board member Dr. Elizabeth Chang for enlisting her web design class at Hood College to work on our website.

The next newsletter will be the June issue. Wishing everyone a very happy spring! By the time you receive this there will be wonderful signs of spring. Yellow jonquils are my favorite!

Happy Spring!

Bonnie

PS. Care Wear Volunteers received a lovely thank you letter from the Child Life Department of Johns Hopkins Children's Center. Patrice Brylske sent thanks for a delivery of hand crafted blankets. Please note their new address (page 4).

APPLIQUES

Heart appliques can be used on infant's clothing any time of the year—not just at Valentine's Day. Here is a cute pattern for hearts for you to copy on kimonos, gowns, blankets, etc.... (Full size on page 19.)

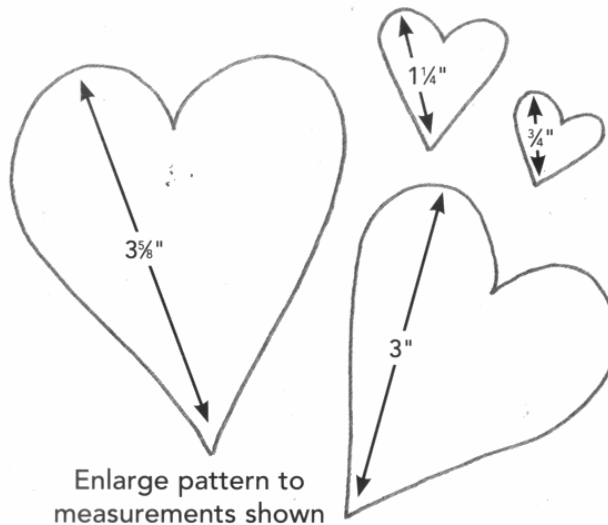
SUPPLIES & TOOLS:

- Interlock knit: 1/8 yd each: 2-3 colors for applique
- 3/8 yd Interlock knit print fabric
- 1/4 yd of 1x1 rib
- 12"x12" HeatnBond® Lite
- Gerber® Onesies® garment & knit cap
- Coordinating thread
- Sewing machine, basic sewing supplies
- Iron & pressing surface

DIRECTIONS: Designed for 6 to 9 month size.

APPLIQUED ONESIES® GARMENT & CAP:

1. Fuse 4"x4" HeatnBond® piece to wrong side of each solid knit fabric, following manufacturer's instructions.
2. Trace pattern; cut 2 large hearts & 2 small hearts from fused knit fabric. Fuse large hearts to front of Onesies® garment and small hearts to front of cap. Straight stitch around hearts at edge.



LEG WARMERS: All seam allowances 1/2". Use small zigzag stitch. RS = Right side(s). WS = Wrong side(s).

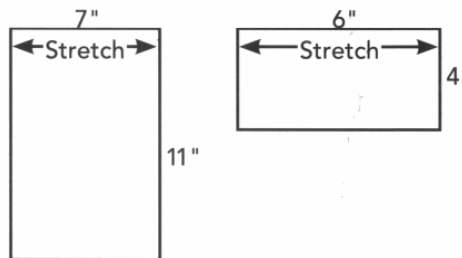
CUTTING:

Interlock print: Two 7"x11" leg pieces; two 6"x4" cuff pieces.

1x1 rib: Two 6"x2 3/4" thigh cuff pieces.

ASSEMBLY:

1. Fold leg piece in half lengthwise, RS together. Stitch along long edge. Trim seam; turn RS out.
2. Fold ankle cuff in half, RS together to 3"x4". Stitch 4" edge, trim seam, turn RS out.
3. Fold cuff piece in half, WS together. RS together & raw edges even, pin ankle cuff to bottom opening of leg piece. Stretch cuff piece to fit; stitch & trim.
4. RS together & raw edges even, fold thigh cuff in half to 3"x2 3/4". Stitch along 2 3/4" edge. Trim & turn RS out.
5. Fold thigh cuff in half, WS together. With RS together & raw edges even, pin thigh cuff to top opening of leg piece. Stretch 1x1 cuff piece to fit. Trim seam. Repeat for second leg warmer.



NEW HOSPITAL LISTING:

Frederick Rescue Mission
419 West South Street
Frederick, MD 21701

Needs: hats, gloves, scarves for men in winter
Also, clothing (new & gently used) for men
Also, grooming aids for men and food for the kitchen in the shelter.

