

A Quarterly Publication for Care Wear Volunteers, Inc.



September 2003

You have probably noticed a new Care Wear Volunteers logo in the letterhead of this newsletter. Special thanks to Joann Lee, Art Director, Marketing and Communications, Hood College for all of her time and effort to help me develop a logo that reflects who we are and what we do. As you can imagine, this was NOT an easy task. Some people expressed concern when a baby was not included! Others wanted to be sure that volunteers who sew, knit, and crochet would be represented. Well, Joann had the patience of a saint as we reviewed her many creative ideas. Above, you see the final design.

I am planning to use this design when reprinting the Care Wear Volunteers Pattern & Information booklet and our one-page brochure. See page 39 for information on ordering a logo imprinted tote bag. Wouldn't it be fun to carry our projects in a Care Wear totebag!!!! This is also the design that I will use on imprinted labels—preferably iron-on—that we can attach to donated items. So, I have a number of projects to work on and I hope that I have some progress to report in the next newsletter (December).

Again, the **Volunteerism Always Pays Program** participants at Wal-Mart store #1297 in Chiefland, Florida showed their community spirit and their dedication to helping hospitalized children. In the February to April quarter of 2003, seventy-one (71) fantastic people completed 15+ hours of work on Care Wear Volunteers projects. Here is a list of those participants: Paula Adams, Mariann Alexandrovich, Stephanie Alves, Jane Arney, Stephanie Bass, Lisa Bell, Linda Bemis, Christina Boyette, Phyllis Brady, Hillary Carnright, April Clarke, Sharon Clark, Linda Dickerson, Linda Dumas, Brooke Evans, Christine Ferree, Judy Frederick, Ellen Gloff, Diane Hamilton, Karrie Hamilton, Donna Harvey, Gloria Hayes, Valerie

Heitfield, Jodie Herrington, Rebecca Hollar, Michele Horne, Diane Huffman, Amber Jermeay, Viola Jerrells, Robin Junkin, Mary Kegerreis, Dorothy Lord, Cynthia McElroy, Mary McConaghy, Barbara McNally, Diane Mealer, Jessica Miller, Carolyn Moore, Carolyn Morrison, Mary Morton, Miranda Mullins, Roberta Murray, Shirley Newman, Mary Norris, Martha Osteen, Nancy Phillips, Ellen Piechocki, Barbara Richardson, Mary Riker, Mary Roberts, Carmen Rogers, Debra Semancik, Irene Semande, Darlene Schuler, Milronda Scott, Catherine Shook, Audrea Smith, Leola Snedeker, Dawn Souza, Jane Stauff, Janet Stone, Martha Theis, Jennifer Thompson, Donna Tooke, Caroline Weekly, William Weekly, Shanna Wilkerson, Faye Williams, Doris Wright, Lynelle Wright, and Stephanie Young.

Sincere thanks to all. I hope that anyone traveling near Chiefland, Florida will visit this Wal-Mart store to thank Wal-Mart associates for their service to the community. Special thanks to Jane Arney for all that she does to help her associates with supplies and motivation! Jane thanks everyone who sent pre-sewn fabric toys for her colleagues to stuff with fiberfill. Please keep them coming! Her address is: **JANE ARNEY**

2189 SW 17th Terrace
BELL FL (Florida) 32619

If I did not send an official receipt to everyone who sent fabric toys to Jane, please let me know. My summer has been VERY busy.

Lots of praises for our two features (Knit Knacks from Cathy and Crochet: From Heart to Hook). I've received many very positive comments about these helpful columns. Do we have a volunteer with the expertise to develop a column for participants

who sew?????? Let me hear from you if you are interested. (I need newsletter copy around the first of the month preceding each of the four newsletters.)

Sincere thanks to Carol Caywood for her time and assistance to Care Wear Volunteers. Carol donates time to help me with files and whatever else needs to be done in my shared Hood-Care Wear office. Recently Carol organized my file drawers of patterns—some of which were included in previous newsletters and others that I did not receive permission to reprint. I have a drawer of sewing patterns, a drawer of crochet patterns, and a drawer of knitting patterns. Most of those patterns were in the correct drawer, but finding them was a challenge. Carol sorted the folders and arranged them by category. She checked for duplicates and labeled all of the folders. On previous visits, Carol helped enter names and addresses into my ACCESS database file for the newsletter mailing list. Here is a photo of Carol with me in my office.



Carol is a skilled seamstress and knitter. She carries her knitting projects with her and tells everyone about Care Wear Volunteers.

I am delighted to report that Care Wear Volunteers is included in an article in *Family Circle Easy Knitting Magazine*—Fall 2003. There are photos from Make A Difference Day

in October 2002 and excellent coverage about all that volunteers provide for hospitals across the country. I have been receiving requests for patterns as a result of this publicity. Sincere thanks to the staff at *Family Circle Easy Knitting!*

Sometimes the newsletter contains blank pages. Rarely, however, are you missing a printed page when there is a blank! This newsletter is printed on 11" x 17" paper (four pages on each sheet—two on each side). When the humidity level is high, paper will stick together as it feeds through the printer. I wish that this wouldn't happen because it increases our postage bill, but it is difficult to prevent. I should number the pages, but that sometimes affects the scanned content of this newsletter (long story!!!). Somewhere in the newsletter I will try to include a total count of pages. If you encounter blank pages you can check your count to be sure that you have a complete copy.

Again, for change of address, please send me the updates. Bulk-rate mail is not forwarded—unless you have a very kind postal employee.

Sincere thanks to all who sent donations to Care Wear Volunteers. Donations of fabric, thread, yarn, fiberfill, batting, etc., are always welcomed and will be quickly distributed to volunteers who will transform those materials into beautifully layette items as well as donated items for older children and adults.

Thank you for your continued support.

Contact information:

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C/O HOOD COLLEGE
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fax 301-696-3952

e-mail: hagerman@hood.edu

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INSPIRATION!

Dear Bonnie,

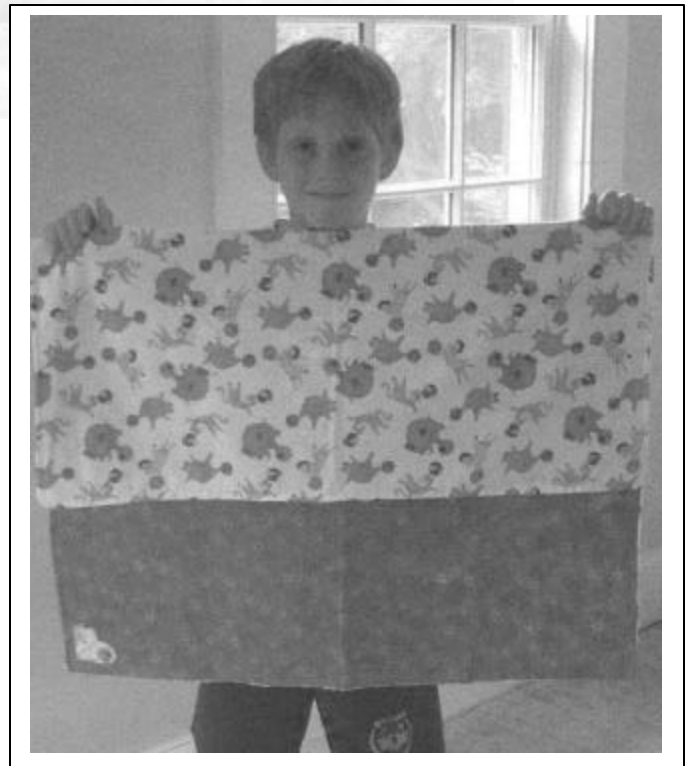
My son was in foster care for the first six weeks of his life, before we adopted him. He spent quite a bit of those six weeks in the hospital being treated for pyloric stenosis and subsequent infection. During that time he received a beautiful handmade patchwork quilt made by an anonymous volunteer. He slept with this blanket every night, up until a few months ago when he lost it while on vacation. I found your organization through the hospital volunteer office. Less than two weeks after speaking with you, my son received a new beautiful blanket. He loves this blanket as much as the original. Thank you so much.

He was very moved by this experience. So much so, that he has decided to sew blankets for babies in hospitals. I taught him some sewing fundamentals, he selected soft flannel fabrics and then made his first receiving blanket to be donated to our local hospital. He even cut out a heart to appliqué on the corner as his trademark.

Enclosed you will find a picture of him with the blanket he made, and the quilt he received. I am also including a donation to your organization for all the happiness you bring. Thank you.

Best regards,

Jillian
Jillian



Aaron with the blanket he received...and, with the blanket he made.

I wanted everyone to know that our time and efforts are appreciated—not just when the donation is given to the child and the family, but for many many years afterwards. YOU inspired Aaron to join the effort!

More thanks and inspiration!

I just wanted to tell you how much I appreciate your program, and to brag on one of your volunteers. Arlene Danielson has been sending us tiny blankets & hats/mittens sets for a couple of months for our SHARE Pregnancy & Infant Loss program. Her contributions have enabled us to have items on hand in the event of a pregnancy loss, and that means more than words can say. She's such a wonderful person to correspond with as well. Thank you so much for the Care Wear program. It warms my heart to know there are such caring, committed people who are willing to reach out to someone they don't even know and ease a heart heavy with grief.

Again, thanks.

Jeanie O'Bryan
SHARE Facilitator
Highlands Regional Medical Center

Lucile Salter Packard Children's Hospital
Kate Teague, Blankets for Babies Program
Neonatal Intensive Care Unit
725 Welch Road Needs: Quilts
Palo Alto, CA 94304 Preemie hats/booties
phone: 650-497-8800 FAX: 650-497-9034

"We are all angels with one wing; to fly, we need only embrace one another."



This newsletter contains **40** printed pages on ten sheets of 11" x 17" paper.

I added page numbers to each page.

I just wanted to let you know that I just delivered my second batch of 21 hats to Lowell General Hospital, Lowell, MA 01854 and they were delighted to receive them. Attached is a picture of the hats I made and I plan to continue making and donating these little hats. I also donated 20 hats from my friend Phyllis in Florida who wanted to help. I'm trying to see if I can get a team together. For the summer I am now sewing the little tam type hats that you see in the picture they are so cute. I found the pattern via your links page.

I also wanted to let you know how much I enjoy reading your newsletters and the great patterns that I see on your website. Keep up the great work.

Thanks,

Jane

I recently received an e-mail that contained the request that we not use yellow for preemie hats, garments, or blankets. Many preemies have jaundice and yellow makes it look much worse. In the past, I heard a similar comment about blue. Many infants have poor circulation and transparent skin. Blue hats, for example, will intensify the blue coloring and will not look attractive.

For the 'caregiver' in you P&G Targets the 'Very Pre-Term' Market

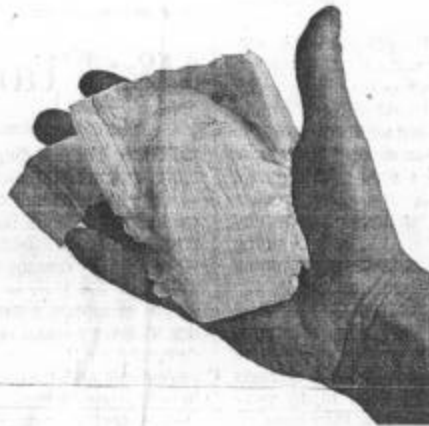
By SARAH ELLISON

THE TARGET MARKET for Procter & Gamble Co.'s newest diaper is small. Very small.

Of the nearly half a million infants born prematurely in the U.S. each year, roughly one in eight are deemed "very pre-term," and usually weigh between 500 grams and 1,500 grams (one to three pounds). Their skin is tissue-paper-thin, so any sharp edge or sticky surface can damage it, increasing the chance of infection. Their muscles are weak, and unlike full-term newborns, excessive handling can add more stress that in turn could endanger their health.

Tiny as they are, the number of premature infants is increasing—partly because of improved neonatal care: From 1985 to 2000, infant mortality rates for premature babies fell 45%, says the National Center for Health Statistics. Increasingly, such babies are being born to older or more affluent women, often users of fertility drugs, which have stimulated multiple births.

It's a testament to the competitiveness of the \$19 billion global diaper market that a behemoth like Procter & Gamble, a \$40 billion consumer-products company, now is focusing on a niche that brought in slightly more than \$1 million last year; just 1.6% of all births are very pre-term. But P&G sees birth as a "change point," at which consumers are more likely to try new



Pampers makes the **Preemie Swaddler**, designed for the smallest of premature infants.

brands and products. Introducing the brand in hospitals at an important time for parents could bring more Pampers customers, the company reasons.

P&G's Pampers, which is gaining ground on rival Kimberly-Clark, but still trails its Huggies brand, has made diapers for premature infants

for years. (P&G introduced its first diaper for "preemies" in 1973; Kimberly-Clark in 1988), but neither group had come up with anything that worked well for the very smallest of these preemies. *Down the street from me!*

The company that currently dominates the very-premature market is Children's Medical Ventures, Norwell, Mass., which typically sells about four million diapers a year for about 27 cents each. The unit of Respironics Inc., Murrysville, Pa., has been making its "WeePee" product for more than a decade. But the company, which also makes incubator covers, feeding tubes and extra small bathtubs for preemies, hadn't developed certain features common in mass-market diapers, such as softer fabric coverings.

By contrast, P&G's preemie diapers, which it started distributing to hospitals in August, sell for about 36 cents each; about four cents more than P&G's conventional diapers. P&G's "Preemie Swaddler" fits in the palm of an adult's hand and has no adhesives or hard corners. It closes with mild velcro-like strips and is made of breathable fabric, not plastic. It has an extra layer of fabric close to the infant's skin to avoid irritation.

Children's Medical Ventures is coming out with another size of the WeePee, and plans to introduce velcro-like closures, a development the company says was in the works before P&G came out with a ri-

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P&G Targets Tiniest Preemies

Continued From Page B1

val diaper. The new diapers won't cost any more, Children's Medical Ventures says.

P&G says the new diaper is the natural extension of its Baby Stages initiative, which took effect in February 2002 when P&G revamped its Pampers brand in the U.S. to cater to various stages of a baby's development. Working with very small preemies helps the company better understand infant development and become "more attuned to new products they might need," says Deb Henretta, president of P&G's global baby-care division.

But the marketing director for Children's Medical Ventures believes the increasing affluence of preemie parents is a greater inducement for big companies to enter the market. In the past, the typical mother of a preemie was poorer, often a teenager, but today more preemie "parents tend to be older, well-educated, and have money for things like fertility treatments," says Cathy Bush, marketing director for Children's Medical Ventures.

The competition may raise the bar for

the quality of diapers for these smallest of preemies. P&G says the parents of premature babies are demanding better products. "They have much higher expectations than they did years ago," Ms. Henretta says.

Neonatal nurses have all sorts of opinions about the relative merits of Preemie Swaddlers and WeePees. Pat Hiniker, a nurse at the Carilion Roanoke Community Hospital in Virginia, says the new Pampers diaper, while absorbent, is too bulky for small infants. Allison Brooks of Alta Bates Hospital in Berkeley, Calif., says P&G's better absorbency made the babies less fidgety when they needed to be changed. "That sounds small, but you don't want them wasting their energy on squirming around," she says. "They need all their energy to grow."

In any case, if health professionals have their way, the very-premature market will shrink, or at least stop growing. The March of Dimes recently launched a \$75 million ad campaign aimed at stemming the rise of premature births. P&G is donating 50,000 diapers to the nonprofit organization.



Mary Girshner, Ozark Care Wear, Rogers, AR, sent this photo of blankets made by her group. GREAT WORK!!!!

An article of interest. Look at that small diaper! It fits into the palm of an adult hand.

Study: Hormones lower risk of preemies

ASSOCIATED PRESS

Giving pregnant women the hormone progesterone can reduce their risk of premature delivery by one-third, offering the first clear-cut way to head off this increasingly common and dangerous problem, a study found.

Low birth weight and serious, sometimes-deadly complications also occurred less often in babies whose mothers got the weekly

injections, according to the study in Thursday's New England Journal of Medicine.

"This is really the first innovation that's clearly been shown to prevent or reduce the incidence of premature delivery," said Dr. Charles J. Lockwood, director of obstetrics and gynecology at Yale University School of Medicine and former chairman of obstetrical practices of the American College of Obstetricians and Gynecologists.

The study involved women at very high risk of premature delivery. The women previously had at least one baby very early — at about 31 weeks on average. Full term is considered 37 weeks to 40 weeks. Some of the women received progesterone; a comparison group got shots of an inert oil.

The progesterone proved so effective that the study was halted early because it would have been unethical to keep giving some

women a placebo.