Created by Jo-Ann Fabric and Craft Stores®

Skill Level 2: Some experience necessary

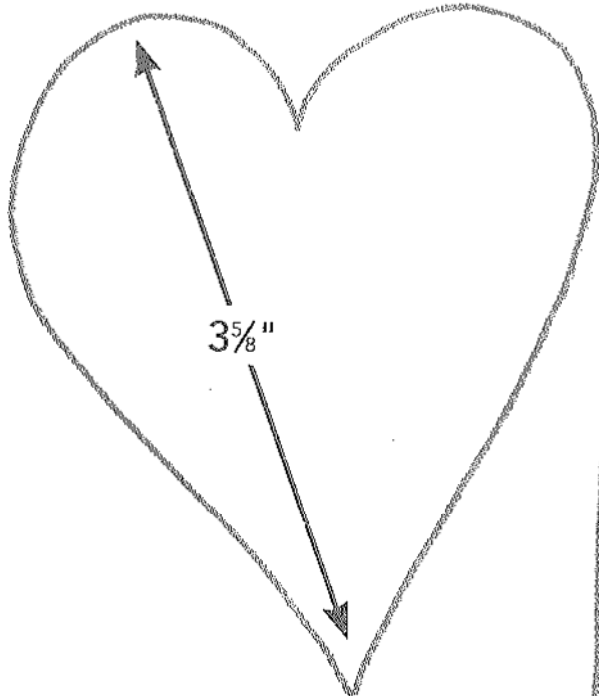
Approx. Crafting Time: 2 hrs

Please read and follow all manufacturers' instructions for all tools and materials used.
Provide adult supervision if children participate in this project.
©2012 Jo-Ann Stores, Inc.

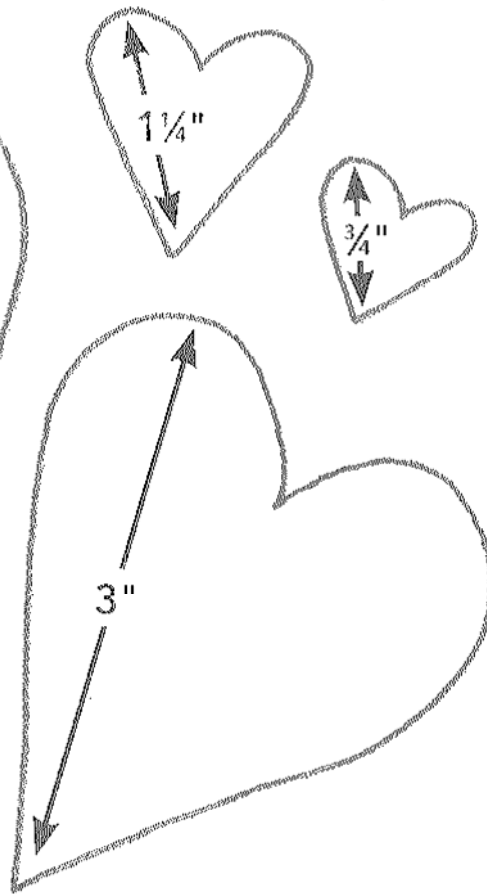
JO-ANN
fabric and craft stores®

reorder: idea center swng #36 • version 213-163P28

Up 7/1/12



Enlarge pattern to measurements shown



ALBANY MEDICAL CENTER (518-262-3491)
 Attn: Volunteer Services—MC 110
 43 New Scotland Avenue
 Albany, NY 12208
 Kim Read, Volunteer Services has a detailed list of their needs—with sizes & preferred yarn. Contact her for a copy. Ex: Blankets 15"-20" square for NICU.

infant's appliqued ensemble **free**

skill level **2**



more projects, tips & techniques at Joann.com®

Sew with Jo-Ann

reorder: idea center swng #36



SEE PAGE 20 for this pattern



HENRY THE HUGGABLE HORSE

PHOTO on page 19

MATERIALS: 1 skein Red Heart knitting worsted yarn (#4) ***SEE BELOW**
Size 7 or 5 knitting needles (smaller size makes tighter and smaller toy)
Stitch holders and markers.
Polyester Fiberfill.

Abbreviations: inc.: increase k2tog.: Knit 2 together st(s): stitch(stitches)
 pm: place marker EOR: every other row rs: right side
 sm: slip marker bm: before marker

NOTE: BOTH SIDES ARE IDENTICAL. PLEASE MARK THE RIGHT SIDE BECAUSE ALL INCS/DECs. ARE MADE ON THAT SIDE. **DO NOT REMOVE MARKERS UNTIL FINISHED.**

Cast on 56 sts. Work in garter stitch (knit every row) for 3 rows.

Next row: Knit 26, inc. in next st., pm, knit 2, pm, inc. in next st., knit to end.

Working in garter stitch, inc. 1 stitch before 1st and after 2nd marker EOR 7 times (72 sts.)

LEG SHAPING:

with rs facing, Cast off 13 stitches at the beginning of the next 2 rows, then DECREASE 1 st. each end of EOR twice. (back leg completed) (42 sts.)

Knit the next 14 rows (7 ridges on each side from leg cast on).

INCREASE 1 st. each end of EOR twice, then cast on 13 sts. at beg. of next 2 rows.(72 sts)

HEAD AND NECK SHAPING:

With RS facing, inc. 1 st. before and after markers EOR for 20 rows (10 ridges).(90sts)

Bind off 25 sts. beg. of next 2 rows, maintaining incs. on right side before and after markers (42 sts.)

Continue increases each side of markers EOR twice (46 sts.)

CONTINUING HEAD SHAPING AND WITH RS FACING, decrease 1 st. each side or marker EOR 4 times (38 sts.).

Row 1(rs): K9, k2tog.,knit to 2 sts. bm, K2tog., sm, k2, sm, K2tog.,K5,K2tog.K.9 (34 sts)

Row 2: Knit.

Rows 3-8: Dec. 1 st. each side of marker EOR 3 times (28 sts.)

Row 9:(rs): K6, k2tog. knit to 2 sts. bm, k2tog.sm, K2, sm,K2tog., K3, K2tog. k.6 (24 sts)

Row 10: Knit

Rows 11-12: Dec. 1 st. each side of marker EOR 1 times (22 sts.)

Row 13 (rs) K4, K2.tog., knit to 2.sts.bm, K2tog.sm, K2,sm, ` K2tog. K2, K2tog.K4 (18 sts)

Row 14: Knit

Row 15: K1, K2tog. K3, K2tog. sm., K2, sm, K2tog. K3, K2tog. K1 (14 sts)

Cut yarn, run yarn through stitches, pull tightly and fasten off securely. Fold body in half, sew edges together, stuff from the rear before closing). Tie ribbon around neck.

Use your bits and pieces of leftover yarns to make a striped toy. I knit 4 or 6 rows of garter stitch and two rows of another color/colors. Change color on the right side only. Great way to use up those odd bits and pieces. For an older child, add a mane, eyes and tail. USE #3 NEEDLES and #3 YARN TO MAKE A TOY HALF THE SIZE OF THIS ONE! (SEE PHOTO)

FILE FOR NEXT YEAR!!!!

I thought about saving this pattern until the September 2013 issue of this newsletter, but my filing/ retrieval system is not always successful!!!!

We are not planning to fill stockings for the cancer center again in 2013. Maybe you will find other uses.

SUPPLIES & TOOLS:

- Bernat® Sheep(ish) by Vickie Howell, 1 skein ea:
(A) Turquoise(ish) and (B) Red(ish) OR (A) Chartreuse(ish) and (B) Hot Pink(ish)
- Size US H-8 crochet hook
- Tapestry needle

DIRECTIONS:

With A, ch 4. Join in rnd with sl st in first ch, taking care not to twist ch.

Rnd 1: Ch 3 (does not count as st). 12 dc in ring. Join with sl st in top of beg ch 3. (12 sts)

Rnd 2: Ch 3. *2 dc in next st. Rep from * around. Join with sl st in top of beg ch 3. (24 sts)

Rnd 3: Ch 4 (counts as dc and ch 1). Miss next 3 sts. *3 dc in next dc. Ch 1. Miss next 3 sts. Rep from * to last st. 2 dc in same st as ch 4. Join B with sl st in 3rd ch of beg ch 4.

Rnd 4: With B, ch 4. 2 dc in next ch-1 sp. Ch 1. Miss next 3 sts. *3 dc in next ch-1 sp. Ch 1. Miss next 3 sts. Rep from * around. Join A with sl st in 3rd ch of beg ch 4.

Rnd 5: With A, rep 3rd rnd, joining B at end of rnd.

Rnd 6: With B, rep 4th rnd, joining A at end of rnd.

HEEL:

Row 1: With A, ch 4. (Miss next 3 sts. 3 dc in next ch-1 sp. Ch 1) 3 times. Turn. Leave rem sts unworked.

Row 2: Ch 3. Miss next 3 sts. (3 dc in next ch-1 sp. Ch 1. Miss next 3 dc) 3 times. 1 dc in next ch-1 sp. Turn.

Next rnd: Ch 3. 2 dc in next ch-1 sp. *Ch 1. Miss next 3 sts. 3 dc in next ch-1 sp. Rep from * around.

Join with sl st in 3rd ch of beg ch 4 (1st row of Heel).

Keeping continuity of established stitch and stripe pattern, rep 3rd and 4th rnds 4 times more.

Next rnd: Ch 3 (counts as dc). 1 dc in next st and each st around. Join with sl st in top of beg ch 3. (20 sts)

Next rnd: Ch 2. 1 hdc in each of next 4 sts. Ch 10 for hanging loop. 1 hdc in same st as last hdc. 1 hdc in each st around. Join with sl st in top of beg ch 2. Fasten off.

Weave in ends. Finished size 5".

ABBREVIATIONS:

beg = beginning

ch = chain

dc = double crochet

rem = remaining

rnd(s) = round(s)

rep = repeat

sc = single crochet

sl st = slip stitch

sp = space

st(s) = stitch(es)

Created by Vickie Howell & Bernat®

Skill Level 2: Some experience necessary

Please read and follow all manufacturers' instructions for all tools and materials used.
Provide adult supervision if children participate in this project.
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reorder: idea center ssl #6 • version 383-861P6

Up 10/28/12

mini stocking pop!

free

skill level 2



more projects, tips & techniques at Joann.com®

Craft with Jo-Ann

reorder: idea center ssl #6

RETURNED MAIL

I sent a revised Pattern & Information Book to Janie Edwards (Waco, TX), but the booklet was returned undeliverable. I could not locate any other address for Janie. IF you know her, please ask her to contact me to provide another mailing address.