"This is a start at finally having some successful treatments to prevent the biggest problem we have in caring for pregnant women," said lead researcher Dr. Paul J. Meis, professor of obstetrics and gynecology at Wake Forest University School of Medicine. "We have tried so many treatments to prevent premature birth, and they have not been successful."

Lorrabelle's Gown

All seams are 1/4 inch. To gather pieces, use 1/8 and 1/4 inch seams, 4 or 5 on machine stitch length. Read all directions before starting pattern.

Cut out gown pieces. Sew bodice pieces together. Clip neckline carefully to lay flat. Turn right side out and finger press. Embroider or trim bodice front through top layer only. Turn and press flat.

Back of gown skirt. Turn under 1" the whole length of gown. Turn under 1/4" and press, leaving a 3/4" seam. Sew down the length of gown.

Gather all three skirt pieces. Pin front of skirt to bodice. Baste together and sew. Top layer only. Do the same with both back pieces

Gather, pin and baste sleeves to bodice. Top layer only. Sew. Add lace to sleeve cuff and attach to gathered sleeve bottom. Pin and sew. Sew or serge whole length of gown, matching seams.

Turn gown inside out. Pin bottom layer of bodice to top layer. Do this to front, backs, and around sleeves, hiding seams. Sew with tiny stitches. Turn cuffs up and sew.

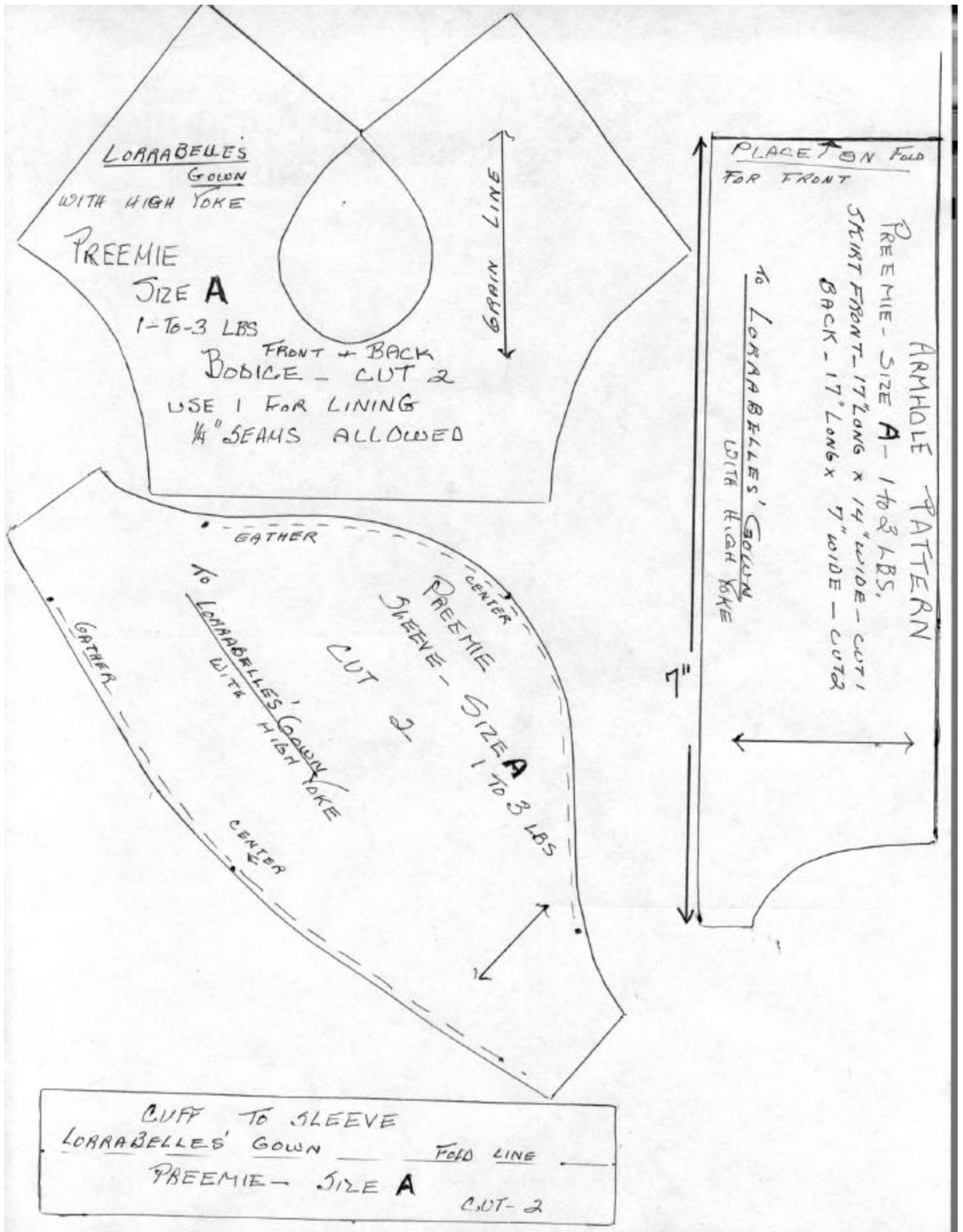
Pin bottom of gown. Fold under 1" with 1/4" turned under. Match back seams, making sure they are the same length. Hem.

Cut two pieces of 1/8" white ribbon, 9 inches long. Tack to back of bodice, about 1/4" from finished seam.

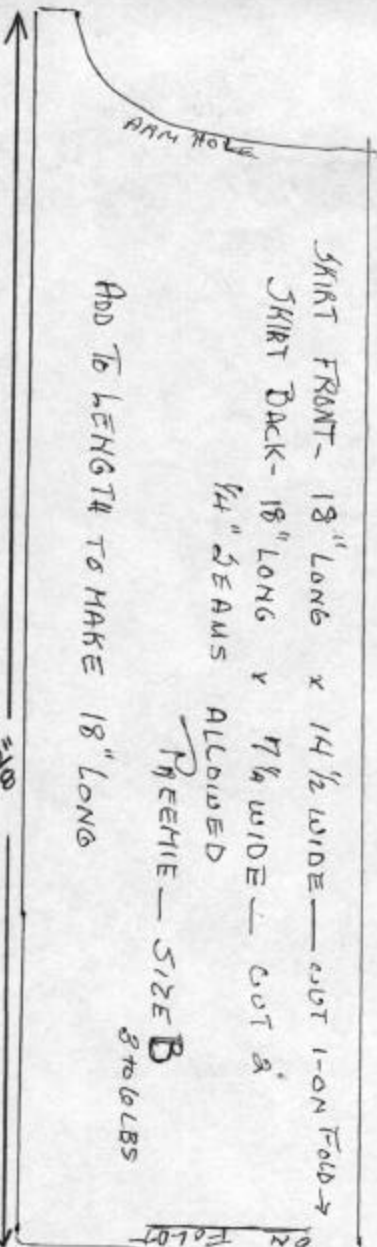
This sewing pattern was sent to Care Wear Volunteers by Donna Sheffield. Donna is an active Care Wear Volunteer participant. She makes little quilts to accompany each gown and she also makes bunnies, kitties, and dogs. Donna agreed to send those patterns and I will include them in a future newsletter. Donna also has great patience. She was kind enough to send this pattern twice because I lost the file with the first copy.

Lorrabelle was Donna's great granddaughter who "...was born way too soon." Lorrabelle lived only a few hours. The family was heartbroken. Because of Lorrabelle, Donna joined Care Wear Volunteers.

Many thanks for sharing this pattern.

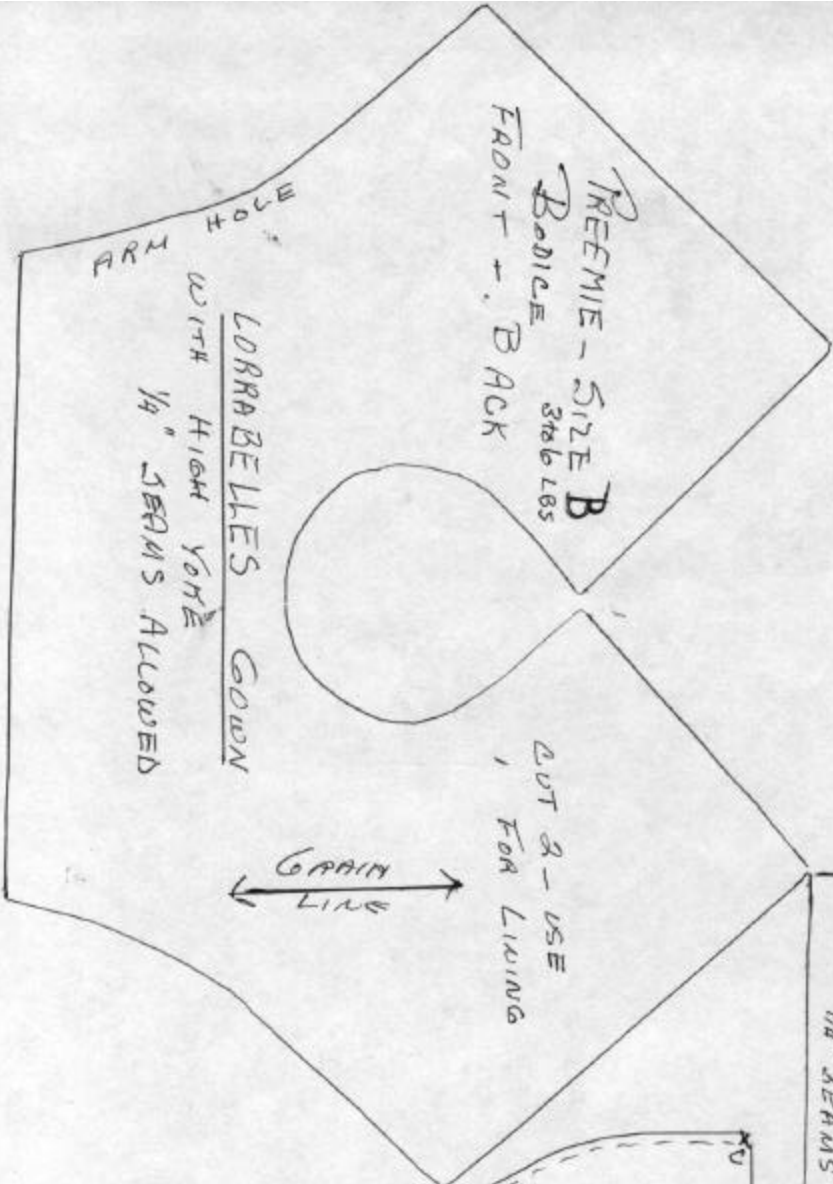


Size A for 1-3 pounds (Check measurements & adjust by enlarging/decreasing size on a photocopier.)



SKIRT FRONT - 18" LONG x 14 1/2" WIDE - CUT 1-ON FOLD →
 SKIRT BACK - 18" LONG x 17 1/4" WIDE - CUT 2
 1/4" SEAMS ALLOWED
 FREEIE - SIZE B
 3 to 6 LBS
 ADD 1/2 LENGTH TO MAKE 18" LONG

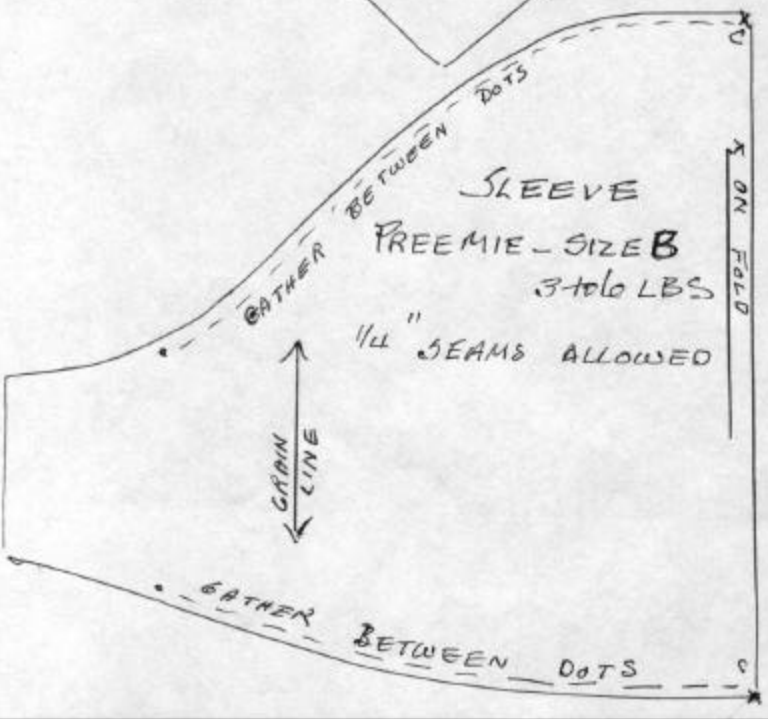
3-6 lbs



FREEIE - SIZE B
 BODICE 3 to 6 LBS
 FRONT + BACK
 CORRABELLES GOWN
 WITH HIGH YOKE
 1/4" SEAMS ALLOWED

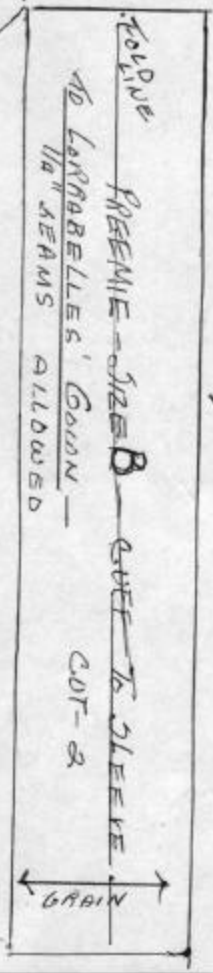
GRAIN LINE

CUT 2 - USE FOR LINING

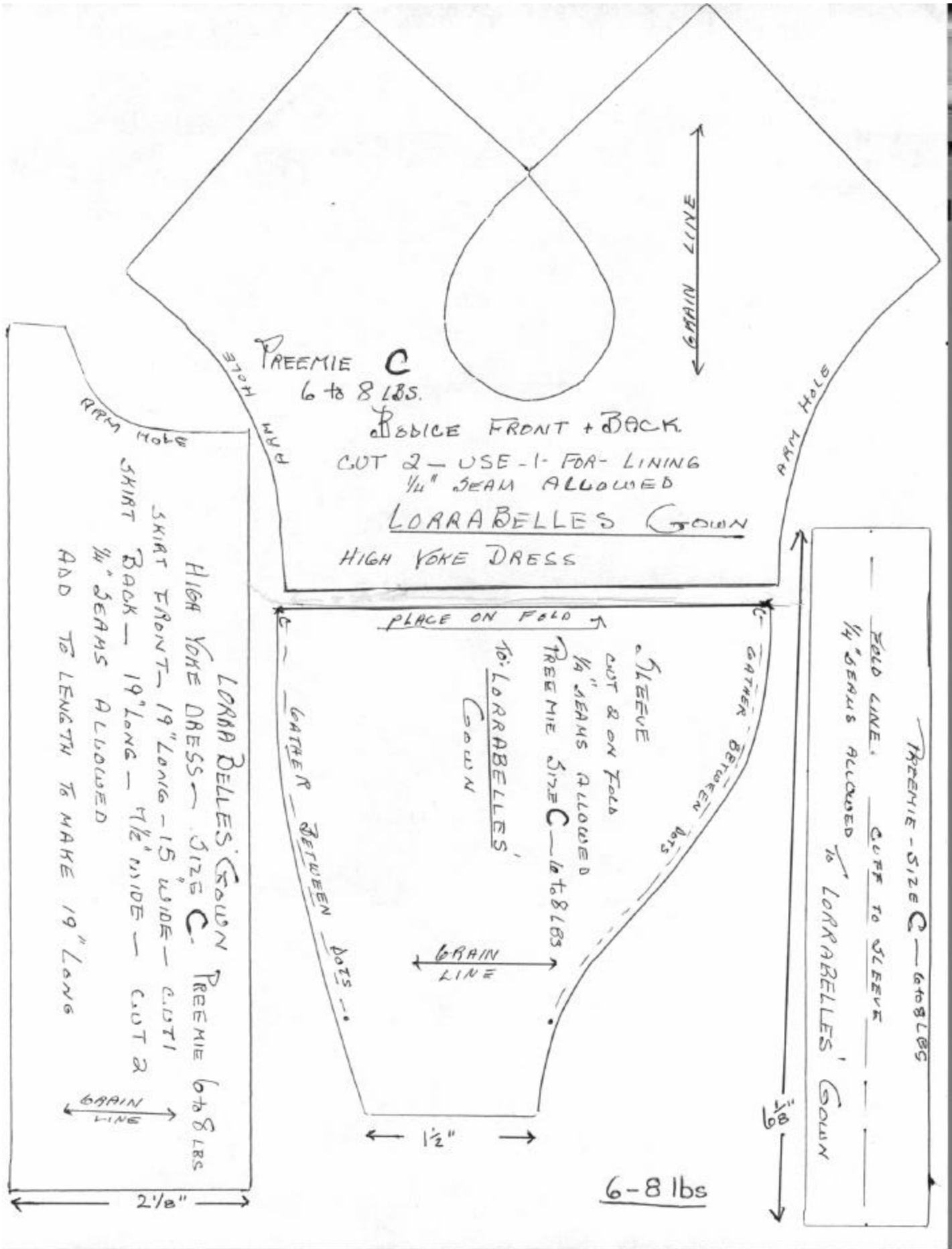


SLEEVE
 FREEIE - SIZE B
 3 to 6 LBS
 1/4" SEAMS ALLOWED

GRAIN LINE



FOLD
 FREEIE - SIZE B
 CORRABELLES' GOWN
 1/4" SEAMS ALLOWED
 CUT 2
 GRAIN



BATH MITT

SIZE: To fit adult

MATERIALS: Bernat Love Bug (1¾ oz/50 g)

2 balls

Small quantities of white and beige yarn for embroidery.