THANKS!
Bonnie

BURIAL GOWNS

Burial Gowns are one of the most requested items from Care Wear Volunteers. See two lovely burial gown patterns (Gown #1 and #2) adapted by Heather Rinkel for Care Wear Volunteers.



These burial items were made by Gaye, Carol, and Heather, Care Wear Volunteers, Petoskey, MI. The collection includes mostly burial items—a much requested item.



BURIAL GOWN # 1

BURIAL GOWN #2



PREEMIE BURIAL GOWN #1

To fit a baby weighing approximately 3-4 pounds.

See Photos
on page 22



Materials: 1 ball Sensation Cuddle Muffin (self patterning from JoAnn Stores) (No. 3 Light)

Size 5 needles.

Ribbon Gauge: 5 sts.=1 inch approx.

Abbreviation: yo = yarn over. Slip first stitch for neater edge.

Cast on 27 stitches loosely.

Rows 1-3: Knit

Row 4: Knit 4 (k2, yo) 8 times, Knit 7. (35 stitches).

Row 5: Knit 4, purl across to last 4 stitches, Knit 4. NOTE: for a tighter spiral purl all yo's through back of loop, otherwise purl as normal.

Row 6: Knit 4 (k3, yo) 8 times, Knit 7.

Row 7: As row 5.

Repeat rows 6 and 7, increasing on each even row as set, until there are 91 stitches, ending with wrong side facing.

The last increase row will be : K4, (K9, yo) 8 times, Knit 7. (91 sts)

Knit next 3 rows (garter stitch).

Row 22: K14, cast off (loosely) 18 stitches, knit 27, cast off 18 stitches (loosely), Knit to end. (55 stitches).

Row 23: Knit

Row 24: Knit 4, (yo, K2 tog.) to last 5 stitches, yo, K2tog. knit 3.

Row 25: Knit across.

Row 26: Knit 7 stitches, increase in each stitch across to last 7 stitches, knit 7. (96 stitches).

Beginning with a purl row and keeping first and last 4 stitches in garter stitch, work in stocking stitch until gown measures 13" approximately from neck, ending with wrong side facing. Knit 5 rows, cast off.**

Work in ends. Attach ribbon to each side at back and thread through eyelet holes, tying bow in front. Add an embellishment at neck if desired.

**** Alternative pattern: Work in stocking stitch for 5 rows, ending with right side facing: Row 1: K7*with yarn in front, slip next 5 stitches, with yarn in back K3*., Repeat to last 4 sts. K4. Row 2: K.4, *Purl 5, knit 3.,* repeat from * to last 7 sts., knit 7.Row 3: K9, pick up loose yarn from Row 2 and knit it with next stitch, K.7*, repeat to last 7 sts., pick up loose yarn, K6. Beg. with wrong side, work 4 rows in s.s. keeping first and last 4 sts. in garter stitch.**

PREEMIE BURIAL GOWN #2

See photos
on page 22

This is a variation on the Ray of Hope gown. Done on larger needles it should fit a 2-3lb. baby or a 10" chest. See the attached photo. Both of these gowns are done with the "closed" spiral. If you do not use this spiral then the gown will be a bit larger and might need to be knitted longer from neck to feet.

Materials: 1 ball Sensation Cuddle Muffin (self patterning from JoAnn Stores) No. 3 Light. OR any #3 light yarn.
1 pair Size 5 needles.
Ribbon.
Neck trim.

Gauge: 5 sts.= 1 inch. approx.

Abbreviations: yo = yarn over. m1= pick up the loop between the last and next stitch, knitting into the back of it.,

Note: slip first stitch as if to purl for a more finished edge.

Cast on 27 stitches loosely.

Rows 1-3 Knit

Row 4: Knit 4 (k2,yo) 8 times, knit 7. (35 stitches).

Row 5: Knit 4, purl to last 4 stitches, knit 4. **NOTE:** for a tighter spiral purl all yo's through back of loop, otherwise purl as normal.

Row 6: Knit 4 (k3, yo) 8 times, knit 7.

Row 7: As Row 5.

Repeat Rows 6 and 7, increasing on each even row as set, until there are 75 sts. The last increase row will be:

Row 13: Knit 4, (k7, yo) 8 times, knit 7. (75 stitches).

Row 14: (wrong side) Knit

Row 15: Knit

Row 16: Knit

Row 17: Knit 11, cast off 15 (loosely), knit 22, cast off 15 (loosely)
Knit 10 (45 stitches).

Row 18: Knit 4, purl to last 4 stitches, knit 4.

Row 19: Knit 6 (m1, k1) to last 4 stitches, knit 4. (80 stitches).

Row 20: Knit 4, purl to last 4 stitches, knit 4.

Begin pattern: At this point knit yarn overs normally.

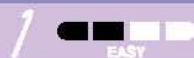
Row 1: Knit 4, (K2tog. yo, K3) to last 6 sts. K2tog. yo, K4.

Row 2: Knit 4, (P2tog. yo, P3,) to last 6 sts. P2tog. yo, K4 .

Repeat these two rows until 11-12" (or desired length) ending with wrong side facing.

Knit 5 rows garter stitch. Bind off. Work in ends. Add any trim as desired.

Cut ribbon into 4 pieces and sew 2 pieces on either side of back edges at the neck and bottom of the yoke. I used 1/8" ribbon as described in the micro-preemie burial sacque.



SIZES

3/6 (6/12) mos.

MATERIALS

Bernat® Baby® (50 g/1.75 oz; 175 m/191 yds)

3/6	6/12	mos
1	1	ball

Size 3.25 mm (U.S. D or 3) crochet hook or size needed to obtain gauge. 2 buttons.

GAUGE

22 sc and 24 rows = 4" [10 cm].

ABBREVIATIONS: www.bernat.com/abbreviations

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INSTRUCTIONS

The instructions are written for smaller size. If changes are necessary for larger size the instructions will be written thus ().

Note: Ch 2 at beg of row does not count as hdc.

Ch 14 (22).

1st row: (RS). 2 sc in 2nd ch from hook. 1 sc in each of next 3 (7) ch. 2 sc in each of next 2 ch. 1 sc in next ch (place marker on last st). 2 sc in each of next 2 ch. 1 sc in each of next 3 (7) ch. 2 sc in last ch. 19 (27) sc. Turn.

2nd row: Ch 1. 2 sc in first sc. 1 sc in each sc to 2 sc before marked sc. 2 sc in each of next 2 sc. 1 sc in marked sc. 2 sc in each of next 2 sc. 1 sc in each sc to last sc. 2 sc in last sc. 25 (33) sts. Turn.

Rep last row 3 times more. 43 (51) sts.

6th row: Ch 2. 1 hdc in each sc to end of row. Turn.

7th row: Ch 2. 1 hdc in first st. *Yoh and draw up a loop around post of next st at front of work inserting hook from right to left. (Yoh and draw through 2 loops on hook) twice - 1 dcfp made. 1 hdc in next st. Rep from * to end. Turn.

8th row: Ch 2. 1 hdc in first st. *Yoh and draw up a loop around post of next st at back of work inserting hook from right to left. (Yoh and draw through 2 loops on hook) twice - 1 dcbp made. 1 hdc in next st. Rep from * to end of row. Turn. Rep last 2 rows once more.

Next row: (RS). Ch 2. (1 sc in next st. Dcfp around next st) 5 (7) times. (Miss next st. Dcfp around next st) 12 times. (1 sc in next st. Dcfp around next st) 4 (6) times. 1 sc in last st. Turn. 31 (39) sts.

Next row: (RS). Ch 1. 1 sc in each of first 9 (13) sts. *[(Yoh and draw up a loop around post of next st at back of work inserting hook from right to left. Yoh and draw through 2 loops on hook) twice. Yoh and draw through all loops on hook - dcbptog made] 3 times. * Dcbp around next st. Rep from * to * once. 1 sc in each of last 9 (13) sts. Fasten off.

Strap (make 2).

Ch 33 (40).

1st row: 1 sc in 2nd ch from hook. 1 sc in each ch to end of ch. Turn.

2nd row: Ch 1. 1 sc in first sc. Ch 2. Miss next 2 sc. 1 sc in each sc to end of row. Turn.

3rd row: Ch 1. 1 sc in each sc and 2 sc in ch-2 sp to end of row. Fasten off.

FINISHING

Sew back and sole seam. Sew Strap to Bootie as shown in picture. Sew buttons to correspond to buttonholes.



Baby Stripes Hat, Booties, Sweater & Blanket
SEE PAGES 27-28 for this KNIT pattern



BUTTERCUP PILLOW & BLANKET SET

From: Knit & Crochet for Baby BABY TALK
Art. J16 Book 0140
2002 Coats & Clark, Greer, SC 29650
See pages 29-30 for pattern directions



Hospital to explore in NY State

Orange Regional Medical Center
Level II NICU
707 East Main Street
Middletown, NY 10940
845-333-1000

New 10-bed Level II Neonatal Intensive Care
Unit in the Rowley Family Birthing Center.

Source:
Knit & Crochet for Baby
BABY TALK
Art J16 Book 0140

Red Heart Soft Baby
2002 Coats & Clark

2. Baby Stripes

0140-2K★

← Larger photos on page 26
Designed by Mary Jane Protus.



CARDIGAN, HAT, & MITTS

Cardigan directions are for Size newborn to 3 months; changes for Sizes 6, 12 and 24 months are in parentheses. Hat and Mitts directions are for Size newborn to 3 months; changes for 6 to 12 months are in parentheses.

Light RED HEART® Sport Weight Yarn:
See Product List on page 6.

These models made in RED HEART®
"Soft Baby™".

Amount-Set of Cardigan, Hat, & Mitts:
5½ (6, 6½, 7) Ounces No. 7881 Powder
Blue CA and ½ (½, ½, ¾) ounces No. 7001
White CB.

Knitting Needles: 4 mm [US 6].

Six ½" buttons, sewing needle and thread,
1 stitch holder for cardigan; yarn needle.