Size 4.50 mm (U.S. 7) crochet hook **or size needed to obtain gauge.**

GAUGE: 14 sc and 16 rows = 4 ins [10 cm]

INSTRUCTIONS: Ch 34. **1st row:** (RS). 1 sc in 2nd ch from hook.

1 sc in each ch to end of ch. 33 sts. Ch 1. Turn. **2nd row:** 1 sc in each st to end of row. Ch 1. Turn. Rep last row 6 times more.

Shape thumb gusset: 1st row: (RS). 1 sc in each of first 17 sts. 2 sc in each of next 2 sts. 1 sc in each st to end of row. Ch 1. Turn.

2nd, 4th, 6th, 8th, 10th and 12th rows: 1 sc in each st to end of row. Ch 1. Turn. **3rd row:** 1 sc in each of first 17 sts. 2 sc in next st.

1 sc in each of next 2 sts. 2 sc in next st. 1 sc in each st to end of row. Ch 1. Turn. **5th row:** 1 sc in each of first 17 sts. 2 sc in next st. 1 sc

in each of next 4 sts. 2 sc in next st. 1 sc in each st to end of row. Ch 1. Turn. **7th row:** 1 sc in each of first 17 sts. 2 sc in next st. 1 sc in each

of next 6 sts. 2 sc in next st. 1 sc in each st to end of row. Ch 1. Turn. **9th row:** 1 sc in each of first 17 sts. 2 sc in next st. 1 sc in each of

next 8 sts. 2 sc in next st. 1 sc in each st to end of row. Ch 1. Turn. **11th row:** 1 sc in each of first 17 sts. 2 sc in next st. 1 sc in each of

next 10 sts. 2 sc in next st. 1 sc in each st to end of row. Ch 1. Turn. **13th row:** 1 sc in each of first 17 sts. Ch 2. Miss next 14 sts. 1 sc in

each st to end of row. Ch 1. Turn. **14th row:** 1 sc in each st or ch 1 sp to end of row. 33 sts. Cont even until work from beg measures 8 ins

[20.5 cm] ending with RS facing for next row. **Shape top: 1st row:** 1 sc in first st. *Draw up a loop in each of next 2 sts. Yoh and draw*

through all 3 loops on hook - sc2tog made. 1 sc in each of next 11 sts. Sc2tog. 1 sc in next st. Sc2tog. 1 sc in each of next 11 sts. Sc2tog. 1 sc

in last st. Ch 1. Turn. **2nd row:** 1 sc in first st. Sc2tog. 1 sc in each of next 9 sts. Sc2tog. 1 sc in next st. Sc2tog. 1 sc in each of next 9 sts.

Sc2tog. 1 sc in last st. Ch 1. Turn. **3rd row:** 1 sc in first st. Sc2tog. 1 sc

BATH MITT (CROCHET)

Reprinted with written
permission. 2/25/03

Crochet bath mitt made
with soft absorbent cotton.
Skill Level: Easy

For use with Bernat LOVE
BUG yarn.

See additional patterns at
the Bernat website:
www.bernat.com

Note: designed to fit an
adult hand for fun when
washing baby.

The illustration is
shown in pastel pink
with white eyes & tan
nose.



Service Project of Kappa Phi (University of Oklahoma) where they learned to knit and completed 16 hats!

Bernat Baby Mitt directions continued:

in each of next 7 sts. Sc2tog. 1 sc in next st. Sc2tog. 1 sc in each of next 7 sts. Sc2tog. 1 sc in last st. Ch 1. Turn. **4th row:** 1 sc in first st. Sc2tog. 1 sc in each of next 5 sts. Sc2tog. 1 sc in next st. Sc2tog. 1 sc in each of next 5 sts. Sc2tog. 1 sc in last st. Ch 1. Turn. **5th row:** 1 sc in first st. Sc2tog. 1 sc in each of next 3 sts. Sc2tog. 1 sc in next st. Sc2tog. 1 sc in each of next 3 sts. Sc2tog. 1 sc in last st. Fasten off.

Thumb: With RS of work facing, join yarn with ss to ch sp. Ch 1. 1 sc in each of next 2 ch. 1 sc in each of next 14 sts. Join with ss to first sc. 16 sc. **Next rnd:** Ch 1. 1 sc in each sc around. Join with ss to first sc. Rep last rnd 4 times more. **Next rnd:** Ch 1. (Sc2tog) 8 times. Join with ss to first st. 8 sts. **Next rnd:** Ch 1. (Sc2tog) 4 times. 4 sts. Fasten off. Thread end through a tapestry needle and draw yarn through rem sts. Fasten securely. **Ear (make 2):** Ch 7. **1st row:** (RS). 1 sc in 2nd ch from hook. 1 sc in each of next 5 ch. Ch 1. Turn. 6 sts. **2nd and 3rd rows:** 1 sc in each st to end of row. Ch 1. Turn. **4th row:** Sc2tog. 1 sc in each of next 2 sts. Sc2tog. Ch 1. Turn. 4 sts. **5th row:** (Sc2tog) twice. Fasten off. Join yarn with ss to side of Ear at lower corner and work 1 row of sc around Ear to opposite corner. Fasten off. Sew Ears in position. Embroider face as illustrated. Sew top and side seam. **Loop:** Join yarn with ss at lower side edge at seam. Ch 15. Join with ss in same sp as first ss. Fasten off.



Introducing
HYLDA ADAMS

1070 Orchid Road
Warminster, PA 18974

Hylida is 92 and a very
active Care Wear
participant.



Sincere thanks to BERNAT
for permission to reprint this
pattern.

<http://www.bernat.com>
(for knit and crochet patterns)



Nancy Horvath sent these photos and wrote that Hylida
“...inspires me with all of the wonderful work she does. She has
done a lot for babies and helped to spread the Care Wear message.”
Hylida delivers to Cooper Hospital (PA). She is an inspiration to
all of us! Nancy thought that Hylida would like to hear from
anyone who wanted to write to her. She does not have a computer.
Her USPS mailing address is above.

Suggestions to quilt makers:

1. Preshrink components used for quilts. Eliminate the shrinkage before you cut and assemble a quilt.
2. Consider using flannel for the underside of the quilt—for softness & warmth.

Dear Ms. Hagerman:

I received your information packet about Care Wear Volunteers and was glad to see the local nursing home on the list as well as the hospital in Palm Springs and two others in the San Bernardino area.

I noticed walker bags as one of the items wanted but I have no idea what they look like. My husband uses a walker and does not care for the wire basket that came with it. Perhaps in a future newsletter you could give a pattern or instructions on this item.

My 82 year old aunt wrote that she had finally used up all her yarn and given up knitting which she has done most of her life. I sent her info on this program, a copy of the basic knitted cap and a box of yarn and she is back to knitting again!

I do both knitting and crocheting and have a bag packed with yarn, needles and hooks and copy of the cap patterns which is my carry-along work when I have waiting time for various appointments. I never leave home without it. In the evening while watching TV I can usually complete a cap. Leftover yarn is wound into one big ball and for a change of pace I crochet oversized granny squares for lap robes. I copied the patterns for the stuffed toys and have several cut out. When a friend heard about my projects she supplied some flannel and stuffing for the toys. Along with making blocks for Warm Up America blankets, this is getting to be a full time job but I love it. I have four large plastic tote boxes full of yarn to use up so can keep busy for quite a while.

My husband has his medical appointments at the Veterans Hospital in Loma Linda and one day while waiting for him I saw two women wheeling in a cart full of knitted and crocheted lap robes. A few months ago when he had to spend three days there he and the other patients in the room were given lap robes made of odds and ends of yarn, quite colorful. I assumed they were made by a volunteer group for the hospital. These items are appreciated by the patients, especially those in for a long stay.

This clipping from a catalogue shows the measurements (7"x12 1/4") for a handy walker or wheelchair bag. Use zippers or Velcro © to provide a safe space for valuables.

Sincerely,

Margorie Kinney



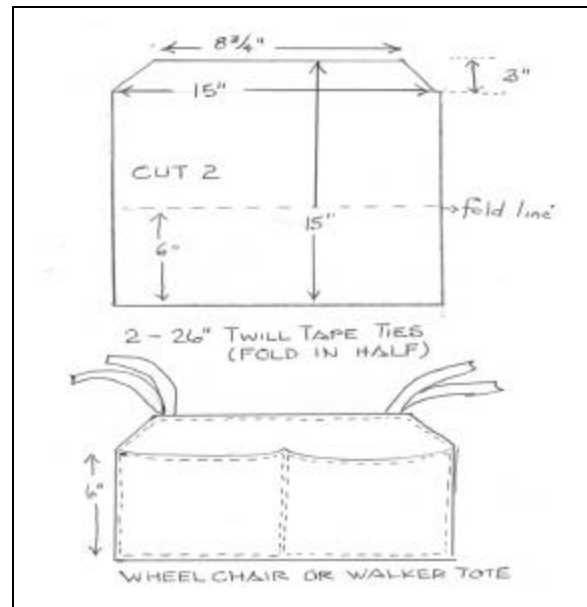
**Keep
personal
items safe
& handy**

Keep wallet,
keys,
comb/brush
and medication
close at hand.
Slimline design

attaches to inside of wheelchair armrest or beneath the seat. Main zippered compartment opens easily with ring-type zipper pull. Two front pockets for smaller items; one is fleece-lined and is ideal for glasses. Durable, weather-resistant nylon packcloth in red.

ADP 7100130 Side Kick Bag

\$12⁹⁵



Another tote that is simple & easy to sew.

Organ donors save lives

Fithian toddler gets life-saving lung transplant

By Katherine Wright
kwright@dancomnews.com

FITHIAN — Amber Winters of Fithian wants every human to take a walk in her shoes — not in a malicious way, but in an inspirational one.

She wishes every person was obligated to take a walk through the St. Louis Children's Hospital and see what she witnessed during her daughter Hannah's six-month battle there.

"I wish it was a requirement in life to visit these kids to see how important life is," Winters said.

Walking through the intensive care unit and seeing all the children who are waiting for a transplant — whether it be lung, heart-lung, kidney, liver, bone marrow or heart — opened Winters' eyes to the significance of life. She feels it would teach every person a life lesson.

"People take life for granted," she said. "I know people probably think they don't, but they do."

Hannah — who turns 2 years old today — has been ill since birth, but her illness remains undiagnosed. She received a double lung transplant Jan. 26 at the children's hospital.

The parents first took Hannah to the children's hospital in St. Louis last August

Did you know?

About 81,665 people of all ages in the United States are candidates for organ transplants, according to the Organ Procurement and Transplantation Network's latest figures.

■ In the United States, 124 children

under 1 year old are candidates and 584 children between ages 1-5 are candidates.

■ In Illinois, 4,419 candidates await transplants.

For more information visit the Web site at: <http://www.optn.org>

because she seemed to be dehydrated and lethargic. She went from needing 23 liters of oxygen to 15 liters, the maximum level.

Hannah also is deaf and struggles with many medical complications. Because of her hospitalization during which she was fed through tubes, Hannah suffers from oral aversion. She still requires oxygen at night, and is administered eight medications.

Since surgery Hannah has been hospitalized once for a virus. Despite this, Hannah is doing well, Winters said.

"Hannah's doing great right now, but we just don't know (about her future)," Winters said.

Deciding to put Hannah on the candidate list in the first place was a hard decision for Amber and her husband, Loren, but they had help.

An 18-year-old patient whom the family befriended explained to Winters that Hannah would want her mother to say yes to the risky pro-

cedure. He had already gone through the procedure, but, unlike Hannah, he made the decision himself.

"That conversation with him was self-determining for me," Winters said. "After that, I knew I was doing the right thing."

But with the decision to put Hannah on the waiting list, Winters knew the reality in the situation if and when the transplant happened. Tragedy would have to happen first.

"(After the surgery) I remember sitting and crying at one point because I knew one family had lost their baby to let Hannah live," Winters said. "I can't explain the grief I felt for that family."

Sister Joanne Vander Heyden, chaplain and liaison between the Gift of Hope and the Provena United Samaritans Medical Center, spoke of the essence of transplantation. She stressed the importance

Please see LIVES/Page 2A

Another chance



Laury Graves/Commercial-News
Amber Winters plays with her daughter Hannah at their home in Fithian. Hannah is the recipient of a double lung transplant.

Diane M (Belleville, IL) joined Care Wear when her granddaughter Hannah was a newborn in the NICU.

Lives

Continued from Page 1A
of remembering the positive.

"Some good can come from another person's tragedy," Vander Heyden said. "(Donors) can just save the life of another person."

The Gift of Hope Organ and Tissue Donor Network, located in Elmhurst, is a not-for-profit organ procurement organization that recovers tissues and organs for transplantation, according to its referral manual. The organization strives to ensure a proper donation for the families and hospitals. It serves the northern three-fourths of Illinois and north-west Indiana.

Although the Winters family may never meet the donor family, they are forever grateful for the stangers' agreement to donate their child's organs. Without this family's consent to donate, Hannah would not be celebrating another birthday.

"I realize that Hannah was dying," Winters said. "I've been told by doctors that Hannah got

her lungs just in time."

With this knowledge, Winters wants to spread awareness to the community. She wants people to understand that children, not just adults, need organs.

"If anything happened to any of us, if you're not meant to be here (on Earth) anymore, why wouldn't you give someone else a chance?" Winters stated.

Winters understands the importance of a mere "chance." She hopes to change the minds of adults who might be against organ donation or those against consenting to donate their child's organs in the face of a tragedy.

Vander Heyden described the demand for organ donation by providing a haunting statistic.

"Every 16 minutes someone is added to the (candidate) list. Many die just waiting."

Families have said that organ donation has helped them during the mourning process. Although they have still lost a loved one, knowing someone else received a second

Transplant facts

The St. Louis Children's Hospital has performed more than 241 lung and heart-lung transplants to children from all over the world since the program was established in September 1990.

Average waiting time (2002):

- Infant: Days to three months
 - Small child: Six months
 - Adolescent: Two years
- Average length of stay (2002) — 26 days

Average age of recipients:

- Youngest recipient — one month
- Longest Surviving Patient — 12 years
- One Year Survival Rate — 79 percent

For more information visit the hospital's Web site at: <http://www.stlouischildrens.org>.

For more information on the Gift of Hope Organ and Tissue Donor Network visit: <http://www.giftofhope.org>.

chance of life helps them find meaning in tragedy, according to the Gift of Hope's organ and tissue donor referral manual.

Hannah proved to be a lucky baby, but many children are still sitting, still waiting. Besides stressing the importance of

signing up to be a donor when renewing your driver's license, Winters wants parents to be aware that children's organs are just important.

"If I can get awareness out there to help one other kid, then that's totally worth it," she said.

Knitting premie hats is almost a 2nd job for Diane! She wanted to do something for the hospital & staff.

Local seniors put their hearts into sewing

by Robin Maliszewskyj

I think people are happier when they are helping other people.

So says Dottie Engle, coordinator of the Middletown Seniors group, about the group's involvement in a program to supply handmade items to hospitals and nursing homes.

The national "Carewear" program became local when Bonnie Hagerman at Hood College started it in Frederick. The Middletown Seniors joined in almost two years ago, and the program has continued to grow since.

Carewear involves the making of many different types of items, such as gowns for premature babies, afghans, hats, booties, stuffed toys and dolls, lap rugs and neck pillows.

When Engle found out about the local program, Dorothy Clinard jumped at the chance to organize it for the Middletown Seniors; she had once been involved in a similar program in Nashville. "Last month, we sent 31 neck pillows to Frederick Memorial," Clinard said. "The preemie clothes are sent all over the U.S. We get thank-you notes from almost every state in the Union."