GAUGE: 22 sts = 4"; 34 rows = 4" in pat.
**CHECK YOUR GAUGE. Use any size
needles to obtain the gauge given.**

To Fit Chest: 16 (18, 20, 22)".

Finished Chest Measurement: 19¼ (21½,
23, 25)" - buttoned.

Hat Circumference: 14 (17½)".

Mitts Length: 5 (6)".

CARDIGAN

BACK: With CA, cast on 53 (59, 63, 69)
sts. Marking first row as the right side K 8
rows. Begin pat:

Row 1 (Right Side): K.

Row 2: P1, * K1, P1; rep from * across.

Rep Rows 1 and 2 for pat and work Stripe
pat as follows: work 12 more rows with CA,
then work 2 rows CB, [2 rows CA, 2 rows
CB] twice. Cut CB. Continue all in CA until
9 (10, 11, 12)" from beg, end wrong side row.

Shape Shoulders: Keeping continuity of pat,
bind off 17 (19, 21, 23) sts at beg of next 2
rows. Put rem 19 (21, 21, 23) sts on a holder.

LEFT FRONT: With CA, cast on 25 (27, 31,
33) sts. Work same as back until 7½ (8½,
9½, 10½)" from beg, end right side row.

Shape Neck: Keeping continuity of pat,
bind off 4 (4, 6, 6) sts at beg of next row.
Dec 1 st at neck edge every right side row
until 17 (19, 21, 23) sts rem. Work even
until front measures same as back to
shoulder, end wrong side row. Bind off.

RIGHT FRONT: Work same as left front,
reversing shapings by ending wrong side
row before neck shaping and ending right
side row before binding off at shoulder.

SLEEVES: With CA, cast on 31 (33, 37,
39) sts. Work same as back EXCEPT
shape sides by inc 1 st each end of 5th pat
row, then every 4th row until there are 39
(45, 41, 41) sts, then every 6th row until
there are 45 (51, 55, 55) sts, working added
sts into pat. Work even until 6 (7, 8, 8½)"
from beg, end wrong side row. Bind off.

FINISHING: Sew shoulder seams. Mark
fronts and back 4 (4½, 5, 5)" down from
seams. Place center of sleeve top at
shoulder seam and sew in place between
markers. Sew side and sleeve seams.

Continued
on
page 28

Button Band (Worked on right front for boys, left front for girls): With right side facing and **CA**, pick up and K41 (47, 52, 58) sts across center front edge. K 4 rows. Bind off.

Buttonhole Band: On rem front, mark positions for 6 buttonholes, the top and bottom 1/2" from the edge and 4 more evenly spaced between. With **CA**, pick up and K41 (47, 52, 58) sts across front. K 1 row.

Buttonhole Row: [K to marker, K2tog, yo] 6 times, K to end.

K 2 more rows. Bind off. Sew buttons to button band to correspond to buttonholes.

COLLAR: With **wrong** side facing and **CA**, omitting last 3 rows of bands, pick up and K15 sts across left front neck edge, K across 19 (21, 21, 23) sts on holder, pick up 15 sts across right front neck edge – 49 (51, 51, 53) sts. K 5 rows.

Next Row: K1 (3, 3, 5), [K in front and back of next st, K3] 12 times – 61 (63, 63, 65) sts. K every row until collar measures 1 3/4".

Next Row: K1 (3, 3, 5), [K in front and back of next st, K4] 12 times – 73 (75, 75, 77) sts. Bind off loosely in K.

HAT

With **CA**, cast on 77 (97) sts. Marking first row as the right side, K every row until 1 3/4 (2)" from beg, end wrong side row. Work in pat and Stripe pat same as for Cardigan Back EXCEPT continue all in **CA** until 7 (9)" from beg, end wrong side row.

Shape Top: K1, * sl next 2 sts tog knitwise, K1, pass the 2 slipped sts over the K st; rep from * to last 1 (0) st; K1 (0) – 27 (33) sts. P 1 row.

Next Row: * K3tog; rep from * across – 9 (11) sts. Cut yarn, leaving a long end.

FINISHING: Weave yarn end through rem sts, gather tightly and secure. Sew back seam.

MITTS

With **CA**, cast on 31 (37) sts. Work same as for Cardigan Back EXCEPT continue all in **CA** until 5 (6)" from beg, end wrong side row.

Shape Top: K1, * sl next 2 sts tog knitwise, K1, pass the 2 slipped sts over the K st; rep from across – 11 (13) sts.

Next Row: P1, * P2tog; rep from * across – 6 (7) sts. Cut yarn, leaving a long end.

FINISHING: Weave yarn end through rem sts, gather tightly and secure. Sew back seam.

BLANKET

Blanket measures approximately 32 1/4" x 37 1/2".

Light RED HEART® Worsted Weight Yarn: See Product List on page 6.

This model made in **RED HEART® "Soft"**.

Amount: 11 Ounces No. 7881 Powder Blue **CA** and 7 ounces No. 7001 White **CB**.

Knitting Needles: 5 mm [US 8].
Yarn needle.

GAUGE: 20 sts = 4"; 29 rows = 4" in pat.
CHECK YOUR GAUGE. Use any size needles to obtain the gauge given.