Thirteen ladies and one gentleman involved with the project, and two more people have expressed interest just this week. This local group is very productive. Eleanora Engler started making gowns about eight months ago, and she has already made over a hundred.

"Betty Stone makes crocheted gowns," Engle said. "She brings

me gobs of products every month!" Betty Gouker explained that her sister, Grace Reeder, does a lot of sewing. "I mostly help with the stuffing," Betty said.

Becky Guyton has made about 120 stuffed toys, including 21 dolls with no faces that serve a very special purpose. The plain babies are sent to Johns Hopkins Hospital, where they are used as teaching aides to help children understand their upcoming procedures. Guyton received a letter from Hopkins explaining how helpful the dolls are in reassuring the children.

Engle is thrilled to have so many seniors involved. "They are enjoying this so much," she said. "They are proud of themselves and inspiring each other."

Kathryn Leese has almost completely lost her eyesight, and yet she crochets beautiful baby blankets for Carewear. Clinard said. The one gentleman involved, Blaine Smiley, had sent in thirty caps at one time.

Many of these people use their own money to buy supplies, though Engle explained, "Sometimes when I give her items, Bonnie (Hagerman) gives me material." Clinard added that many other people donate material and crochet thread, as well.

According to Clinard, the Carewear program in the Frederick area has grown quite large. Each fall, a meeting is held at Hood College at which all the local people involved mass-produce items. "Last fall, there were over a hundred people," said Clinard. "They made over 4000 pieces."



Displaying some of the work they've made for donation are, in back, Betty Gouker, Cathy Parliato, and Eleanora Engler; in front, Becky Guyton and Dorothy Clinard. Dorothy was wearing several hats at the seniors' lunch that day. Shown here is her clown hat.

Here in Middletown, Clinard is pleased with her "nice group" of volunteers. In addition to those mentioned above, she named Betty Durham, Doris Wallenberger, Ruby Poulin, and Joan Philipond as being quite helpful. Furthermore, said Clinard, "Sometimes Betty (Gouker) takes dolls and animals to Reeder's Nursing Home, and the residents and staff there stuff them."

It's fun for these seniors to receive feedback on the items they

make. Items are sent to Frederick Memorial first. If they are not needed there, they are shipped elsewhere in the country. Many of the volunteers put their names on the items, and thus they can receive personal notes that tell them where the items were used. Also handy with a needle,

Cathy Parliato says she found out about Carewear in the newspaper. She wants any publicity the seniors receive to be for the purpose of recruiting more workers. *Anyone wishing more information on how they can help through donating materials or sewing should call Dorothy Clinard at 301/371-7226.*



Photo Left: More of the marvelous baby items made by the Middletown Ladies Group (article on previous page). Pictured: Betty G, Becky G, and Dorothy C.

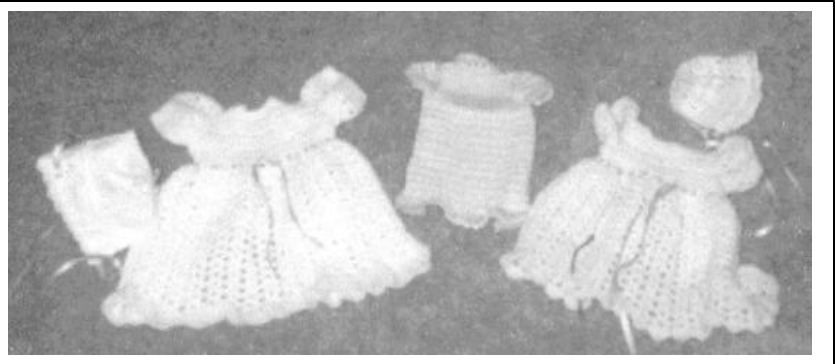


Photo Above: In addition to gowns & hats, Naomi R (Milwaukee, WI) makes sweaters, blankets, booties, and lots of other items.

Tiny gowns fit for tiny babies

Women stitch compassion into ever garment for newborns

By Rosemary Rimkus
CORRESPONDENT

HUDSON — With clicking needles and whirring sewing machines, talented Hudson volunteer craftswomen have turned hundreds of skeins of yarn and many yards of fabric into clothing for premature babies at Worcester hospitals.

The gifts of their time and talents are in conjunction with the nationwide

KEYNOTES
Care Wear Volunteers Inc., a program begun in 1991 by Bonnie Hagerman, executive director of academic services at Hood College in Maryland.

On April 2, more than 200 tiny handmade hats, sweaters, booties, blankets and toys, made by local residents, were delivered to the neo-natal intensive care unit at UMass Memorial Hospital, Worcester, for premature and low birth weight babies. Delivering the items were volunteers Martha Berry, Betty Satas, Mary Coffey, Dianne Buchanan, Terry Barton, all of Hudson; Susan Pierce of Oxford and Pat Charbonneau of Holden.

Other local women who have made baby items are Margaret Taylor, Lorraine Bent, Theresa Scopetski, Barbara Sawyer and Judie Newton.

Coffey, who has been knitting and sewing for her children and grandchildren for many years, heard about Care Wear Volunteers, the organization that provides handmade baby items to hospitals, when a grandchild was born prematurely at a Maine hospital five years ago.

"I wrote to Bonnie Hagerman at Hood College, Mary-



Hudson resident Mary Coffey shows the tiny infant burial gown she crocheted, to be donated to Worcester hospitals.

land, for information and a Care Wear pattern book," said Coffey, an Avon Drive resident. She began knitting the tiny sweater sets, sewing the simple kimonos and forwarding them to Hagerman.

She said Care Wear was begun by Hagerman as a person-

CLOTHES, see page 14

Bill Haines (photo in June newsletter) received this:

Hi Bill,
Thank you for the box of knitted blankets & hats. We love the pattern you use for the hats, they fit perfect. As soon as I opened your box I picked out the blue blanket and white & blue hat and gave it to a baby whose grandfather had died a couple of days before his birth—very sad. We know that the blanket will help in some way, something beautiful to be remembered. Thank you so much from all of us in the NICU. Stay well. Mary Kay (Emanuel Medical Center Turlock, CA)

CLOTHES, from page 1

al effort to provide apparel for premature and low birth weight infants undergoing treatment in neonatal intensive care units at hospitals in the Washington, D.C., area.

A longtime member of Christ-the-King Ladies' Sodality, Coffey introduced the idea to member Martha Berry, and when they discussed it at a Sodality meeting, many members requested pattern books. Berry also enlisted several members of the Hudson Emblem Club, of which she is a past president.

Among the Sodality members who have been active in the Care Wear program is Betty Satas, an experienced seamstress and knitter, who said she had been knitting since girlhood when she was taught by her late aunt, Edith Hevey.

"But the patterns are very simple, and can be made by even inexperienced craftspersons," said Satas. She said patterns for knitted bonnet and jacket sets range from extra-small to medium, and require 2-ply baby yard.

"The items are so small," said Coffey, "that I often use leftover yarn from things I knit for my grandkids."

Coffey has crocheted several tiny dresses for use by the families of babies who die in the hospital. She said some of the premature babies are born to young girls with no families who have had little pre-natal care, and some babies are born drug addicted and sometimes don't survive.

"When I first started making the tiny burial gowns, I felt kind of sad," said Coffey, "but now I see it as a gift we can give."

The women also make tiny two-piece, white burial suits for baby boys.

The volunteer effort is typical of the charitable work done by



PHOTO BY ROSEMARY SIMKUS

Hudson resident Betty Satas knits tiny caps, jackets and gowns for premature babies in Worcester hospitals.

members of the Sodality and the Hudson Emblem Club, Berry said. The Sodality regularly donates practical items to Birthright, an organization that houses young women at Spring House in Berlin who are undergoing stressful pregnancies. Donations are also made to Willis House on Church Street, Hudson, which also provides transitional housing for teen-age girls.

The Emblem Club's charitable work, Berry said, includes an annual scholarship for graduates of local high schools, and support of the annual Chamber of Commerce Holiday Coalition, which

provides food and clothing for underprivileged Hudson families at Christmas.

Bonnie Hagerman said she appreciates any efforts to publicize the Care Wear project. "The more recruits, the more we can deliver to hospitalized infants and children."

Care Wear Volunteers Inc. may be reached by writing to: Bonnie Hagerman, c/o Hood College, 401 Rosemont Ave., Frederick, Md. 21701-8575; e-mail hagerman@hood.edu, or see information on the Care Wear Web site at <http://www.hood.edu/carewear>.

LETTER

Hi Bonnie,

It has been a while since I asked you to post the Ronald McDonald Children's Hospital at Loyola University Medical Center (Maywood, IL) on your list of hospitals who would appreciate donations. Since that time the NICU has received many wonderful baby items for which we are most grateful! Aside from keeping the babies warm & cozy, the handmade items make such a difference in how the "little ones" are perceived and reminds everyone that there are people who care. For this, I send a heartfelt *THANK YOU*.

Please change the name of the contact person and the e-mail address for the contact person from myself to JOAN TOWNSEND, RN at rockyrn@hotmail.com

Take care,
Sue Burke



PHOTOS BY ROSEMARY SIMKUS

Hudson residents, from left, Martha Berry, Mary Coffey and Betty Satas are some of the local craftswomen knitting, crocheting and sewing baby items for newborns in the neo-natal intensive care units of area hospitals.

REQUEST:

HELP of Southern Nevada requests 500 lap robes for seniors. Bev Q and friends are making & collecting 12" granny squares for lapghans.

Bev would appreciate assistance. Can you send one or more **12" granny squares** to:

Bev Qualheim
P.O.Box 427,
Loganville, NV 89021.

Martha B. sent this article. As a result of this publicity, the group received more requests for patterns.

Letter from Jane Arney (Wal-Mart #1297 in Chiefland, FL)

I must write a letter for this newsletter to thank all of the volunteers from store #1297 (Wal-Mart Super Center, Chiefland, FL). What a great group we have there! I can't thank them enough. Their help, caring, and loving attitudes make such a difference. Colleagues have even helped me make deliveries to Shands Hospital in Gainesville. It all helps so much!

In the last newsletter I mentioned that my car functions as a "warehouse." I store completed items on the back seat and when it's full, it's time to make a delivery. The trunk, on the other hand, contains some donated supplies, like cut & sewn bears, for me to distribute to anyone who needs assistance.

I want to take this opportunity to thank each and everyone who took the time to send items to me to take to my group to stuff with fiberfill. We have some pretty good "stuffers" in the Wal-Mart group!!!!

The group continues to glue, cut, sew, paint, crochet, knit, etc., in record time. Each participant brings a unique talent and it shows! The group makes me very proud—as the collection of completed items fills the back seat of my car. I may have to consider the purchase of a van!!!!

Delivery of the completed items is easier now that I have help with that task. But, I am driving more often to Gainesville because another gal and I are enrolled in Clown School in Gainesville! In June we went to the pre-clown classes and we left there feeling as if we found a new life. In July we returned for the graduation of the current class. It was wonderful to see the clown graduates in full costume and painted faces. My classes will begin in September. The course is 6 months long and should be great fun. We will use this education to visit nursing homes, hospitals, and other events where we can make people happy. Of course, the trip to clown school also includes a stop at Shands Hospital for Care Wear deliveries. M

Wal-Mart associates always plan ahead! Production of holiday stockings (green felt) has begun! The green felt has been cut and sewn. The undecorated stockings are being distributed to colleagues who will decorate them with bows, snowmen, trees, stars, etc... It is a real treat for me to see this evolution! Each stocking is unique and has a personality. All of them are beautiful. They will make many people happy.

Wal-Mart has given a great deal of support to Care Wear and I am thankful to be a part of that. Our store is full of very caring people, but generosity and caring start at the top. From making baby booties to learning more about clowning around, or learning new skills, it's all important. It's all appreciated!

Thank you for being there when I need help.

Jane

P.S. Jane & her group have donated more than 1252 items (afghans, booties, bears, dolls, slippers, etc..)

VERY EASY KNIT HAT

Mae Firestone (North Lima, OH) sent this pattern & sample. This same style is featured in the Family Circle Easy Knitting article (Fall 2003). VERY CUTE!!!

Size 6 or 7 needles

light weight 4ply yarn or 3 ply sport yarn (knit to size shown)

CAST ON **36** stitches.

Knit in ribbing (knit 2, purl 2) for six rows—approx. 1 inch.

Knit all rows for approximately 4 inches

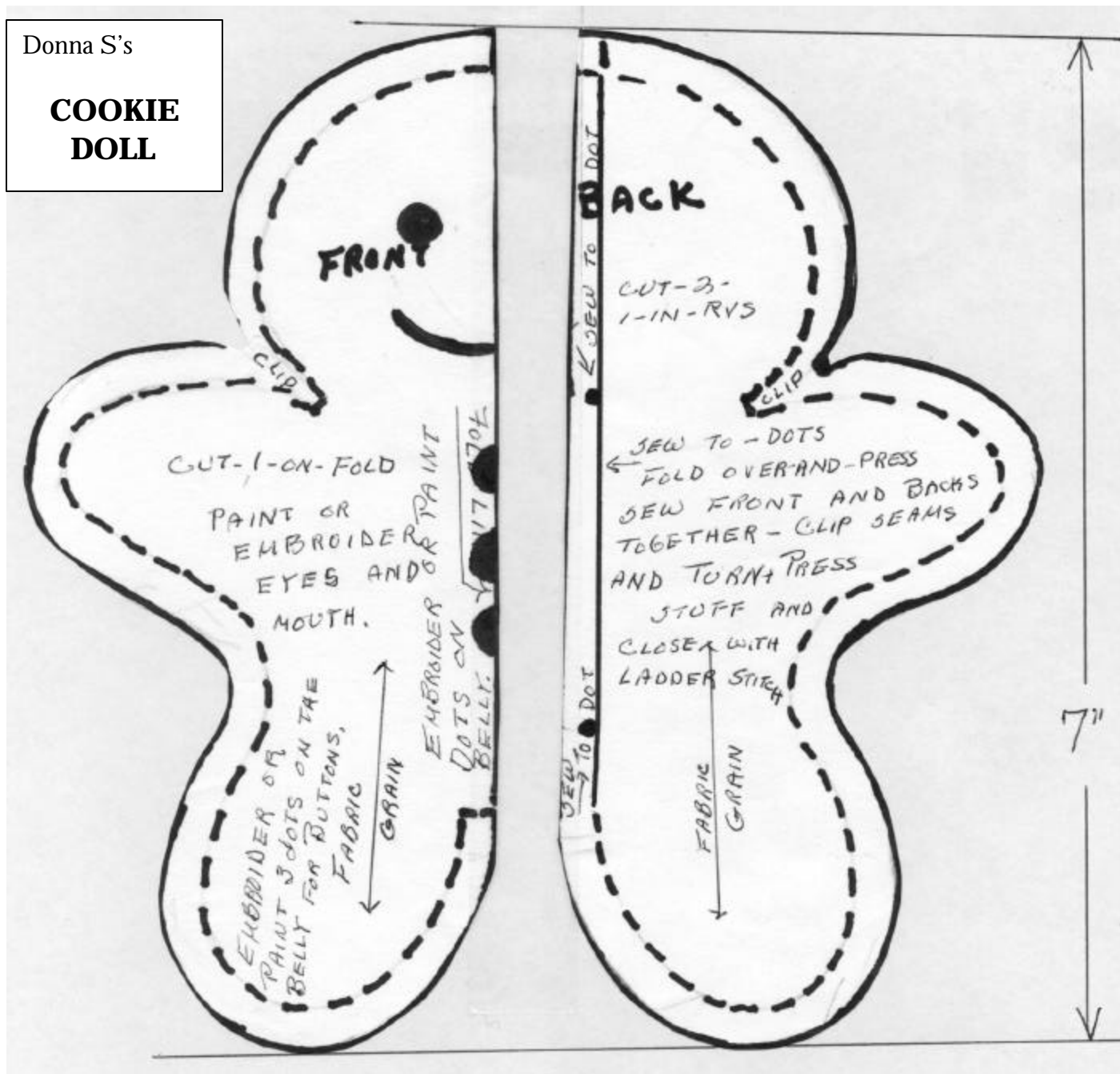
Bind off. Sew top & sides together.