With **CA**, cast on 161 sts. Marking first row as the right side K 4 rows. Begin pat:

Row 1 (Right Side): K.

Row 2: K3, P1, * K1, P1; rep from * to last 3 sts; K3.

Rep Rows 1 and 2 for pat and work Stripe pat as follows: work 12 more rows with **CA**, then work * 2 rows **CB**, [2 rows **CA**, 2 rows **CB**] twice, 14 rows **CA** **, 14 rows **CB**, 2 rows **CA**, [2 rows **CB**, 2 rows **CA**] twice, 14 rows **CB**, 14 rows **CA**; rep from * twice more, then from * to ** once more. K5 rows **CA**. Bind off.

Source: Knit & Crochet for
Baby

BABY TALK

Art J16 Book 0140

Red Heart Soft Baby
2002 Coats & Clark
Greer, SC 29650

4. Buttercup Set

0140-4C★★

← Large photo on page 26
Designed by Mary Jane Protus.



Blanket measures approximately 36" x 36"; Pillow fits 14" pillow form.

Light RED HEART® Sport Weight Yarn:
See Product List on page 6.

These models made in **RED HEART®**
“Soft Baby™”.

Amount-Blanket: 12 Ounces No. 7321
Powder Yellow CA and 5 ounces No. 7001
White CB.

Amount-Pillow: 4 Ounces No. 7321
Powder Yellow CA and 2 ounces No. 7001
White CB.

Crochet Hook: 5 mm [US H-8].
Yarn needle. 14" Pillow form.

GAUGE: Rnds 1-8 = 6½" across. **CHECK
YOUR GAUGE. Use any size hook to
obtain the gauge.**

BLANKET

With CA, ch 4; join with a sl st to first ch to
form a ring.

Rnd 1: Ch 1, 8 sc in ring; join with a sl st to
first sc.

Rnd 2: Ch 2, [yo and draw up a lp] 3 times
all in same st as joining, yo and draw
through all 7 lps on hook – **beg puff st**
made; ch 3; * [yo and draw up a lp] 4 times
all in next sc, yo and draw through all 9 lps
on hook – **puff st** made; ch 3; rep from *
around; join to top of beg puff st.

Rnd 3: (Sl st, ch 3, 2 dc, ch 2, 3 dc) all in
next sp, 3 dc in next sp, * (3 dc, ch 2, 3 dc)
all in next sp, 3 dc in next sp; rep from *
around; join to top of ch-3. Fasten off.

Rnd 4: Attach CB in any corner ch-2 sp;
(ch 3, dc, ch 2, 2 dc) all in sp, dc in each dc
to next corner, * (2 dc, ch 2, 2 dc) all in ch-
2 sp, dc in each dc to next corner; rep from
* around; join. Fasten off.

Rnd 5: With CA, rep Rnd 4 EXCEPT do
not fasten off.

Rnd 6: Sl st in next dc and into sp, (beg
puff st, [ch 2, puff st] twice) all in sp, ch 2,
skip next 2 dc, * puff st in next dc, ch 2,
skip next 2 dc; rep from * to next corner sp
**; (puff st, [ch 2, puff st] twice) all in next
sp, ch 2, skip next 2 dc; rep from * around,
end at **; join to top of beg puff st.

Rnd 7: Sl st in next 2 ch; (sl st, ch 3, dc, ch
2, 2 dc) all in puff st, 2 dc in next sp, * dc
in next puff st, 2 dc in next sp; rep from *
to next corner puff st **; (2 dc, ch 2, 2 dc)
all in corner puff st, 2 dc in next sp; rep
from * around, end at **; join to top of ch-
3. Fasten off.

Rep Rnds 4-7 eight more times. Fasten off.

Border-Rnd 1: With right side facing, attach
CB in any corner ch-2 sp; ch 1,
** (sc, ch 3, sc) all in sp, ch 3, skip next dc,
sc in next dc, * ch 3, skip next 2 dc, sc in next
dc; rep from * to 1 dc before next corner; ch
3, skip next dc; rep from ** to last dc before
last corner; (ch 1, skip next dc, dc in first sc)
to join and form last ch-3 sp.

Rnd 2: ** Ch 3, (sc, ch 3, sc) all in corner
ch-3 sp, * ch 3, sc in next sp; rep from * to
next corner; rep from ** around; (ch 1, dc
in dc) to join and form last ch-3 sp.

Continued on page 30

Continued from page 29.

Rnds 3-5: * Ch 3, sc in next sp; rep from * to next corner; (sc, ch 3, sc) all in corner ch-3 sp; rep from * around, joining as Rnd 2.

Rnd 6: Rep Rnd 3 EXCEPT work ch 3 for last sp; join with a sl st to dc. Fasten off. Weave in ends.

PILLOW

Make 8 squares: Work Rnds 1-7, then Rnd 4 same as for Blanket.

Sew together 4 squares for front and 4 squares for back.

Edging: With right side facing, attach CA and work 1 rnd sc around each large square, working (sc, ch 2, sc) in corners; join to first sc. Fasten off.