(Knit to scale---4 ¼" across and approx. 5- 5 ¼" tall)



Donna S's

COOKIE DOLL



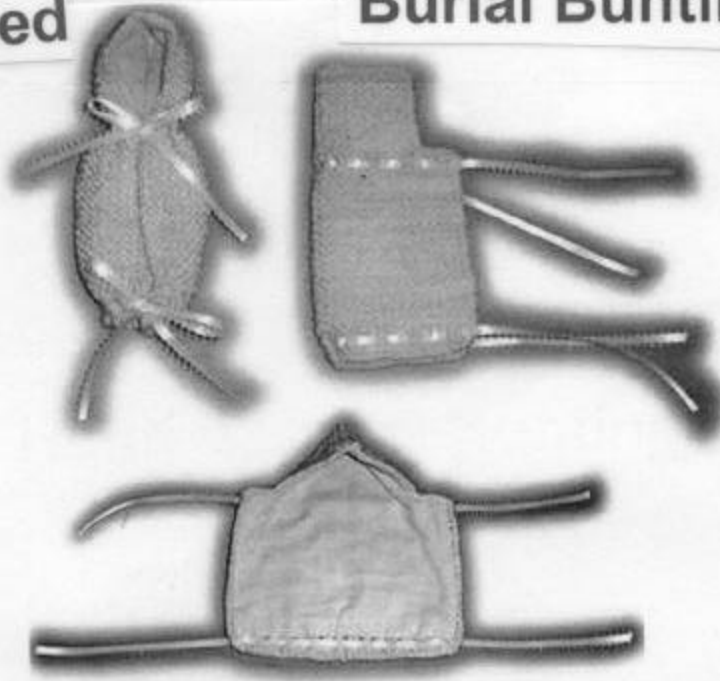
Donna S sent this pattern and sample. She calls it the COOKIE DOLL. Donna wrote that she makes them in muslin and brown cotton. Her grandchildren call them "Ginger" and "Sugar."

Donna usually puts three black "buttons" (fabric paint or permanent magic marker) down the front, but made a mistake when making the sample for me. Her three buttons were off-center, so she added three more to balance! Six "buttons" looks cute, too!!!!

Many thanks to Donna for Lorrabelle's Gown & this cookie doll.

Knitted

Burial Bunting



<http://www.touchinglittlives.org/knitbunting.html>

Converted from crochet into knit by Nina Self, Touching Little Lives volunteer.

Samples knitted by Lenore English, Michigan

Reprinted with written permission. (June 12, 2003)

Sincere thanks to Nina and Marianne.

<http://www.touchinglittlives.org>

Hospital Update:

Northeast Heights Medical Center
4701 Montgomery Blvd,
Albuquerque, NM 87109

reports that they do not have a pattern for isolette covers, but that they can use **half size blankets (20"x15")** for bassinets.

General Directions

Cast on 34 stitches

BUNTING BODY:

Rows 1 & 2 rows: K across.

Row 3: K1, *K2tog, YO, Repeat from * to the last stitch, K1.

Row 4: K across.

Work in garter stitch until piece measures 5" from cast on edge.

Repeat rows 3 & 4, once

HOOD:

Bind off 5 stitches at the beginning of the next two rows.

Work in garter stitch until piece measures 8" from cast on edge.

Bind off all stitches.

FINISHING:

Line with flannel or flannelette.

Fold the top of the hood in half and weave the seam closed.

Cut the ribbon in half (2 18" pieces) and weave the first piece of ribbon into the neck casing.

Lap the right bottom side over the left by 4-5 stitches and secure by weaving the second piece of ribbon through bottom casing.

Snip ribbon ends at angle, tie in bows.

Snuggly gather the bottom casing, loosely gather the neck casing. (We prefer these buntings be lined with a flannel liner.)

Supplies:

baby yarn (soft, pastel colors are perfect)

1 yard of 1/4" ribbon

Size 8 Knitting Needles

Large blunt-tipped darning needle

HOSPITAL UPDATE

Johns Hopkins Children's Center

Attn: Jerriann Wilson

Director, Child Life

Blalock 174

600 North Wolfe Street

Baltimore MD 21287-4174

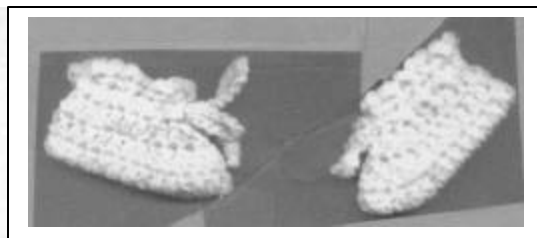
welcomes cloth quilts to distribute to children recovering from surgery.

Ginger's Easy Preemie Booties (<http://www.geocities.com/Heartland/Farm/51115/page0005.html>)

Small Preemie Booties

Pattern by: Ginger

Sport Weight or Fingering Weight Yarn
size D or E hook



Ch 13

Rnd 1: DC in fourth ch from hook and in each of the next 8 chs. Work 5 DC in last ch. Working down, opposite side of ch, work 1 DC in each of next 8 chs. Work 1 DC in last ch. Join with sl st to top of ch 3. DO NOT TURN

Rnd 2: Ch 3, work 1 DC in same st. working in BLO DC in next 10 dc; work 2 DC in next, 1 DC in next, 2 DC in next, 1 DC in next, DC in next 9 dc, work 2 DC in last dc. join. DO NOT TURN

Rnd 3: both loops now. Ch 3, DC in next 9 dc. DC DEC in each of next 2 sts (5 times) DC in last 9 dc. join. DO NOT TURN

Rnd 4: ch 3, DC in next 7; DC DEC in next 2 sts (5 times) DC in last 6. join. DO NOT TURN

Rnd 5: ch 2, HDC in each dc around. 19 sts. join. DO NOT TURN

Rnd 6: ch 3, sc, ch 3, sc around. join. Finish off and weave in ends.

Either crochet a ch of about 80, or use a piece of ribbon and weave in and out thru row 5. Tie into a bow. Attach bootie pairs together with a piece of yarn or ribbon :)

This pattern was sent to me by Ginger. Thank you very much, Ginger, for sending me your pattern and allowing me to post it for others to use. The booties are so easy and work up quickly! It is so important for preemie babies to keep warm and these booties will certainly do the trick! Please make a pair to donate to your local NICU, or a teeny tiny baby you might know, or you can send any you make to me :) Thanks again Ginger!!!

Reprinted with
written
permission
(May 8, 2003).

Many thanks to
Ginger for her
talents and for
sharing her
patterns with
Care Wear
Volunteers
participants.

Open-top Preemie Hat

You can use any type of yarn just use the hook that would correspond to the yarn you use. Sizes would depend on the yarn you use or the width you make your rows. It is very easy.

Chain 25, slip stitch in 2nd chain from hook, slip stitch in the next chain, SC in the next 2 chains, HDC in the next 2 chains, DC across, chain 2 and turn. DC to and including the first DC made. HDC in 2 hdc's, SC in the next 2 SC's, slip stitch in the next slip stitch. Chain 1 and turn. Continue repeating this row for at least 20 rows or more or less (DEPENDING ON THE SIZE YOU WANT). When you have reached the size you want it to be then end with the long row and slip stitch ch 3 in each stitch across. Leave the small end as is or you could add a slip stitch ch3 trim if you'd like or whatever edging you'd like. Weave the edge together and sew in all the ends. You can turn it up like I have pictured or you could start off with a smaller ch of say 20 stitches and do the reverse SC around the edge. There are so many ways to do this border. Have fun and keep making preemie hats. They really do wear them. Ginger >>



Bev's Quick Slipp-ers!

copyright 2000-2001 Bev Qualheim

101 Easy Scrap Crochet Projects I love using up scraps and this is a terrific book for that! Then I can buy more yarn for my stash! :-)

The other day, a lady sent me some adorable slippers for a shelter I serve, and I decided to try to make some that looked like them.

Here is what I came up with- you basically Double Crochet a rectangle, fold in half lengthwise, and stitch it into a slipper:



Hook size G or H (I used H)

4 ply yarn-- scraps

I like to use 2 strands at a time in slightly different shades. Makes them warmer and adds variety.

Ch 33 (or as long as the foot)

DC in 3rd ch from hook and in each ch across, (go thru both loops) ch 3 and turn.

Now DC in each dc across, ch 3 turn.

Keep doing this till you have 12 - 13 rows, end off with a 12" tail of yarn.

Thread tail onto a sewing needle and weave yarn through one end of the oblong, pull tightly to gather, then whip stitch down folded slipper to a bit farther than half way. Finish off and cut yarn. Whip stitch heel. You can

add a pom pom if you like.

These do crochet up quickly and you could do them in any size by varying the number of sts and rows.

RUDY'S Cuff addition



Crochet in back loops only and Rudy says it makes for a warmer slipper.

After stitching slipper together, add yarn and do one row of sc around the foot opening.

Join with a sl st to the first sc, ch 3, dc in each sc and join with sl st to top of first dc.

Continue to do this to form a cuff, for as many rows as you wish.

Reprinted with written permission. Sincere thanks to Bev Q ***If you have time and can assist her, please send one or more 12" granny squares for her lapafghan project. See page 16.

(<http://www.bevscountycottage.com/slippers1.html>)

Looking for short knitting needles? Well, Red Heart brand sells "Kid's Knitting Needles" in sizes 7, 8, and 9—in 7 inch length. You can purchase one package with one pair of each size or you can purchase the sizes separately. These short plastic needles are made in bright colors and were purchased at JoAnn Fabrics here in Frederick, MD. Great short length for premie hats & booties.

Aunt Maggie's Slippers

(Ballet style ~ no cuffs)

I have been looking all over for a pattern like the slippers Aunt Maggie and my mom used to make and I finally found one in an old pattern book from the 40's!

AUNT MAGGIE'S SLIPPERS

Instructions are for Child' Size with changes for Women's & Men's in parentheses.
Size 9 knitting needles and 3 oz of worsted weight yarn.

Gauge: 4 sts= 1 inch 8 rows--4 ridges= 1 inch

Slippers can be worked in single or double strand. Cast on 27 (29-35) sts

A photo of these slippers is on page 24.

ROW 1: - wrong side - K9 (9-11), p1, k7 (9-11), p1, k9, (9-11).

ROW 2: K all sts.

Repeat these 2 rows for 5 (6-8) ins., or 2 (2 1/2-2 1/2) ins. less than desired finished length allowing the 2 (2 1/2-2 1/2) ins. for toe, end on wrong side.

TOE:

ROW 1: P 1, *k1, p1; repeat from * to end.

ROW 2: K1, *p1, k1; repeat from * to end.

Repeat these 2 rows of ribbing for 1 1/2 (2-2) ins., end on wrong side.

First DEC. ROW: Work ribbing for 7 (7-9) sts, * slip, k and pass, k1, k2 tog. *, work 3 (5-7) sts ribbing, repeat between *'s once, finish row in ribbing; 23 (25-31) sts.

NEXT ROW: Work 7 (7-9) sts ribbing, p3, work 3 (5-7) sts ribbing, p3, finish row.

2nd DEC ROW: Work 6 (6-8) sts, * k2 tog., k1, slip, k and pass *, work 1 (3-5) sts, repeat between *'s once, finish row; 19 (21-27) sts. Break yarn leaving an end. Draw end through all sts twice; fasten off securely.

Reprinted with written permission from Bev Qualheim. See previous page for her marvelous website. THANKS, Bev!

FINISHING-- Fold cast-on edge in half and sew edges tog. for back of heel, gathering in the center sts securely.

Sew side edges of ribbing and foot together for 3 (4-5) ins. from toe.

Steam. Trim with pom-poms, buckles or buttons as desired. Make another slipper to match.

Care Wear Volunteers received a thank you note from the Intensive Care Nursery of Presbyterian Hospital (Charlotte, NC). The burial gowns & booties sent by Patsy M (Fort Mill, SC) were very beautiful and the hospital staff sent sincere thanks. "We hate when the time comes to use them (burial gowns), but we are so glad to have something special for the babies & their family. Thank you for all that you have sent & plan to send in the future. They (the gowns) are beautiful and you should be proud!"



Spring Purple Burial Gown

Little Tiny Burial_Dedication Gown

Materials: Sport weight baby yarns. And yarn needle to sew up left over ends.
And pretty ribbon , you can also use a pretty purl type button for looks in the front.
Size 3 circular 16" long knitting needle.

CO 66 Sts. (Join work)(beg of skirt)

NOTE:remember to put a marker or a piece of yarn to show where the beg or end of a row is..

Seed st. 3 rounds (K1,P1 one row then P1,K1 the next)

then, Knit 2 rounds.

for pattern:

K3, YO, K2tog *k4, yo, k2 tog* rep to last st. K1.

Knit round.

K1, *k2 tog, yo, k1, yo, k2 tog, k1* rep until end with out the last k1.

K 3 rounds.

Repeat this pattern until skirt bottom measures 7" (more if desired)

Dec 6 sts. (by k2 together.)

For bodice:

Row1 and all odd rows Knit around.

Row 2: K1,*Yo, k2 tog to last st. Yo, K1. (eyelete row)

Row 4: K 15, place marker (which will be called PM from now on) CO 15 sts. (sleeve)PM, k 30 (front), PM,CO 15 sts., PM, k 15.

Row 6: K 13, K2 tog, PM, sl1,k1, pssso, K 26, PM, k15, PM, sl1, k1, pssso, k13.

Row 8: K 12, yo, k2 tog, k9, k2 tog, PM, k15, PM, sl1, k1, pssso, K24, k2 tog,PM, K15, PM, sl1, k1, pssso, k12.

Row 10: K10,k2 tog, PM, K15, PM, sl1,k1,pssso, K22,K2 tog,PM, K15, PM, sl1,k1,pssso, K10.

Row 12: K10, k2 tog, PM,K15,PM,sl1,k1,pssso, k20,k2 tog,PM, K15,PM, sl1,k1,pssso, k10.

Row 14: K9, k2 tog, PM, K15, PM, sl1,k1,pssso, k18, k2 tog,PM,K15,PM,sl1,k1,pssso,K9

(Do not do anymore k rounds)

Row 15: K8, k2 tog, PM,k15,PM, sl1, k1, pssso, k16, k2 tog, PM, K15,PM, sl1,k1,pssso, k8.

Row 16: K3,k2 tog across.

Then 2 rows of seed st as in the beginning.

Then bind off all sts. loosely.

Many thanks to all who sent photos, news articles, and patterns. There is never sufficient space in a newsletter to include all that I collect. In the next issue I will include excellent sewing patterns for a beret and an infant cap. I will also try to include as many articles & photos as I can.

Reprinted with written permission (June 10, 2003). Sincere thanks to Mary Glynn. Please visit her website for other lovely patterns (<http://heavenlyangelsinneed.com/FreePatterns.html>)

Size:

Newborn to 3 months

Oh! Baby Baby Booties

Reprinted with written permission (5/23/03). Thanks to Judy.

These are fast & easy to knit - try using variegated yarn or use up your dk yarn stash for really unique booties

Materials:

1 ball DK baby yarn
1 set of 4 dpn needles size 3 1/2 mm
tapestry needle

Gauge:

24 sts = 4" (10cm) over garter st using 3 1/2 mm needles

Abbreviations:

SK2P - slip 1 stitch, k2tog, pass slipped stitch over.

Pattern:**Cuff**

Cast on 15 sts and work in garter st for 5". Bind off.
Along one long edge, pick up and k 30 sts.
Work in garter st for 10 rows. Cut yarn.

Instep

Next row (RS) place first and last 10 sts on a holder and work 11 rows in garter st on center 10 sts. Cut yarn.

Next row (RS) work 10 sts from right holder, pick up and k 7 sts along side of instep, work center 10 sts on needle, pick up and k 7 sts along other side of instep, work 10 sts from left holder - 44 sts.

Knit next row, inc. 1 st each side of center 10 sts - 46 sts.

Continue in garter st for 10 rows.

Sole

Next row (RS) k3, SK2P, K11, K3tog, K6, SK2P, K11 K3tog, k4 - 38 sts

K 1 row.

Next row (RS) k2, SK2P, k9, K3tog, k4, SK2P, k9, K3tog, K2 -30 sts

K 1 row.

Next row (RS) K1, SK2P, k7, k3tog, k1, SK2P, K7, K3tog, K2 - 22 sts

K 2 rows. Divide sts on two needles and weave sts together.

Finishing:

Sew back seam, reversing seam at cuff. Weave in all ends.
Turn down cuff.

Oh! Baby Baby Booties



<http://www.knitlist.com/01gift/oh-baby-booties.htm>

Aunt Maggie's Slippers

Directions on page 22



Stitch 'N Stuff Toys - Suggestions for adding the finishing touches.

Offer a prayer, remembering that these toys are being made for sick and troubled children. They carry your love and concern with them on their way.

Embroidery:

The mouth and heart (stem stitch) and eyes and nose (satin stitch) are embroidered with 2-ply embroidery floss. Use black or a very dark brown for animal faces. For the heart, select a pink that looks well with the other colors in the fabric. A doll mouth can be a light pink, but not a dark shade. Very sick children tend to resent an overly cheerful toy face so we try to de-emphasize the mouth.

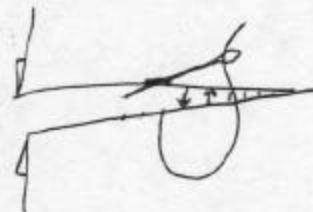


Closure:

There is more to finishing than you would think. Yours is the final **QUALITY CHECK** this toy will have. The closing seam needs to be smooth, straight and as invisible as possible. Choose a strong thread (quilting thread if available) in an **inconspicuous** color to blend with the fabric. Add or subtract fiberfill as needed to smooth out the whole toy. Roll-twist-pat-caress it as needed to reposition the filling --- minimizing any lumps and making sure the ears and feet are fully stuffed. Be especially aware that both legs or arms, etc., appear to be the same size when finished. Over-stuffing or under-stuffing can make them look different even if they started out alike.

1. Turn in the seam allowance. Make it "fit" on either side of the stuffing.
2. Pin the opening closed so it will stay in place as you stitch.
3. Eyeball the results, checking for straight seam, smooth start and stop, etc.
4. Sew with a blind stitch. The Ladder stitch (shown below) is the easiest and strongest, but may take some getting used to. It is worth the effort to learn.
5. Admire your work and give it a hug to teach it how to love.

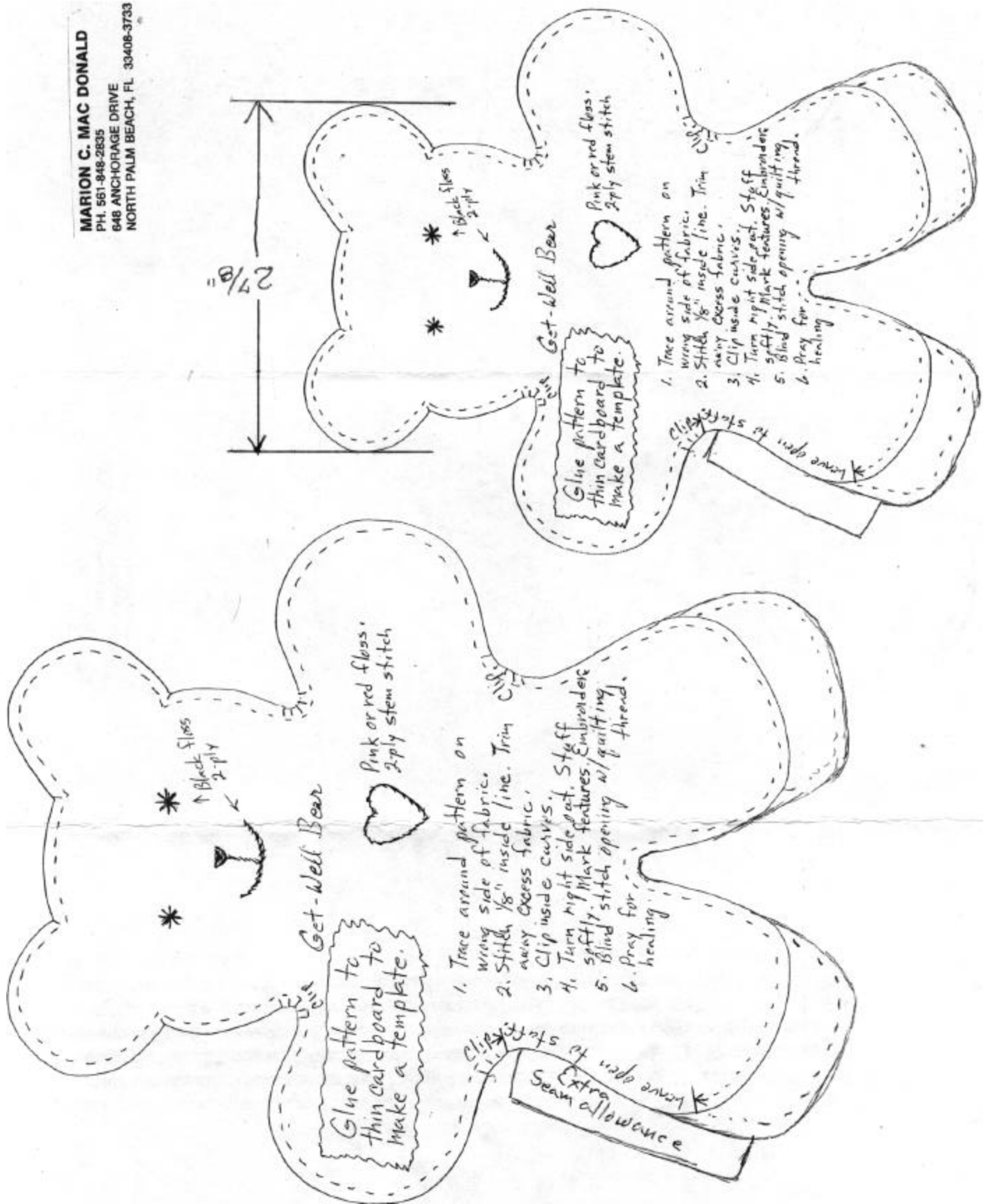
Ladder Stitch -The needle takes small "bites" within the fold - first on one side, then on the other. Pull thread to close the seam.
(Example is left open for visualization.)



Reprinted with written permission (5/4/03). Sincere thanks to Marion for sharing.

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-----Recommended Websites-----

- geocities.com/mamabeth00 (Fruits of a Spirit—cute caps that look like fruit.)
- <http://home.att.net/~susanBinKC/premcap.html> (half-double crochet premie cap).



CROCHET

FROM HEART TO HOOK

SOMEBUNNY
LOVES YOU!
SEPTEMBER 2003

Dear Friends,

Recently a young friend of mine gave birth to a baby girl who weighed only 2 pounds, 6 ounces. The good news is that mother and baby are doing very well and the baby is expected to go home by her due date. Little Alyssa, and all of the preemies like her, remind us that miracles do happen all around us.

The nurses in the neonatal units are wonderful, caring people and they encourage the mothers to dress their babies. It helps the mother feel closer to her baby and takes the attention away from all the tubes and wires. Thanks to all the wonderful volunteers who gave their time and talent making hand-made things, my friend was able to choose something special for her baby. And then she made a wish list of things she wanted me to make for her too!

I appreciate all the kind notes that were sent to me about the June issue. And I'm glad to know what type of patterns you need. Most of you wished for patterns for the smallest preemies, so that's what I've included in this issue. These designs were inspired by a yarn called "Bunny Print" in Redheart Soft Baby and like bunnies tend to do, the ideas just kept multiplying!

I hope that you enjoy the patterns.

Terry



It is sad that there is such a great need for burial clothing for preemies, but you can really help a family through a terrible time by providing a special outfit for their baby. The one piece suit made in blue with white trim would be ideal for a boy. See page 6 for instructions on making the suit or slippers without the bunny ears.

What would you like to see next time?

Write to me at:

Terry Kimbrough PO Box 114 Romance, AR 72136

Or email: tmorris@futura.net

MATERIALS

Redheart Soft Baby or any soft sport or baby weight yarn that works to gauge

"Bunny Print" (one skein of Bunny Print will make all of the smaller items and then you'll need one skein for the blanket)

White (one skein will be enough to make all the items)

Crochet hooks sizes F and H or size needed for gauge

White Velcro

Small amount of stuffing for toy

Embroidery floss, pink and brown

Yarn needle and embroidery needle

Size Small: Finished Chest, 8 1/2"

Size Large: Finished Chest, 11"

Note: Instructions are written for size Small with instructions for size Large in [].

TO MAKE A GAUGE SWATCH

With **larger** size hook, ch 22 **very loosely** (this pattern stitch has a lot of elasticity and needs a loose chain) and follow pattern stitch below until swatch measures 4". Measure your swatch; it should be a 4" square. If it is larger than 4", change to a smaller size hook and try again. If it is smaller than 4", you need to use a larger size hook.

Note: For the **smaller** hook in instructions, use a hook two sizes smaller than hook used for gauge.

Pattern Stitch

Pattern Row 1: Pull up a loop in second ch from hook and in next ch, YO and draw through all 3 loops on hook, ch 1, work (pull up a loop in next 2 chs, YO and draw through all 3 loops on hook, ch 1) across to last ch, sc in last ch: 21 sts (count the ch-1 sps as a st).

Pattern Row 2: Ch 1, turn; pull up a loop in first st and in first ch-1 sp, YO and draw through all 3 loops on hook, ch 1, work (pull up a loop in next st and in next ch-1 sp, YO and draw through all 3 loops on hook, ch 1) across to last st, sc in last st.

Repeat Pattern Row 2 for pattern.



BUNNY SUIT

Foot (Make 2 the same)

Using smaller size hook and White, ch 7[9] loosely.

Rnd 1 (Right side): 6 Dc in fourth ch from hook, dc in next 2[4] chs, 7 dc in last ch, working in free loops of beginning ch, dc in next 2[4] chs; join with slip st to top of beginning ch: 18[22] sts.

Rnd 2: Ch 3 (counts as first dc, now and throughout), dc in same st, 2 dc in next 6 dc, dc in next 2[4] dc, 2 dc in next 7 dc, dc in next 2[4] dc; join with slip st to first dc: 32[36] dc.

Rnd 3: Ch 2, dc in next dc, work dc decrease 6 times (see page 6), sc in last 18[22] sc: 25[29] sts.

Rnd 4: Ch 6 (for ear), sc in second ch from hook, hdc in next ch, dc in next 3 chs, work dc decrease over first 2 sts, work double decrease (see page 6), work dc decrease, ch 6, sc in second ch from hook, hdc in next ch, dc in next 3 chs, sc in next sc (mark st), sc in next 17[21] sc, holding ears to the front of your work, work 6 sc evenly across last rnd; join with slip st to marked st, finish off: 24[28] sc (don't count sts in ears).

Note: Using yarn end, tighten beginning ch at foot if necessary. Embroider face.

Left Leg

Rnd 1: With right side facing, using larger size hook and Bunny Print, skip first 4 sc from joining on last rnd of Foot, work (pull up a loop in next 2 sc, YO and draw through all 3 loops on hook, ch 1) around; join with slip st to first st: 24[28] sts.

Rnds 2-16[20]: Ch 1, turn; pull up a loop in first st and in next ch-1 sp, YO and draw through all 3 loops on hook, ch 1, (pull up a loop in next st and in next

ch-1 sp, YO and draw through all 3 loops on hook, ch 1) around; join with slip st to first st.

Finish off.

Right Leg

Row 1: With right side facing, using larger size hook and Bunny Print, skip first 16[18] sc from joining on last rnd of Foot, work (pull up a loop in next 2 sc, YO and draw through all 3 loops on hook, ch 1) around to last 4 sc, sc in next sc, leave remaining 3 sc unworked: 21[25] sts.

Rows 2-16[20]: Work Pattern Row 2, at the end of the last row, do not finish off.

Body

Row 1 (joining row): Work Pattern Row 2 across row, then, ch 1, with right side of Left Leg facing, pull up a loop in same st as joining and in first ch-1 sp, YO and draw through all 3 loops on hook, ch 1, work (pull up a loop in next sc and in next ch-1 sp, YO and draw through all 3 loops on hook, ch 1) around, sc in same st as joining, do not join: 47[55] sts.

Rows 2-20[24]: Work Pattern Row 2.

Right Front

Row 1: Ch 1, turn; pull up a loop in first sc and in first ch-1 sp, YO and draw through all 3 loops on hook, ch 1, work (pull up a loop in next sc and in next ch-1 sp, YO and draw through all 3 loops on hook, ch 1) 4[5] times, sc in next st, leave remaining sts unworked: 11[13] sts.

Rows 2-5[7]: Work Pattern Row 2.

Row 6[8]: Ch 1, turn; pull up a loop in first sc and in first ch-1 sp, YO and draw through all 3 loops on hook, ch 1, work (pull up a loop in next sc and in next ch-1 sp, YO and draw through all 3 loops on hook, ch 1) 2[3] times, sc in next st, leave remaining sts unworked: 7[9] sts.

Rows 7[9]-9[11]: Work Pattern Row 2.

Finish off leaving yarn to sew shoulder seam.

Back

Row 1: With right side facing, using larger size hook and Bunny Print, skip next ch-1 sp on body, work (pull up a loop in next sc and in next ch-1 sp, YO and draw through all 3 loops on hook, ch 1) 11[13] times, sc in next st, leave remaining sts unworked: 23[27] sts.

Rows 2-5[7]: Work Pattern Row 2.

Left Shoulder-Rows 6[8]-9[11]: Repeat Rows 6[8]-9[11] of Right Front.

Finish off.

Right Shoulder-Row 6[8]: With wrong side facing, using larger size hook and Bunny Print, skip next 9 sts

on body, work (pull up a loop in next sc and in next ch-1 sp, YO and draw through all 3 loops on hook, ch 1) 3 times, sc in last st: 7[9] sts.

Rows 7[9]-9[11]: Work Pattern Row 2.

Finish off.

Left Front

Row 1: With **right** side facing, using **larger** size hook and Bunny Print, skip next ch-1 sp on body, work (pull up a loop in next sc and in next ch-1 sp, YO and draw through all 3 loops on hook, ch 1) 5[6] times, sc in next st: 11[13] sts.

Rows 2-5[7]: Work Pattern Row 2.

Row 6[8]: Ch 1, turn; slip st in first 4 sts, ch 1, (pull up a loop in next st and in next ch-1 sp, ch 1) 3 times, sc in last st: 7[9] sts.

Rows 7[9]-9[11]: Work Pattern Row 2.

Finish off leaving yarn to sew shoulder seam; with wrong sides together, sew seams.

Sleeve

Row 1: With **right** side facing, using **larger** size hook and Bunny Print, insert hook in end of first row at underarm and pull up a loop, pull up a loop in end of next row, YO and draw through all 3 loops on hook, work (ch 1, pull up a loop in end of next 2 rows, YO and pull through all 3 loops on hook) around: 17[21] sts.

Rows 2-10[14]: Work Pattern Row 2.

Ribbing

Row 1: Change to **smaller** size hook and ch 5, sc in second ch from hook and in next 3 chs: 4 sc.

Row 2: Slip st in next st and in next ch-1 sp, turn; sc in back loop only of next 4 sc.

Row 3: Ch 1, turn; sc in back loop only of next 4 sc.

Rows 4-17[21]: Repeat Rows 2 and 3, 7[8] times.

Row 18[22]: Slip st in last st, turn; sc in back loop only of next 4 sc; finish off leaving yarn to sew sleeve seam; sew seam.

Repeat for second sleeve.

Left Placket

Row 1: With **right** side facing, using **smaller** size hook and White, join with a slip st in end of first row at neck edge, ch 1, sc in end of same row, sc in end of each row across Body, with **right** side of Right Leg facing, sc in end of each row across Leg, slip st in first skipped sc on Foot.

Row 2: Turn; skip slip st, sc in each sc across.

Row 3: Ch 1, turn; sc in each sc across, slip st in next sc on Foot.

Row 4: Turn; skip slip st, sc in each sc across.

Row 5: Ch 1, turn; slip st loosely in each sc across, slip st in next sc on Foot; do not finish off.

Right Placket

Row 1: With **right** side of Right Front facing, sc in end of each row across to neck edge.

Rows 2-4: Ch 1, turn; sc in each sc across.

Row 5: Ch 1, turn; slip st loosely in each sc across; do not finish off.

Neck Edging: Working around neck edge, sc evenly around to end of other placket; join with slip st in end of Placket, finish off.

Sew Velcro to placket. Stitch ears in place if desired.



HAT

Ribbing

Row 1 (Right side): With **smaller** size hook and White, ch 7 loosely, sc in second ch from hook and in each ch across: 6 sc.

Rows 2-46[58]: Ch 1, turn; sc in back loop only of each sc across.

Finish off leaving a length for sewing seam.

With right sides together, sew last row worked to beginning chain edge.

Crown

Rnd 1: With **right** side facing, using **larger** size hook and Bunny Print, and working in end of rows of ribbing beginning with first row after seam, (pull up a loop in next 2 rows, YO and draw through all 3 loops on hook, ch 1) around; join with slip st to first st: 46[58] sts.

Rnds 2-6[10]: Ch 1, turn; pull up a loop in first st and in next ch-1 sp, YO and draw through all 3 loops on hook, ch 1, work (pull up a loop in next st and in next ch-1 sp, YO and draw through all 3 loops on hook, ch 1) around; join with slip st to first st.

Size Small

Rnd 7: Ch 1, turn; work (pull up a loop in each of first 3 sts, YO and draw through all 4 loops on hook, ch 1) around to last ch-1 sp, sc in last ch-1 sp, ch 1; join with slip st to first st: 32 sts.

Rnd 8: Ch 1, turn; work (pull up a loop in each of first 3 sts, YO and draw through all 4 loops on hook, ch 1) around to last 2 sts, pull up a loop in next st and in next ch-1 sp, YO and draw through all 3 loops on hook, ch 1; join with slip st to first st: 22 sts.