Join Front and Back: With wrong sides together and working through both layers at once, attach CA in a corner; ch 1, * (sc, ch 2, sc) all in corner, sc in each sc to next corner; rep from * around inserting pillow form before closing last side; join to first sc. Fasten off.

Border: Attach CB in any corner ch-2 sp and work same as for Blanket Border Rnds 1 and 2, adjusting at corners if necessary on Rnd 1, then rep Blanket Border Rnd 6. Fasten off.

Button: With CA, work same as Blanket through Rnd 1.

Rnd 2: Work same as Blanket Rnd 2 EXCEPT work ch 2 instead of ch 3 between puff sts.

Rnd 3: Ch 1, 3 sc in each sp around; join to first sc – 24 sc.

Rnds 4 and 5: Ch 1, sc in same st as joining, skip next sc, * sc in next sc, skip next sc; rep from * around; join to first sc – 6 sc at end of Rnd 5. Fasten off, leaving a long end.

Weave yarn through sts of last rnd, pull up firmly to gather, secure with a back stitch. Sew button to center of finished pillow.



Rachel wrote that after her daughter's well-child appointment she dropped off 5 baby hats at the OB floor of St. Elizabeth Medical Center in Wabasha, MN. She saw the lovely nurse who took such good care of her baby (Tiri) when she was born. That nurse was thrilled to receive these colorful hats!

REQUEST FOR DONATIONS

As you know, Care Wear Volunteers has no membership fees or charges for newsletters or pattern booklets. Instead, this organization relies on donations to fund printing costs, postage, and now modest office expenses. For many years I included an annual request for donations in the December newsletter—then moved the appeal to the September newsletter.

Care Wear Volunteers sends out no key chains, name labels or note pads in glossy mailers that ask for donations. No fund-raising companies will telephone you at dinner time to ask for donations. Large or small, your donations are appreciated any month of the year and are used to continue the work of this organization.

**Care Wear Volunteers
Bonnie Hagerman
102 Mercer Court #23-5
Frederick, MD 21701-4070**

Make checks payable to **Care Wear Volunteers, Inc.** Care Wear Volunteers is a 501(c)(3) nonprofit organization. (EIN #52-2137470). Your donations are tax deductible. See your tax preparer for details.

Many thanks for your participation and financial support.

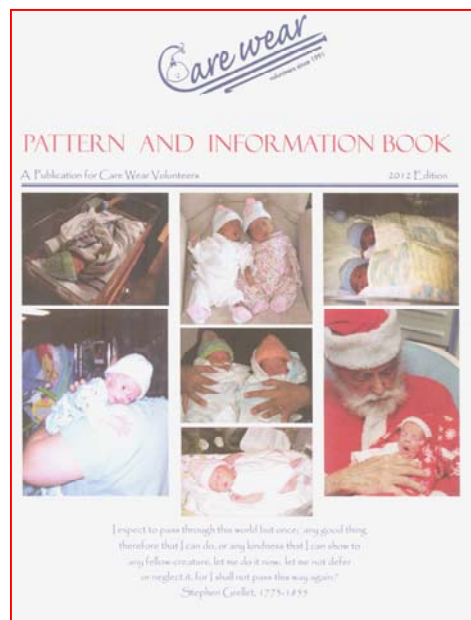
THE 2012 REVISED PATTERN & INFORMATION BOOK

I have a good supply of the revised Pattern & Information Book. IF you have not yet received the copy you requested, PLEASE let me know. I try to process requests quickly & efficiently but, mistakes do happen!

Please note: The request for a donation of \$5 is just a request for your consideration. If you cannot afford a donation, that isn't a problem. The downturn in the economy has been challenging for many individuals & families. This is why I suggested that you request a pattern book (by e-mail, telephone, or USPS mail). NO EXPLANATIONS NECESSARY! Just request a copy of the pattern book & provide your name/ mailing address. I **don't** send bills!

I want to be sure that everyone who will use this pattern book for charitable projects receives a copy & that the suggestion of a donation does not prevent participants from asking for a copy!

**NOTE: Correction needed on PAGE 12
PATTERN
Row 1: K2, P2, ending with P2.**



CARE WEAR VOLUNTEERS

Bonnie Hagerman
102 Mercer Court #23-5
Frederick MD 21701-4070

Non-profit org.
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Frederick, MD
Permit No. 775



SPRING MAKE A DIFFERENCE DAY

Date: April 20

Location: Crestwood Village Clubhouse
6902 Crabapple Drive
Frederick, Maryland

Time: 10am to 3pm

Bring a bag lunch & your supplies. I will bring donated fabric & yarn that I have on hand, including blue nonwoven fabric. Participants can assist with cutting out walker caddie patterns. Please bring scissors, if you would like to help. Judy Govotos reports that there will be some fabric neck pillows to stuff with fiberfil.

Please do **NOT** send finished items to boost our count. Frederick Memorial Hospital is overwhelmed by our very large donations because their storage space is limited.

Please mark your calendar for APRIL **20th**. I am not planning to mail reminder postcards because of expensive printing & postage charges.