Rnds 9 and 10: Repeat Rnd 7: 12 sts.

Size Large

Rnds 11-13: Repeat Rnd 7 of Size Small: 20 sts.

Rnd 14: Repeat Rnd 8 of Size Small: 14 sts.

Both Sizes: Finish off leaving a length of yarn.

Thread needle with end and weave through remaining sts, pulling to close opening; secure end.

Ear (Make 2)

Note: The ears are just for fun and you can leave them off for a more practical hat.

Using **smaller** size hook and White, ch 10 leaving yarn to sew ears to hat; join with slip st to first ch.

Rnd 1 (bottom of ear): Ch 3, dc in each ch around; join with slip st to first dc: 10 dc.

Rnd 2: Ch 3, dc in same st, dc in next 4 dc, 2 dc in next dc, dc in last 4 dc; join with slip st to first dc: 12 dc.

Rnds 3 and 4: Ch 3, dc in next dc and in each dc around; join with slip st to first dc.

Rnd 5: Ch 2, dc in next dc, dc in next 4 dc, dc decrease, dc in last 4 dc; join with slip st to first dc: 10 dc.

Rnd 6: Ch 2, dc in next dc, dc in next 3 dc, dc decrease (**see page 6**), dc in last 3 dc; join with slip st to first dc: 8 dc.

Rnd 7: Ch 2, dc in next dc, dc decrease 3 times; join with slip st to first dc, finish off leaving a length of yarn: 4 dc.

Thread needle with end from Rnd 7 and weave through remaining sts, pulling to close; secure end. Keeping turning ch at side of ear, pinch bottom of ear together and sew very securely in place.



JACKET

Body

Ch 48[56] loosely.

Row 1: Pull up a loop in second ch from hook and in next ch YO and draw through all 3 loops on hook, ch 1, work (pull up a loop in each of next 2 chs, YO and draw through all 3 loops on hook, ch 1) across to last ch, sc in last ch: 47[55] sts.

Rows 2-10[14]: Work Pattern Row 2.

Work the same as Bunny Suit from the Right Front until the sleeves are finished.

Left Placket

Row 1: With **right** side facing, using **smaller** size hook and White, join with slip st in end of first row at neck edge, sc in end of each row across.

Rows 2-4: Ch 1, turn; sc in each sc across. Finish off.

Right Placket

Row 1: With **right** side facing, using **smaller** size hook and White, join with slip st in end of beginning ch of body, ch 1, sc in same st, sc in end of each row across to neck edge.

Rows 2-4: Ch 1, turn; sc in each sc across.

Row 5: Ch 1, turn; slip st loosely in each sc across, do not finish off.

Edging: Ch 1, sc evenly around neck edge and across end of rows of Left Placket, slip st loosely in each sc along placket, ch 1, working in free loops of beginning ch of body, sc in each ch across; join with slip st to first slip st on Right Placket, finish off.

Make small bunny appliqué (**see page 6**) and sew securely in place.

BUNNY BOOTIES

Right Bootie: Work same as Foot of Bunny Suit.

Cuff

Row 1: With **right** side facing, using **smaller** size hook and Bunny Print, skip first 4 sc on Foot, slip st in next sc, ch 7, sc in second ch from hook and in each ch across: 6 sc.

Row 2: Ch 1, turn; sc in each sc across.

Row 3: Slip st in next 2 sc on Foot, turn; skip slip sts, sc in each sc across.

Rows 4-22: Repeat Rows 2 and 3, 9 times; then repeat Row 2 once more.

Row 23: Slip st in next sc, turn; skip slip st, sc in each sc across.

Rows 24-26[30]: Ch 1, turn; sc in each sc across. Finish off.

LEFT BOOTIE

Work same as Foot of Bunny Suit.

Cuff

Row 1: Ch 7 loosely, sc in second ch from hook and in each ch across: 6 sc.

Rows 2 and 3: Ch 1, turn; sc in back loop only of each sc across.

Row 4: Skip first 15 sc on Foot, slip st in next 2 sc, turn; skip slip sts, sc in each sc across: 6 sc.

Row 5: Ch 1, turn; sc in back loop only of each sc across.

Row 6: Slip st in next 2 sc on Foot, turn; skip slip sts, sc in each sc across.

Rows 7-26[30]: Repeat Rows 5 and 6, 10 times. Finish off.

Sew Velcro to Cuff.



BLANKET

Note: Blanket measures approximately 21" square. You can make your blanket any size you want by chaining an even number and working to desired length. Remember to allow for the extra yarn for a larger blanket.

With **larger** size hook and Bunny Print, ch 106 **loosely**.

Row 1: Work Pattern Row 1 (see page 1).

Repeat Pattern Row 2 until blanket equals the same on all sides; do not finish off: 105 sts.

Edging-Rnd 1: Using **smaller** size hook, sc in end of each row and in each st around; join with slip st to first sc, finish off.

Rnd 2: Using **smaller** size hook and White, work (pull up a loop in next 2 sc, YO and draw through all 3 loops on hook, ch 3, sc in third ch from hook) around; join with slip st to first st, finish off.

LARGE BUNNY APPLIQUÉ

Using **smaller** size hook and White, ch 4; join with slip st to first ch.

Rnd 1: Ch 3, work 11 dc in ring; join with slip st to first dc: 12 dc.

Rnd 2: Ch 3, dc in same st, 2 dc in each dc around; join with slip st to first dc: 24 dc.

Rnd 3: Ch 3, 2 dc in next dc, work (dc in next dc, 2 dc in next dc) around; join with slip st to first dc: 36 dc.

Ears: Ch 9, sc in second ch from hook, hdc in next ch, dc in next 6 chs, skip next 2 dc on Rnd 3, sc in next 2 dc, slip st in next dc, ch 9, sc in second ch from hook, hdc in next ch, dc in next 6 chs, skip next 2 dc on Rnd 3, slip st in next ch, turn; sc in next 7 sts on ear, work (2 sc, ch 1, sc in top two loops of last sc made, sc) in top of ear, working in free loops of beginning ch, sc in next 7 chs, slip st in next 2 sc, sc in next

7 chs of second ear, work (2 sc, ch 1, sc in top two loops of last sc made, sc) in top of ear, sc in next 7 sts, slip st in next dc on Rnd 3; finish off.

Embroider face and sew to Blanket.



BUNNY TOY

Note: Bunny is approximately 4 1/2" tall.

Using **smaller** size hook and White, ch 4; join with slip st to form a ring.

Rnd 1: Ch 3, work 11 dc in ring; join with slip st to first dc: 12 dc.

Rnd 2: Ch 3, dc in same st, 2 dc in each dc around; join with slip st to first dc: 24 dc.

Rnds 3-5: Ch 3, dc in next dc and in each dc around; join with slip st to first dc.

Add stuffing to body.

Rnd 6: Ch 2, dc in next dc, work dc decrease around; join with slip st to first dc: 12 sts.

Rnds 7 and 8: Ch 1, sc in same st as joining and in each st around; join with slip st to first sc.

Rnd 9: Ch 3, 2 dc in next sc, work (dc in next sc, 2 dc in next sc) around; join with slip st to first dc: 18 dc.

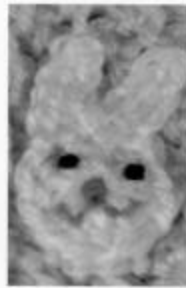
Rnd 9: Ch 3, dc in next dc and in each dc around; join with slip st to first dc.

Rnd 10: Ch 3, dc in next 5 dc, ch 7 loosely, sc in second ch from hook, hdc in next ch, dc in next 4 chs, slip st in top two loops of last dc made on rnd, dc in next 6 dc, ch 7 loosely, sc in second ch from hook, hdc in next ch, dc in next 4 chs, slip st in top two loops of last dc made on rnd, dc in last 6 dc; join with slip st to first dc: 18 dc (do not count sts in Ears).

Rnd 10: Ch 2, dc in next dc, work dc decrease around; join with slip st to first dc, finish off leaving a length of yarn: 9 sts.

Thread yarn needle with end and weave through remaining sts, stuffing head lightly before closing; secure end.

Embroider face and add a ribbon or yarn bow around neck if desired (make sure that the bow is securely stitched in place for baby's safety).



Small Bunny Appliqué

Using smaller size hook and White, ch 4; join with slip st to form a ring, ch 2, work 12 hdc in ring; join with slip st to first hdc, work (ch 5 for ear, slip st in second ch from hook, sc in next 3 chs, slip st in next hdc) twice; finish off. Embroider face.

Abbreviations used:

| | |
|--------|---------------------|
| ch(s) | chain(s) |
| dc | double crochet |
| hdc | half double crochet |
| Rnd(s) | Round(s) |
| sc | single crochet |
| st(s) | stitch(es) |
| YO | yarn over |

To make dc decrease: work (YO, insert hook in next st and pull up a loop) twice, YO and draw through all 3 loops on hook (**dc decrease made**).

To make double decrease: work (YO, insert hook in next st and pull up a loop) 3 times, YO and draw through all 4 loops on hook (**double decrease made**).

To eliminate the ears on Booties and Bunny Suit: Work the same as Rnds 1-3 of Foot of Bunny Suit.

Rnd 4: Ch 2, dc in next dc, work double decrease (**see above**), work dc decrease, sc in next sc (mark st), sc in next 17[21] sc, 2 sc in each of next 3 sts; join with slip st to marked st, finish off: 24[28] sc.
Work remaining pattern as written.

Thank you for making the world a better place with your loving hearts and busy hooks. God Bless.

Knit Knacks from Cathy

HOW TO "CHECK YOUR GAUGE"

All you good knitters who always check the gauge before starting a pattern can skip the following.

At the beginning of most patterns you will read "TO SAVE TIME, TAKE TIME TO CHECK YOUR GAUGE", or "TO INSURE THE PROPER SIZE, BE SURE TO CHECK YOUR GAUGE", or after the needle sizes are given, "OR SIZE NEEDED TO OBTAIN THE CORRECT GAUGE." Notice the capital letters? That's the tip-off to pay attention and notice it says YOUR gauge. The gauge is how many stitches and rows = 4" or 10 cm. Sometimes the gauge will be for the number of stitches and rows in 2".

To check your gauge, make a swatch from the yarn and needles you will be using for the item. Cast on at least the number of stitches given in the gauge and add 8 stitches for a border. Work 4 or 5 rows in seed st pattern:

Row 1: (K1, P1) across.

Row 2: Slip first st for edge st, (P all K sts, K all P sts) across. Repeat row 2 for pattern. Keep 4 sts on each side in seed st while you work the pattern for the gauge. This prevents curling and makes it easier to measure your swatch.

Now work the pattern: stockinet stitch, cables or whatever is specified in the gauge. Work at least 5 inches above the seed stitch border and finish with the same number of rows of seed stitch as you worked at the start. Bind off loosely! Lay the swatch on something firm: table, large hardcover book, etc. not your lap or leg, please, and gently flatten it out. With your trusty stitch gauge that has an

opening of 2" across and 2" down, lay it over this swatch so the 2" down is at the side of a vertical column of sts and the 2" across is straight on a row of stitches.

Count the exact number of stitches across and the exact number of rows showing in the opening. Half stitches, quarter sts, any partial sts and half rows, quarter rows, any partial rows count! Multiply the results by 2. If you're unsure about the accuracy of the 2" measurements, then use a ruler to check the number of stitches and rows in 4". Your measurements for stitches and rows MUST match the gauge given in the directions for your item to be the same size as the pattern.

If you have more stitches to the inch than the pattern gauge, switch to a larger size needle. If too few, switch to a smaller needle. The gauge given is the gauge of the person who knitted the original item, who may or may not knit with the same tension as you do. The number of stitches to the inch is more important than the number of rows to the inch because most patterns call for so many inches to the start of say a sleeve bind off or length of a sleeve or blanket.

Keep a little note book with your knitting kit and write down the gauge of the swatch you knit. List the type yarn: #ply, weight, brand name, and color, needle size(s), item and pattern. If you don't need the swatch yarn to complete the item (whew! lucky again!), save it to make a sampler afghan of your "knitting history". It will remind you of what, where, when, how, why and for whom you knit all those beautiful items!

Continued on next page

HOW TO "CHECK YOUR GAUGE" continued

The size of an item is determined by the gauge. Premies and newborns come in all sizes, so the item you donate will fit a baby...someday, but you can get a rude surprise if you intend an item as a specific gift and it turns out a size to fit King Kong or Tom Thumb!

You can make the same pattern, using the same yarn with different size needles and have a wide range of sizes. The same thing is true with the yarn you choose. If your yarn is not the same weight as given in the directions, the gauge will be different, also.

Gauge is determined by three things: color and weight of yarn, needle size and tension.

YARN: It is important that the yarn used is really the weight specified. All 3 ply and 4 ply yarns are NOT the same. All "Baby Fingering" yarns are NOT the same. Colors of the same yarn do not knit up to the same gauge. If you knit an item in one color and want to duplicate it in another color of the same yarn, make a swatch first!! Some dyes bulk up the yarn, others make them thinner. Make sure, too, that a 3 or 4 ply yarn used in the directions is the same as the 3 or 4 ply yarn you are going to use. That also can change from brand to brand and county to country. Then there are "in between yarns" you never heard of and can't find in your local yarn shops, anyway. You can get a good idea of a substitute yarn by checking the gauge to see if it's the same as a yarn you've used in the past.

NEEDLES: All needles marked the same size are not always the same size, either. "Mistakes" happen and needles are "mis-sized". Sometimes the needle

number is for English sized needles. This can be especially confusing in needle sizes for sweaters. Check the pattern's origin. Pattern books, reprinted for a U.S. edition, may have come from another country and consequently another sizing system. Even when you try to convert to a U.S. size you can be using a conversion chart that doesn't coincide with the size needles specified by the pattern. Also, even if using the correct conversion, some of the sizes still will not match exactly. The only sure way is the metric system because it is an actual measurement of the needle diameter. Wooden needles can vary from the size you want because dowel sizes are not always exact

TENSION: Don't get upset...relax. The tension is how tightly or loosely you knit. This in turn depends on how tightly or loosely the yarn is held, or fed to the needle. If you use a sewing machine you are familiar with the effect of the stitch tension on a seam. Instead of turning a knob, when knitting you control the tension. Knitting should be enjoyable, a tranquil, fun thing for you. If you knit too tightly, the item loses the prime quality that only knitting can impart: the ease and comfort of stretch and the ability to return to its original shape. A rib border will stretch to go over your head and hands then snaps back to fit properly. On the other hand, if you knit too loosely, the item can sag and become shapeless. The stitches will be too big and not fit the purpose of the item

This article should have bold and underlined and capitalized words to show the importance of gauge. Instead, knit the "Jester Type Hat" and see for yourself!

Question and/or comments to Cathy Gilroy, P.O. Box 456, Port Jefferson, NY 11777-0456 Phone/Fax (631) 473-7825

SEAMLESS JESTER TYPE HAT "A"

Note: Knit a hat in each yarn and each set of needle sizes to see different gauges.

Materials: 3 ply sport weight yarn
double pointed needles in sizes
#3 & #5; #4 & #6; #5 & #7.
and/or
4 ply worsted weight yarn
double pointed needles in sizes
#4 & #6; #5 & #7; #6 & #8; #7 & #9;
#8 & #10; #9 & #10 ½; #9 & #11

DIRECTIONS: With LARGER needles, starting with a single loop, which counts as a knit st, double cast on 60 sts on three needles (20-20-20) in (K1, P1) rib pattern. Being careful not to twist sts, join by knitting the single loop with the tail end of the yarn. Return this st to the left hand needle. Tug on tail to snug up the join. This eliminates a bump at the joining. Change to SMALLER needles and work in rib pattern as established for 20 rounds. Change to LARGER needles and work in stockinet st (knit all rounds) for 20 rnds. Then, K30, and put on one needle.

See * and directions for finishing.

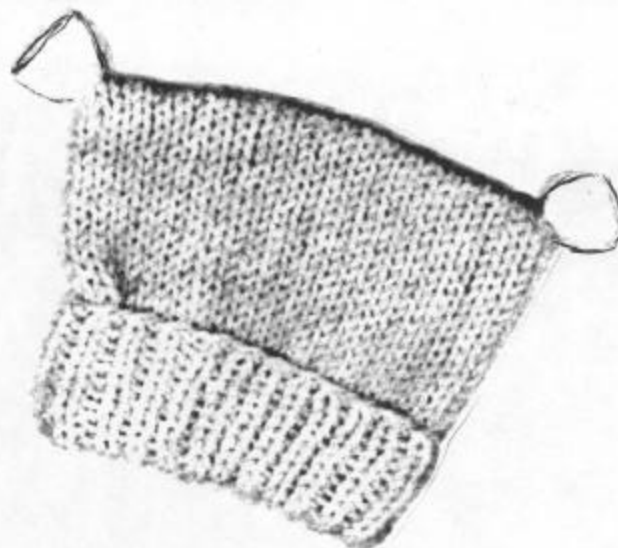
JESTER TYPE HAT WITH SEAM "B"

Note: Knit a hat in each yarn and each set of needle sizes to show different gauges.

Materials: yarns same as above
straight needle sizes same as above

DIRECTIONS: With LARGER needle, double cast on 61 sts in (K1, P1) pattern, end K1. Change to SMALLER needle. Work in rib pattern as established: K all K and P all P as they appear for 20 rows. Change to LARGER needles and work stockinet st:
Row 1 (right side = rs): Knit
Row 2 (wrong side): Purl
for 20 rows. Then, on rs, K31. Fold hat, wrong sides tog. See * and directions for finishing.

*Please note: Until this hat is put on a precious little head it's just a bland rectangle.



FINISHING: For "A": With yarn end you're knitting with, measure back and forth across 30 sts on needle four times; add about 6" and cut yarn. For "B": Do as above but also add enough yarn needed to sew side seam. Weave top tog. Weave cuff yarn end on inside of turn up. NOW! Securely attach a pom-pom, bell, star, etc. to the "ears" or "horns" in a spiffy color. You just made a hat and a swatch for each yarn/needle combination. You're so smart!

If weaving is new to you, practice this way:
Cast on 20 sts. Work st st for 6 rows.
Next row: With contrasting color yarn, K across. Cut contrasting color, leaving about a 2" tail.
With another contrasting color yarn, right side facing, work st st for 6 rows. Bind off loosely. You now have two pieces joined by a separate length of yarn. Look carefully at the way the yarn goes in and out for the joining. This is how you will weave the hat top together. Thread a blunt tapestry needle with a length of yarn four times the width of the swatch plus 6". Go to the start of the first contrasting yarn knit row. Slowly pull out the yarn that made the first st and as you do, follow it exactly with the threaded needle, snugging up each st as you go along. Do that across the row, checking that the sts you've made look just like the sts that haven't been pulled out of the other end of the row. You should be ready to weave the hat top tog now. If unsure, you can see instructions in "how to knit" books or on line at www.knitting-crochet.com.

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SEAMLESS PREEMIE AND NEWBORN "PUMPKIN" HAT

Materials: 4 ply worsted weight yarn orange and small amount of bright green for stem.*
double pointed needles #6 and #8

DIRECTIONS: small preemie given, medium and large preemies and newborn in (). With orange and LARGER needles, starting with a single loop, which counts as a knit st, double cast on 36 (42- 48-54) sts in (K1, P1) rib pattern on 3 needles. Being careful not to twist sts, join by knitting the single loop at the beginning with the tail end of the yarn. This eliminates a bump at the joining. Change to SMALLER needles and work rib pattern for 1 ½" (2"- 2 ½"-3").** Change to LARGER needles and work hat pattern:

Rnd 1: [K5 (6-7-8), P1] around. Repeat this rnd until total length is 3" (4"-5"-6") from beginning.**

DECREASE as follows:

Rnd 1: [(Slip the next st onto the tip of the right hand needle knit-wise and return it to the left hand needle, reversing the direction of the st on the left hand needle, then K2 tog in back loop = SR2B), K to last 2 sts before P st, K2 tog, P1] around - 24 (30-36-42) sts.

Rnds 2 and 4: (K all K, P all P) around.

For small preemie only:

Rnd 3: (K2 tog, P2 tog) around - 12 sts.

Rnd 5: K2 tog around - 6 sts. Leaving a 6" tail, cut orange. Work stem.

For medium preemie only:

Rnds 3 and 4: Repeat rnds 1 and 2 - 18 sts.

Rnd 5: (K2 tog, P1) around - 12 sts.

Rnd 6: as rnd 2. Leaving a 6" tail, cut orange. Work stem.

For large preemie only:

Rnds 3 and 4: Repeat rnds 1 and 2 - 24 sts.

Rnd 5: (K2 tog, P2 tog) around - 12 sts.

Rnd 6: as rnd 2. Leaving a 6" tail, cut orange. Work stem.

For newborn only:

Rnds 3-6: Repeat rnds 1 and 2 twice - 18sts.

Rnd 7: (K2 tog, P1) around- 12 sts.

Rnd 8: as rnd 2. Leaving a 6" tail, cut orange. Work stem..



STEM: With green and SMALLER needles, knitting all sts onto one needle as you go along, K2 tog around 3 (6-6-6) sts.

Next row: Slide sts to other end of needle. Bring the yarn around the back of the sts to the first st and knit all sts. Repeat for 5 (6-7-9) rows** or desired length for stem. Next row: K2 tog 0(3-3-3) times. [Congratulations! You have just made an "I(diot) Cord". Very useful for bonnet and cap ties, purse handles, connecting mittens through coat sleeves, etc.] Leaving a 6" tail, cut green, thread on yarn needle and pull through remaining sts, gathering them tightly.

FINISHING: Work needle through stem from top to bottom and pull on it gently, making the stem curve. Secure end firmly. Snug up orange and green ends tog where they meet on inside of hat to close any gap between the colors and knot them together. Weave in ends.

Weave cuff end on the inside of the turn up.

Be on the look out for the Great Pumpkin and report any Charlie Brown sightings in nurseries.

*If anybody finds a source for reasonably priced sport weight yarns we can use (not wool), I could work up patterns for needle sizes #3 and #5 and #4 and #6.

**None of these measurements are carved in stone. Whatever looks "right" is OK.

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Knit Knacks from Cathy

HOW ABOUT THOSE WEBSITES!

There should be a notice in the Newsletter before the website listings: "Warning! These could be addictive."

My son connected me to a website listed in the Newsletter. Heavens! Lots and lots and lots of free patterns. After using up three refills of ink and 16 reams of paper, I moved on to the next website, and the next, and the next. By 2 A.M. I knew I had found a mother lode that had to be explored thoroughly. This, it turns out, is impossible. There are websites past counting offering all sorts of wonderful "goodies" for knitters. "Links" connect to other "links".

I wanted to make a "shoulderette" but I couldn't find my pattern and no one had one, either, but we all remembered making them. While "browsing the internet" (that's a term we hep people use) I found it! It was the exact pattern we all remembered and it *was* called a shoulderette. Basically, it's a lace shawl with cuffs which keep it from slipping off the shoulders and makes it ideal for using in bed. I can fax a copy of the directions to you. No copy-right law infringement because the copyright is from 1937! How about that internet!

There are sweater patterns, afghan patterns, doll patterns, toy patterns, hat patterns, mitten patterns, sock patterns and did I mention baby clothes patterns? And all this for FREE! Talk about a kid let loose in a candy store... I just didn't know which patterns to copy first. If you haven't been out in the big, wide world where knitting patterns are priced at \$5.00 each, you can't understand the thrills I

was getting at all the largesse available. And did I mention they were free?

There are people who read cookbooks. I like to read knitting books and knitting patterns. I mentally follow the directions along as if I were working on the pattern, and mentally changing it as I go along, too, especially if I see the possibility of changing the directions to seamless knitting.

Another great thing about these patterns is that many are in large print. No need to hunt up a magnifying glass to read them. Many have good illustrations with the pattern and some illustrations can be enlarged on the screen, too.

There are great sites giving knitting instructions, which you can print out. Some are in color and even in motion!

There are websites where knitters exchange hints, answer questions, ask questions, exchange patterns, send in more new patterns. It's incredible!

To keep them in order, I put each pattern in a clear sheet protector which fits a standard 3-ring binder. Both are available in any stationery department. Directions are kept neatly together, and the top sheet I'm working is protected from coffee spills, etc. I have lots and lots of binders full of free patterns now.

Check out our own website first at <http://www.hood.edu/carewear> for past newsletters....lots of free patterns there, too. Then, pick a website, any website from the newsletter and have a ball!

I just discovered ebay.com. Oh, dear....and overstock.com. Oh dear, oh... ???, comments to Cathy Gilroy, PO Box 456, Port Jefferson, NY 11777-0456 Fax 631 473-7825

SEAMLESS PREMIE AND NEWBORN ARAN STYLE HAT #14

Materials: 3 ply sport weight yarn,
double pointed needles #4 and #6
OR 4 ply worsted weight yarn,
d p needles #6 and #8

DIRECTIONS: preemie given, other in ().
With **larger** needles, starting with a single loop, which counts as a knit st double cast on 44(66) sts in (K1, P1) pattern. Being careful not to twist, join by knitting the single loop with the tail end of the yarn. Return K st to left hand needle (LHN). Tug on end to tighten st. Change to **smaller** needles and work in Twist Rib pattern for 11(22) rnds. Change to **larger** needles and work in hat pattern – multiple of 22 sts.

Rnd 1: (K4 – P2 – K3 – P2) around.
Rnd 2: (K4 – P2 – K1 in bl, P1, K1 in bl – P2) around.
Rnd 3: (2B – P2 – K3 – P2 – 2F – P2 – K3 – P2) around.
Rnd 4: as rnd 2.
Repeat these 4 rnds for pattern. End after 11(23) rnds [3(6) cables] have been completed.

Decrease as follows:
Rnd 1: [(K2 tog) twice – P2 tog – K2 tog in bl, K1 in bl – P2 tog – SR2B twice – P2 tog – K2 tog in bl, K1 – P2 tog] around – 24 (36) sts.
Rnd 2: (K2 – P1) around.
Rnd 3: Slip first st as if to P, (SR2B – K2 tog in bl – K2 tog) around to last st. K last st and slipped st tog – 12(18) sts.

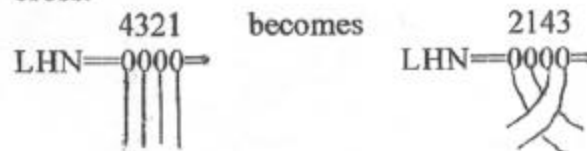
Rnd 4: K around.
Rnd 5: K2 tog around – 6(9) sts
Rnd 6: Lay yarn over LHN in front of first st and pull sts over it one by one. All sts are off needles and one st remains. Allowing for a 6" tail, cut yarn and pull through this last loop.

FINISHING: Thread yarn needle, drop through hole, turn hat inside out, pull up yarn tightly to close hole and weave yarn end through last sts twice, then through several sts outside circle. Weave in cuff yarn end on inside of turn up.

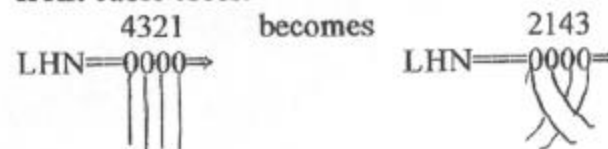


TWIST RIB PATTERN;
Rnd 1: [K1, P1 in back loop (bl)] around.
Rnd 2: (K1 in bl, P1) around.
Repeat these two rounds for pattern.

2x2 BACK CABLE PATTERN = 2B:
No extra “cable needle” needed!
Drop 4 sts from LHN. (They will NOT run away.) With LHN in back, pick up first 2 sts. With right hand needle (RHN) in front, pick up last 2 sts and slip them onto LHN. Sts are now in proper order to knit a front cable cross.



2x2 FRONT CABLE PATTERN = 2F:
Drop 2 sts from LHN. (They won't run away, either.) With RHN in back of these 2 sts, slip the next 2 sts onto RHN. With LHN in front, pick up first 2 sts. Slip sts from RHN onto LHN. Sts are now in proper order to knit a front cable cross.



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Sincere thanks to Cathy for her creative & helpful ideas. She is kind to share her talents with us.

Danny's Hat & Booties

(Submitted to Care Wear Volunteers by Norma McLeod (Taylor, MI) who found working with small needles very time consuming and slow. So she tried larger needles and achieved a fast, easy, attractive, & stretchy hat & bootie set. She named the pattern after her nephew Danny who weighed just over 2.5 lbs and did not survive. Although many years has passed, he remains in the hearts of his family.)

Materials: Baby Sport Weight Yarn & Size 8 (US) needles for both hat & booties

Directions for the Booties:

Cast on 18 stitches.
 Knit 6 rows
 Knit 7, (knit 2 tog, twice), knit 7
 Knit 6, (knit 2 tog, twice), knit 6
 Knit 2 rows.
 Cuff: K1, P1 for 10 rows.
 Bind off loosely, sew cuff & bottom of bootie,
 Turn right side out.
 Run 1/8" ribbon through stitches at ankle,
 (first row of cuff)

Directions for the Hat:

Cast on 32 stitches LOOSELY.
 Ribbing: Knit 1, Purl 1 for 5 rows
 Knit for 18 rows.
 (Knit 3, Knit 2 tog,) across, knit last 2 stitches
 (Knit 2 tog) across
 Knit the next row
 (Knit 2 tog) across, knit last stitch.
 Cut yarn leaving enough to sew up hat. Thread needle
 with yarn, remove stitches on needle, pull tight
 to gather, and sew up side of hat.
 Add pom pom or bow, if desired.



LEFT: Finished items from Wal-Mart #1297 ready to go to Shands Hospital, Gainesville, FL.
RIGHT: Care Wear/Wal-Mart Cheerleaders—Linda D, Gloria H, Jane A, and Diane M.



CARE WEAR TOTE BAGS

Need a light, bright-yellow tote bag to carry your crochet/knitting supplies? your lunch? Care Wear Volunteers celebrates its new logo (See top of page 1) by having it imprinted on a golden yellow tote bag. This tote is made of nonwoven polypropylene & measures 13" wide x 15 1/2" long. Cost: \$ 5. each. Send cash, check, or money order--payable to: *Care Wear Volunteers*. Order now—while supplies last. (I can't reorder these totes at the same price after September 30th.)



Mail to: **Care Wear Volunteers**
c/o Hood College--B. Hagerman
401 Rosemont Avenue
Frederick MD 21701-8575

NAME _____

ADDRESS _____

Quantity _____

Hospital List Revisions Since June 2003

| State | Hospital Name | Address | Phone | Needs |
|-------|---|---|--------------|--|
| CA | Children's Hospital of Oakland, Volunteer Office | 747 52nd Street Oakland CA 94609 | 510-428-3000 | booties for Preemie & newborns. Rattles, teething, side-mounted crib activities & crib mobiles. For teens--journals, cards, kits, games, stickers, art supplies, etc... Susan Martinez, smaartinez@mail.cho.org No quilts/blankets or fiberfill toys |
| DC | Georgetown University Hospital, CCNI, 3rd fl, | Attn: Nurse Manager 3800 Reservoir Rd. NW Washington, DC 20007 | 202-784-8469 | P & Ft hats, booties & burial gowns. A few blankets. Contact Nadine Shuniak, fax-202-784-4924, nadine4513@hotmail.com |
| DC | George Washington University Hospital, Attn: NICU/ICN | 901 23rd St NW--3rd Fl North Washington, DC 20037 | | Hats and booties, blankets/quilts. Contact person--Ann Duncan (Mgr), Jill Stoltzfoos (RN)-571-212-1833 jmsstoltzfoos@hotmail.com or Chita Taylor |
| MD | CareNet Pregnancy Center of Frederick | 707 North Market St Frederick, MD 21701 | 301-662-5300 | Blankets, quilts, layette items for full-term, toddler apparel, diapers, etc.. Contact for details. |
| MD | Johns Hopkins Children's Center, Child Life Services | Attn: Director; Blalock 174 600 North Wolfe Street Baltimore, MD 21287-4174 | 410-955-6276 | FT/children's hats, kimonos w/velcro, 5 burial gowns/month for NICU & Labor-Delivery--1-2 lb sizes/some full-term--open down the back. Quilts, medical dolls w/gowns. Jerriann Wilson fax 410-955-6777 |
| NC | Presbyterian Hospital/ Intensive Care Nursery | ICN/6th floor 200 Hawthorne Ln Charlotte NC 28204 | 704-384-4944 | Burial gowns, quilts, & blankets.. Contact person--Leslie Martin, lwmartin@novanhealth.org |
| NY | White Plains Hospital Center, Neonatal Special Care Unit, Attn: Nurse Mgr | Davis Ave at E. Post Rd White Plains NY 10601 | 914-681-2142 | Isolette quilts, quilts, layette items (hats, booties, blankets). Contact person: Joan Carlin-Halpern, Nurse Manager. |
| WI | Aurora Sinai Medical Ctr, NICU | 945 North 12th Stt Milwaukee WI 53201-0342 | 414-219-5510 | 12" blankets, preemie hats |

FROM:
Care Wear Volunteers, Inc.
Bonnie Hagerman
c/o Hood College
401 Rosemont Avenue
Frederick, MD 21701-8575

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